

Scientific Panel on Dietetic Products, Nutrition and Allergies
Minutes of the 9th meeting of the Working Group on Fish
Held on 27 March 2014 (by webconference)
(Agreed on 9 April 2014)
[\(EFSA-Q-2013-00167\)](#)

Participants

- **Working Group Experts:**
 - Carlo Agostoni, Ambroise Martin, Androniki Naska (Chair), Hildegard Przyrembel, Peter Willatts
- **EFSA:**
 - Nutrition Unit: Silvia Valtueña Martínez

1. Welcome and apologies for absence

The Chair welcomed the participants. Apologies received from Monika Neuhäuser-Berthold.

2. Adoption of agenda

The agenda was adopted without changes.

3. Declarations of interest

In accordance with EFSA's Policy on Independence and Scientific Decision-Making Processes¹ and the Decision of the Executive Director implementing this Policy regarding Declarations of Interests², EFSA screened the Annual Declaration of interest and the Specific Declaration of interest filled in by the experts invited for the present meeting. No conflicts of interests related to the issues discussed in this meeting have been identified during the screening process or at the Oral Declaration of interest at the beginning of this meeting.

4. Discussions

The discussions focused on the evidence available for benefits of maternal seafood (and nutrients in seafood) consumption during pregnancy in relation to children's

¹ <http://www.efsa.europa.eu/en/keydocs/docs/independencepolicy.pdf>

² <http://www.efsa.europa.eu/en/keydocs/docs/independencerules.pdf>

neurodevelopmental outcomes. The draft Opinion will be submitted at the next Plenary meeting of the NDA Panel for discussion and possible adoption.

5. Next meeting

No additional meetings are foreseen for this ad-hoc working group.

Scientific Panel on Dietetic Products, Nutrition and Allergies
Minutes of the 8th meeting of the Working Group on Fish
Held on 17 March 2014 (by webconference)
(Agreed on 21 March 2014)
[\(EFSA-Q-2013-00167\)](#)

Participants

- **Working Group Experts:**
 - Carlo Agostoni, Ambroise Martin, Androniki Naska (Chair), Monika Neuhäuser-Berthold, Hildegard Przyrembel, Peter Willatts
- **EFSA:**
 - Nutrition Unit: Silvia Valtueña Martínez

1. Welcome and apologies for absence

The Chair welcomed the participants.

2. Adoption of agenda

The agenda was adopted without changes.

3. Declarations of interest

In accordance with EFSA's Policy on Independence and Scientific Decision-Making Processes¹ and the Decision of the Executive Director implementing this Policy regarding Declarations of Interests², EFSA screened the Annual Declaration of interest and the Specific Declaration of interest filled in by the experts invited for the present meeting. No conflicts of interests related to the issues discussed in this meeting have been identified during the screening process or at the Oral Declaration of interest at the beginning of this meeting.

4. Discussions

The discussions focused on the evidence available for benefits of seafood (and nutrients in seafood) consumption in relation to cardiovascular and neurodevelopmental outcomes, as well as on whether such evidence allows quantification of benefits.

¹ <http://www.efsa.europa.eu/en/keydocs/docs/independencepolicy.pdf>

² <http://www.efsa.europa.eu/en/keydocs/docs/independencerules.pdf>

5. Next meeting

The next meeting of this Working Group will be held by webconference on 27 March 2014.

Scientific Panel on Dietetic Products, Nutrition and Allergies
Minutes of the 7th meeting of the Working Group on Fish
Held on 26 February 2014 (by webconference)
(Agreed on 28 February 2014)
[\(EFSA-Q-2013-00167\)](#)

Participants

- **Working Group Experts:**
 - Carlo Agostoni, Ambroise Martin, Androniki Naska (Chair), Monika Neuhäuser-Berthold, Hildegard Przyrembel, Peter Willatts

- **EFSA:**
 - Nutrition Unit: Silvia Valtueña Martínez

1. Welcome and apologies for absence

The Chair welcomed the participants.

2. Adoption of agenda

The agenda was adopted without changes.

3. Declarations of interest

In accordance with EFSA's Policy on Independence and Scientific Decision-Making Processes¹ and the Decision of the Executive Director implementing this Policy regarding Declarations of Interests², EFSA screened the Annual Declaration of interest and the Specific Declaration of interest filled in by the experts invited for the present meeting. No conflicts of interests related to the issues discussed in this meeting have been identified during the screening process or at the Oral Declaration of interest at the beginning of this meeting.

4. Discussions

The discussions focused on the selection of the studies to be considered in order to address the relationship between seafood (and nutrients in seafood) consumption and cardiovascular

¹ <http://www.efsa.europa.eu/en/keydocs/docs/independencepolicy.pdf>

² <http://www.efsa.europa.eu/en/keydocs/docs/independencerules.pdf>

and neurodevelopmental outcomes, as well as on whether benefits of seafood consumption could be quantified with the data available.

5. Next meeting

The next meeting of this Working Group will be held by webconference on 18 March 2014.

