Consolidated list of Article 13 health claims

List of references received by EFSA

Part 4

IDs 3001 – 4705

(This document contains the list of references for claims which the Commission has asked EFSA to prioritise in the evaluation.)

BACKGROUND

In accordance with Article 13 of Regulation (EC) No 1924/2006 Member States had provided the European Commission with lists of claims accompanied by the conditions applying to them and by references to the relevant scientific justification by 31 January 2008.

EFSA has received from the European Commission nine Access databases with a consolidated list of 4,185 main health claim entries with around 10,000 similar health claims. The similar health claims were accompanied by the conditions of use and scientific references. The nine Access databases were sent in three batches - in July 2008, in November 2008 and in December 2008.

Subsequently, EFSA combined the databases into one master database and re-allocated upon request of the Commission and Member States similar health claims which had been accidentally placed under a wrong main health claim entry (misplaced claims). During this process some Member States also identified a number of similar health claims which still needed to be submitted to EFSA (“missing claims”). These similar claims were also added to the database.

In March 2010, the European Commission forwarded to EFSA an addendum to the consolidated list containing an additional 452 main entry claims which have been added to the updated final database which was published on the EFSA website in May 2010 (containing 4,637 main entry claims).

The references to the scientific justifications provided by Member States were either included in the database or were provided in separate files. In addition, full-text copies of references were provided directly to EFSA from stakeholders. The deadline for submission of these references was end of 2008. EFSA wishes to acknowledge the full-text copies of relevant literature provided by stakeholders until that date. In some instances, references provided to EFSA were referring to papers which were submitted for publication. In case the publication had in the meanwhile taken place EFSA has included the correct citation in the list of references and this may result in some references carrying a 2009 or 2010 publication date.

EFSA has screened all health claims on the list using six criteria established by the NDA Panel to identify claims for which EFSA considers sufficient information has been provided for evaluation and those for which more information or clarification is needed before evaluation can be carried out. The claims which had been sent back to the Commission and the Member States for further clarification in January 2009 were received back with additional information in November 2009.

Further information can be found on the EFSA website under the following link: http://www.efsa.europa.eu/EFSA/efsa_locale-1178620753812_article13.htm.

LIST OF REFERENCES

The present document compiles the lists of references for claims with ID numbers between 3001 and 4705 and which the Commission has asked EFSA to prioritise in the evaluation. The list takes into account references provided through different sources and those coming from misplaced or missing claims. The main health claim entries are sorted in ascending order of the ID number.

This document has been updated according to the progress of adoption of opinions related to Article 13 health claims. References for ID numbers which have been added to the document after the last update of 4 October 2010 have been highlighted in red font.
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Lavandula officinalis flos, Mentha piperita herba (sweet birch leaves, cherry stalk, horsetail herb, bean
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**ID 3003: “Probiotic strain: Bifidobacterium lactis W51” and “Immune system”**


**ID 3004: “Morinaga Bifidobacterium longum BB536” and “Bowel Regularity”**


**ID 3005: “Morinaga Bifidobacterium longum BB536” and “Healthy Balance of Intestinal Bacteria”**


ID 3006: “Morinaga Bifidobacterium longum BB536” and “Healthy Immune Function”


ID 3007: “Lactobacillus paracasei Lpc-37 (ATCC SD5275)” and “Probiotic, Contributes to/supports the body's natural resistance/defense by stimulation the production of the specific IgG immunoglobulin, Stimulates the formation of specific antibodies”


ID 3008: “Bifidobacterium lactis Bi-07 (ATCC SD5220)” and “Contributes to/supports the body's natural resistance/defense by stimulation the production of the specific IgG immunoglobulin”


ID 3010: “Lactobacillus acidophilus (ATCC SD5221) and Bifidobacterium lactis (ATCC SD5219)” and “Probiotic, Contributes to/supports the body’s natural resistance/defense by regulating the production of IgA immunoglobulin, Reduces markers of irritation by pollen. Supports your immune system during pollen season by reducing nasal eosinophils as a marker of respiratory irritation”


ID 3012: “Food supplement, mixture of 4 probiotic bacteria (Lactibiane®): B. longum LA 101, Lb. acidophilus LA 102, L. lactis LA 103 and S. thermophilus LA 104” and “Intestinal transit”


ID 3013: “Food supplement, mixture of 4 probiotic bacteria (Lactibiane®): B. longum LA 101, Lb. acidophilus LA 102, L. lactis LA 103 and S. thermophilus LA 104” and “Intestinal comfort”


ID 3016: “Symbiotic: Probiotics (Lactobacillus helveticus CNCM I-1722, Bifidobacterium bifidum CNCM I-3426, Bifidobacterium infantis CNCM I-3424) and fructoligosaccharides from sucrose” and “Natural defences/Immune system”

Easo JG, Measham JD, Munroe J, Green-Johnson JM, 2002. Immunostimulatory actions of Lactobacilli: mitogenic induction of antibody production and spleen cell proliferation by Lactobacillus delbrueckii subsp. bulgaricus and Lactobacillus acidophilus. Food and Agricultural Immunology, 14, 73-83.


Kostrynska M, Dixon J, Lepp D, 2002b. Receptors recognized by bifidobacteria on intestinal epithelial cells. Poster presented at 3th symposium RRI-INRA-“Beyond antimicrobials- the future of gut microbiology”, Aberdeen, UK


ID 3017: “Combination of Probiotics (Lactobacillus helveticus CNCM I-1722, Lactobacillus rhamnosus CNCM I-1720, Bifidobacterium longum CNCM I-3470 and Saccharomyces cerevisiae boulardii)” and “Digestive system”


ID 3018: “16. Lactobacillus rhamnosus LGG®” and “Oral health/flora”


ID 3020: “Lactobacillus delbruekii (lactis)” and “Beneficial effect on intestinal microflora, gut integrity, digestion”


**ID 3021: “Lactobacillus delbrueckii (lactis)” and “Immunity: Increases phagocytic activity, Improves barrier function”**


**ID 3022: “Bacillus subtilis Natto” and “Immune health and cellular immune responses: Increase in the percentage of T and B lymphocytes.”**


**ID 3023: “Bacillus subtilis Natto” and “Probiotic: Increases the levels of beneficial bacteria in the intestine”**


ID 3024: “Bacillus subtilis Natto” and “Probiotic: Contains phytoestrogens, which help maintain normal cholesterol”


ID 3025: “Lactic acid bacterium Lactobacillus fermentum ME-3” and “A probiotic lactic acid bacterium Lactobacillus fermentum ME-3. A probiotic lactic acid bacterium Lactobacillus fermentum ME-3 helps to strengthen the organism's defence ability. ME-3 supports digestion by increasing in the intestine the total number of u”


ID 3026: “Lactobacillus casei Shirota (LcS)” and “Digestive system / bowel habit”


ID 3028: “Lactobacillus acidophilus, Bifidobacterium infantis, Bifidobacterium bifidum” and “Wpływ na pracę układu pokarmowego grupa docelowa: cała populacja przeciwszkazania: brak”

1 Ait Belgnaoui A, Arligue C, Theodorou C, Effect of different probiotic treatments on plasma cytokine levels in Nippostrongylus brasiliensis infected rats. Etude INRA.


5 Easo JG, Measham JD, Munroe J, Green-Johnson JM, 2002. Immunostimulatory actions of Lactobacilli: Mitogenic Induction of antibody production and spleen cell proliferation by Lactobacillus delbrueckii subsp. bulgaricus and Lactobacillus acidophilus. Food and Agricultural Immunology, 14, 73-83.


Ait Belgaoui A, Arligue C, Theodorou C, Effect of different probiotic treatments on plasma cytokine levels in *Nippostrongylus brasiliensis* infected rats. Etude INRA.