Scientific Panel on Dietetic Products, Nutrition and Allergies
Minutes of the 6th meeting of the Working Group on Fish
Held on 13 January 2014 (by webconference)
(Agreed on 21 January 2014)
[\(EFSA-Q-2013-00167\)](#)

Participants

- **Working Group Experts:**
 - Carlo Agostoni, Ambroise Martin, Androniki Naska (Chair), Monika Neuhäuser-Berthold, Hildegard Przyrembel, Peter Willatts
- **EFSA:**
 - Nutrition Unit: Silvia Valtueña Martínez

1. Welcome and apologies for absence

The Chair welcomed the participants.

2. Adoption of agenda

The agenda was adopted without changes.

3. Declarations of interest

In accordance with EFSA's Policy on Independence and Scientific Decision-Making Processes¹ and the Decision of the Executive Director implementing this Policy regarding Declarations of Interests², EFSA screened the Annual Declaration of interest and the Specific Declaration of interest filled in by the experts invited for the present meeting. No conflicts of interests related to the issues discussed in this meeting have been identified during the screening process or at the Oral Declaration of interest at the beginning of this meeting.

4. Discussions

The discussions focused on the selection of the studies to be considered in order to address the relationship between fish (and nutrients in fish) consumption and different health outcomes.

¹ <http://www.efsa.europa.eu/en/keydocs/docs/independencepolicy.pdf>

² <http://www.efsa.europa.eu/en/keydocs/docs/independencerules.pdf>

5. Next meeting

The next meeting of this Working Group will be held by webconference on 26 February 2014.

Scientific Panel on Dietetic Products, Nutrition and Allergies
Minutes of the 5th meeting of the Working Group on Fish
Held in Athens on 24-25 October 2013
(Agreed on 30 October 2013)
[\(EFSA-Q-2013-00167\)](#)

Participants

- **Working Group Experts:**
 - Carlo Agostoni¹, Ambroise Martin, Androniki Naska (Chair), Monika Neuhäuser-Berthold, Hildegard Przyrembel, Peter Willatts

- **EFSA:**
 - Nutrition Unit: Silvia Valtueña Martínez

1. Welcome and apologies for absence

The Chair welcomed the participants.

2. Adoption of agenda

The agenda was adopted without changes.

3. Declarations of interest

In accordance with EFSA's Policy on Independence and Scientific Decision-Making Processes² and the Decision of the Executive Director implementing this Policy regarding Declarations of Interests³, EFSA screened the Annual Declaration of interest and the Specific Declaration of interest filled in by the experts invited for the present meeting. No conflicts of interests related to the issues discussed in this meeting have been identified during the screening process or at the Oral Declaration of interest at the beginning of this meeting.

4. Discussions

The discussions focused on the data available regarding dietary recommendations for fish consumption in Europe, the nutrient composition of fish, key nutrients in fish, nutrient intakes

¹ Only present on 24 October 2013 by webconference

² <http://www.efsa.europa.eu/en/keydocs/docs/independencypolicy.pdf>

³ <http://www.efsa.europa.eu/en/keydocs/docs/independencerules.pdf>

from fish, and the relationship between fish (and nutrients in fish) and health. Additional tasks were distributed.

5. Next meeting

The next meeting of this Working Group will be held by webconference on 13 January 2014.

Scientific Panel on Dietetic Products, Nutrition and Allergies
Minutes of the 4th meeting of the Working Group on Fish
Held in Parma on 10-12 September 2013
(Agreed on 24 September 2013)
[\(EFSA-Q-2013-00167\)](#)

Participants

- **Working Group Experts:**
 - Carlo Agostoni¹, Ambroise Martin, Androniki Naska (Chair), Monika Neuhäuser-Berthold, Hildegard Przyrembel², Peter Willatts

- **EFSA:**
 - Nutrition Unit: Silvia Valtueña Martínez, Ariane Titz³

1. Welcome and apologies for absence

The Chair welcomed the participants.

2. Adoption of agenda

The agenda was adopted without changes.

3. Declarations of interest

In accordance with EFSA's Policy on Independence and Scientific Decision-Making Processes⁴ and the Decision of the Executive Director implementing this Policy regarding Declarations of Interests⁵, EFSA screened the Annual Declaration of interest and the Specific Declaration of interest filled in by the experts invited for the present meeting. No conflicts of interests related to the issues discussed in this meeting have been identified during the screening process or at the Oral Declaration of interest at the beginning of this meeting.

¹ Only present on 11 and 12 September 2013

² Only present on 10 and 11 September 2013

³ Only present on 10 and 11 September 2013

⁴ <http://www.efsa.europa.eu/en/keydocs/docs/independencypolicy.pdf>

⁵ <http://www.efsa.europa.eu/en/keydocs/docs/independencerules.pdf>

4. Discussions

The discussions focused on the type of data available regarding dietary recommendations for fish consumption, the nutrient composition of fish, key nutrients in fish, fish intake and dietary patterns, and previous quantitative benefit assessments of fish consumption by other bodies. Additional tasks were distributed.

5. Next meeting

The next meeting of this Working Group will be held in Athens on 24-25 October 2013.