Easo JG, Measham JD, Munroe J, Green-Johnson JM, 2002. Immunostimulatory actions of Lactobacilli: Mitogenic Induction of antibody production and spleen cell proliferation by *Lactobacillus delbrueckii* subsp. bulgaricus and *Lactobacillus acidophilus*. Food and Agricultural Immunology, 14, 73-83.


5 Easo JG, Measham JD, Munroe J, Green-Johnson JM, 2002. Immunostimulatory actions of Lactobacilli: Mitogenic Induction of antibody production and spleen cell proliferation by Lactobacillus delbrueckii subsp. bulgaricus and Lactobacillus acidophilus. Food and Agricultural Immunology, 14, 73-83.


ID 3031: “Fermented milk with Lactobacillus paracasei lpc 37” and “Fermented milk with Lactobacillus paracasei lpc 37 may modulate immune function/may modulate natural defence”

1 Friedrich Schiller University, 2006. Intervention study on the effects of a probiotic yoghurt drink (lactobacillus paracasei Lpc-37, lactobacillus acidophilus 74-2, bifidobacterium lactis 420) on the immune system and further physiological parameters of patients with atopic dermatitis and healthy persons. Final project report.

2 Jahreis G, Potwierdzenie prof. Jahreisa z Uniwersytetu w Jenie o zasadności używania oświadczenia zdrowotnego o proponowanej treści. [Confirmation of Professor Jahreis of the University in Jena related to use of the health declaration of the suggested content]. University in Jena.

9 Skrzydło-Radomańska B, 2007. Opinia o badaniach klinicznych opracowana przez panią profesor z Akademii Medycznej w Lublinie ; Associate Professor of Medical University in Lublin Barbara Skrzydło-Radomańska, M.D., Ph.D, Chair and Clinic of Gastroenterology with Endoscope Laboratory of the Medical University in Lublin Evaluation developed on request of ZOTT POLSKA Sp. z o.o. regarding the analysis on the effects of a probiotic yoghurt drink (Lactobacillus paracasei Lpc-37, Lactobacillus acidophilus 74-2 and Bifidobacterium lactis 420) on the immune system of healthy persons and patients with atopic dermatitis.

**ID 3032:** “Fermented milk with Lactobacillus paracasei lpc 37” and “Fermented milk with Lactobacillus paracasei lpc 37 favourably affects microflora of the gastrointestinal tract”

1 Friedrich Schiller University, 2006. Intervention study on the effects of a probiotic yoghurt drink (lactobacillus paracasei Lpc-37, lactobacillus acidophilus 74-2, bifidobacterium lactis 420) on the immune system and further physiological parameters of patients with atopic dermatitis and healthy persons.
2 Jahreis G, Potwierdzenie prof. Jahreisa z Uniwerystetu w Jenie o zasadności używania oświadczenia zdrowotnego o proponowanej treści. [Confirmation of Professor Jahreis of the University in Jena related to use of the health declaration of the suggested content].
9 Skrzydło-Radomańska B, 2007. Opinia o badaniach klinicznych opracowana przez panią profesor z Akademii Medycznej w Lublinie ; Associate Professor of Medical University in Lublin Barbara Skrzydło-
Radomańska, M.D., Ph.D., Chair and Clinic of Gastroenterology with Endoscope Laboratory of the Medical University in Lublin Evaluation developed on request of ZOTT POLSKA Sp. z o.o. regarding the analysis on the effects of a probiotic yoghurt drink (Lactobacillus paracasei Lpc-37, Lactobacillus acidophilus 74-2 and Bifidobacterium lactis 420) on the immune system of healthy persons and patients with atopic dermatitis.

**ID 3034:** “Lactobacillus casei 101/37 (LMG P-17504)” and “Natural defenses (enhance NK cell activity) / immune system”

No references provided.

**ID 3035:** “Bifidobacterium adolescentis BA 02 (DSM 17103)” and “Microflora / intestinal transit”


**ID 3036:** “Bifidobacterium adolescentis EI-3 -MB 239 (DSM 18350)” and “Microflora / intestinal health”


**ID 3037:** “Bifidobacterium adolescentis EI-18 -MB 227-BA05 (DSM 18352)” and “Microflora / intestinal health”


**ID 3038:** “Bifidobacterium pseudocatenulatum EI-20 -MB 116 (DSM 18353)” and “Microflora / intestinal health”


ID 3039: “Bifidobacterium adolescentis EI-15-ALB 1 (DSM 18351)” and “Microflora / intestinal transit/intestinal health”


ID 3040: “Lactobacillus fermentum LF 10 (DSM 19187)” and “Microflora/ barrier effect/intestinal health”

BIOLAB Assicurazione Qualita’ srl, Study of antimycotic activity.

ID 3041: “Lactobacillus paracasei subsp. paracasei LPC 00 (LMG P-21380)” and “Microflora / intestinal health”

BIOLAB Assicurazione Qualita’ srl, Study of antimycotic activity.

ID 3042: “Lactobacillus paracasei subsp. paracasei LPC 00 (LMG P-21380)” and “Microflora / intestinal health”

Addeo F, Study conducted at the department of Food Science, Università degli Studi di Napoli "Federico II" Portici (in course of publication).

ID3043: “Lactobacillus gasseri CRL 1259 (acidophilus group)” “Barrier effect Vaginal health/flora”


ID 3044: “Lactobacillus crispatus CRL 1251” and “Vaginal health/flora”


ID 3045: “Lactobacillus salivarius subsp. salivarius CRL 1328” and “Vaginal health/flora”


ID 3046: “Lactobacillus paracasei subsp. paracasei CRL 1289” and “Vaginal health/flora”


ID 3047: “Lactobacillus plantarum LP 01(LMG P-21021)+Lactobacillus plantarum LP 02(LMG P-21020)+Lactobacillus rhamnosus LR 04(DSM 16605) +Lactobacillus rhamnosus LR 05(DSM 19739) +Bifidobacterium lactis BS 01(LMG P-21384)” and “Natural defences / immune system/intestinal discomfort/barrier effect”

ID 3048: “Lactobacillus plantarum LP 01(LMG P-21021)+Lactobacillus plantarum LP 02(LMG P-21020)+Lactobacillus rhamnosus LR 04(DSM 16605) +Lactobacillus rhamnosus LR 05(DSM 19739) +Bifidobacterium lactis BS 01(LMG P-21384)” and “Natural defences / immune system / intestinal discomfort / barrier effect”


ID 3049: “Lactobacillus plantarum LP 01(LMG P-21021)+Bifidobacterium adolescentis EI-18 -MB 227-BA05(DSM 18352)” and “Microflora / intestinal transit/intestinal health”


ID 3050: “Lactobacillus plantarum LP 01(LMG P-21021)+Bifidobacterium adolescentis EI-18 -MB 227-BA05(DSM 18352)” and “Microflora / intestinal transit/intestinal health”


ID 3051: “Lactobacillus plantarum LP 01(LMG P-21021)+ Bifidobacterium lactis BS 01(LMG P-21384)” and “Intestinal transit”


ID 3052: “Lactobacillus plantarum LP 01(LMG P-21021)+Bifidobacterium lactis BS 01(LMG P-21384)” and “Intestinal transit”

ID 3053: “Lactobacillus paracasei subsp. paracasei LPC 00(LMG P-21380)+ Lactobacillus rhamnosus LR 04(DSM 16605)+Bifidobacterium breve BR 03 (DSM 16604)” and “Microflora / intestinal transit”

1 Addeo F, Sudy conducted at the department of Food Science, Università degli Studi di Napoli “Federico II” Portici (in course of publication).

ID 3054: “Lactobacillus paracasei subsp. paracasei LPC 00(LMG P-21380)+Lactobacillus rhamnosus LR 04(DSM 16605)+Bifidobacterium breve BR 03 (DSM 16604)” and “Microflora”

1 Addeo F, Sudy conducted at the department of Food Science, Università degli Studi di Napoli “Federico II” Portici (in course of publication).