Scientific Panel on Dietetic Products, Nutrition and Allergies
Minutes of the 3rd meeting of the Working Group on Fish
Held on 7 June 2013, by webconference
(Agreed on 21 June 2013)
[\(EFSA-Q-2013-00167\)](#)

Participants

- **Working Group Experts:**
 - Carlo Agostoni, Ambroise Martin, Androniki Naska (Chair), Monika Neuhäuser-Berthold, Hildegard Przyrembel, Peter Willatts
- **EFSA:**
 - Nutrition Unit: Silvia Valtueña Martínez, Ariane Titz

1. Welcome and apologies for absence

The Chair welcomed the participants.

2. Adoption of agenda

The agenda was adopted without changes.

3. Declarations of interest

In accordance with EFSA's Policy on Independence and Scientific Decision-Making Processes¹ and the Decision of the Executive Director implementing this Policy regarding Declarations of Interests², EFSA screened the Annual Declaration of interest and the Specific Declaration of interest filled in by the experts invited for the present meeting. No conflicts of interests related to the issues discussed in this meeting have been identified during the screening process or at the Oral Declaration of interest at the beginning of this meeting.

4. Discussions

The discussions focused on the type of data available regarding the nutrient composition of fish, fish consumption data, dietary recommendations for fish consumption, and on key nutrients in fish. Criteria for the selection of studies on which to base the scientific

¹ <http://www.efsa.europa.eu/en/keydocs/docs/independencepolicy.pdf>

² <http://www.efsa.europa.eu/en/keydocs/docs/independencerules.pdf>

assessment of the health benefits of fish consumption were also discussed. Some tasks were distributed.

5. Next meeting

The next meeting of this Working Group will be held in Parma on 10-12 September 2013.

Scientific Panel on Dietetic Products, Nutrition and Allergies
Minutes of the 2nd meeting of the Working Group on Fish
Held on 7 May 2013, by webconference
(Agreed on 13 May 2013)
(EFSA-Q-2013-00167)

Participants

- **Working Group Experts:**
 - Ambroise Martin, Androniki Naska (Chair), Monika Neuhäuser-Berthold, Hildegard Przyrembel, Peter Willatts
- **EFSA:**
 - Nutrition Unit: Silvia Valtueña Martínez, Ariane Titz

1. Welcome and apologies for absence

The Chair welcomed the participants. Apologies were received from Carlo Agostoni.

2. Adoption of agenda

The agenda was adopted without changes.

3. Declarations of interest

In accordance with EFSA's Policy on Independence and Scientific Decision-Making Processes¹ and the Decision of the Executive Director implementing this Policy regarding Declarations of Interests², EFSA screened the Annual Declaration of interest and the Specific Declaration of interest filled in by the experts invited for the present meeting. No conflicts of interests related to the issues discussed in this meeting have been identified during the screening process or at the Oral Declaration of interest at the beginning of this meeting.

4. Discussions

The discussions focused on the type of data available regarding the nutrient composition of fish, fish consumption data, and on key nutrients in fish. The type of studies available on the

¹ <http://www.efsa.europa.eu/en/keydocs/docs/independencepolicy.pdf>

² <http://www.efsa.europa.eu/en/keydocs/docs/independencerules.pdf>

relationship between fish consumption and health outcomes was also discussed in a general way. Some tasks were distributed among experts.

5. Next meeting

The next meeting of this Working Group will be held on 7 June 2013 by webconference.

Scientific Panel on Dietetic Products, Nutrition and Allergies
Minutes of the 1st meeting of the Working Group on Fish
Held on 10-11 April 2013, Parma
(Agreed on 23 April 2013)
(EFSA-Q-2013-00167)

Participants

- **Working Group Experts:**
 - Carlo Agostoni (first day), Androniki Naska (Chair), Hildegard Przyrembel, Peter Willatts

- **EFSA:**
 - Nutrition Unit: Silvia Valtueña Martínez, Ariane Titz (first day), Valeriu Curtui (second day)

1. Welcome and apologies for absence

The Chair welcomed the participants. Apologies were received from Ambroise Martin and Monika Neuhäuser-Berthold.

2. Adoption of agenda

The agenda was adopted without changes.

3. Declarations of interest

In accordance with EFSA's Policy on Independence and Scientific Decision-Making Processes¹ and the Decision of the Executive Director implementing this Policy regarding Declarations of Interests², EFSA screened the Annual Declaration of interest and the Specific Declaration of interest filled in by the experts invited for the present meeting. No conflicts of interests related to the issues discussed in this meeting have been identified during the screening process or at the Oral Declaration of interest at the beginning of this meeting.

¹ <http://www.efsa.europa.eu/en/keydocs/docs/independencepolicy.pdf>

² <http://www.efsa.europa.eu/en/keydocs/docs/independencerules.pdf>

4. Discussions

The outline and the scope of the statement were discussed in detail. The discussions were focused on the health benefits of fish consumption, on whether these benefits could be quantified, and on the uncertainties related to such quantification. Some tasks were distributed among experts.

5. Next meeting

The next meeting of this Working Group will be held on 7 May 2013 by webconference.