ID 3055: “Lactobacillus paracasei LPC 01(CNCM I-1390)” and “Microflora/ intestinal transit/ intestinal health/ intestinal discomfort”


ID 3056: “Bifidobacterium longum W11(LMG P-21586)” and “Microflora/intestinal transit/intestinal health”


ID 3057: “Streptococcus thermophilus FP4(DSM 18616) +Lactobacillus acidophilus LA 02 (LMG P-21381)+Lactobacillus delbrueckii subs. bulgaricus LDB 01 (DSM 16606)+Lactobacillus rhamnosus LR 04 (DSM 16605)” and “Immune system/intestinal discomfort”


ID 3058: “Bifidobacterium breve BR 03 (DSM 16604) + Lactobacillus plantarum LP 01 (LMG P-21021)” and “Intestinal discomfort/barrier effect”

Brunero M. et. al, Study in progress.


ID 3059: “Bifidobacterium lactis BS 01 (LMG P-21384)+Lactobacillus rhamnosus LR 04 (DSM 16605)+Lactobacillus plantarum LP 02(LMG P-21020)+Lactoferrin” and “”


ID 3060: “Lactobacillus acidophilus LA 02 (LMG P-21381)+Lactobacillus plantarum LP 01 (LMG P-21021)” and “Intestinal discomfort/barrier effect”

Brunero M. et. al, Study in progress.

ID 3061: “Lactobacillus casei LC 01(CNCM I-1572)” and “Microflora/intestinal transit/intestinal health”

1 Azienda ospedaliero universitaria consorziale policlinico di Bari, 2007. Studio clinico prot. DUO 05 Valutazione dell’effetto dei simbiotici sulla funzione intestinale dei pazienti con stipsi cronica idiomatica. Studio multicentrico, randomizzato, cross-over, indoppio cieco verso placebo. - Lactobacillus casei DG ed inulina (Enterolactis Duo) (Study in progress).


ID 3062: “Lactobacillus rhamnosus LR 04 (DSM 16605)” and “Microflora / intestinal transit”

1 Brunero M, Study in progress.


ID 3064: “Yoghurt based products containing Lactobacillus rhamnosus GG (LGG®)(Vifit®)” and “gut health / barrier function of the intestine”


ID 3065: “dairy products based on raw milk with an improved ratio between saturated and unsaturated fatty acids and an increased level of omega 3 fatty acids” and “decreased intake of saturated fatty acids and increased intake of unsaturated fatty acids contributes to the maintenance of a healthy heart”


ID 3067: “Wheat Bran and Wheat BranEnriched Foods” and “Intestinal transit time; Intestinal health”


ID 3068: “Ready to eat breakfast cereals” and “Healthier body weight”


ID 3071: “Juice Plus+® (juice concentrate from fruits and vegetables mixtures)” and “Protection of body tissues and cells from oxidative damage”

ID 3072: “Beta vulgaris (red beet juice, lactic acid fermented)” and “Healthy digestion”

ID 3073: “Beta vulgaris (red beet juice, lactic acid fermented)” and “Intestinal flora”


Yoon KY, Woodams EE, Hang YD, 2005. Fermentation of beet juice by beneficial lactic acid bacteria. Lebensmittel Wissenschaft and Technologie [Food Science and Technology], 38, 73-75.

ID 3074: “Beta vulgaris (red beet juice, lactic acid fermented)” and “Immune system”


Yoon KY, Woodams EE, Hang YD, 2005. Fermentation of beet juice by beneficial lactic acid bacteria. Lebensmittel Wissenschaft and Technologie [Food Science and Technology], 38, 73-75.

ID 3075: “Beta carota (carrot juice, lactic acid fermented)” and “Healthy digestion”


Bergqvist SW, Andlid T, Sandberg AS, 2006. Lactic acid fermentation stimulated iron absorption by Caco-2 cells is associated with increased soluble iron content in carrot juice. Br J Nutr, 96, 705-711.

Gezondheidsraad, Advice of the Gezondheidsraad (Dutch Health Council) and Voedingscentrum: 200 gram vegetables per day. One glass carrot juice per day supplies at least 150 gram juice, which is a considerable contribution, www.voedingscentrum.nl/voedingscentrum.


ID 3076: “Beta carota (carrot juice, lactic acid fermented)” and “Intestinal flora”


Bergqvist SW, Andlid T, Sandberg AS, 2006. Lactic acid fermentation stimulated iron absorption by Caco-2 cells is associated with increased soluble iron content in carrot juice. Br J Nutr, 96, 705-711.


ID 3077: “Beta carota (carrot juice, lactic acid fermented)” and “Immunesystem, antioxidantproPERTIES”

3 Bergqvist SW, Andlid T, Sandberg AS, 2006. Lactic acid fermentation stimulated iron absorption by Caco-2 cells is associated with increased soluble iron content in carrot juice. Br J Nutr, 96, 705-711.

ID 3078: “Dairy based products containing Lactobacillus rhamnosus GG (LGG®)” and “gut health / barrier function of the intestine”


ID 3079: “Schwarzer Holunderbeersaft (Sambucus nigra)–CIAA Nr. 711” and “Antioxidative Wirkung”


3 No authors listed, Veröffentlichung der Studien in Vorbereitung bei "Wiener Klinischen Wochenschrift". The Middle European Journal of Medicine.

ID 3081: “Oats” and “Satiety / weight control”


ID 3083: “Natural mineral water: Magnesium” and “Metabolism / muscle function”

ID 3084: “Sugar-free chewing gum” and “Plaque formation”


ID 3085: “Sugar-free chewing gum with Xylitol” and “Plaque formation (Xylitol is not metabolised by bacteria that can lead to plaque growth)”


ID 3086: “Corn Oil with a guaranteed polyunsaturated fatty acids content (56% of total fatty acids), supplemented with vitamin E.” and “Corn Oil with a guaranteed polyunsaturated fatty acids content (56% of total fatty acids), supplemented with vitamin E.”

Dietary food for special medical purposes - oral rehydrating solution with decreased osmolarity composed according to WHO/UNICEF recommendations - ORSALIT. ORSALIT is available in following versions: ORSALIT without flavor, ORSALIT with banana flavor, ORSALIT with raspberry flavor. The composition of ORSALIT - in accordance with current WHO/UNICEF recommendations: glucose – 75 mmol/l, sodium – 75 mmol/l, chlorides – 65 mmol/l, potassium – 20 mmol/l, citrate – 10 mmol/l, osmolarity – 245 mOsm/l. 100g of the product in sachets contain: glucose 61.84 g, chlorides 10.55 g, citrate 8.65 g, sodium 7.89 g, potassium 3.58 g, citrate 10 mmol/l. 100 ml of the product prepared according to the instructions of use contain: glucose 1.35 g, chlorides 0.23 g, citrate 0.19 g, sodium 0.17 g, potassium 0.08 g. ORSALIT with raspberry flavor and ORSALIT with banana flavor contain aroma additionally.

ORSALIT is given in order to supplement liquids and mineral components during diarrhea and/or vomiting.


ID 3088: “Breakfast” and “Mental performance and wellbeing in the morning”


ID 3089: “Bifidobacterium (BB12) fortified cultured milk (Hodzeko-Amasi)” and “Maintain normal blood cholesterol”


ID 3090: “Choline” and “Reduction in homocysteine levels”


Pillai PB, Fanatico AC, Blair ME, Emmert JL, 2006 b. Homocysteine remethylation in broilers fed surfeit choline or betaine and varying levels and sources of methionine from eight to twenty-two days of age. Poult Sci, 85, 1729-1736.


Shivapurkar N and Poirier LA, 1983. Tissue levels of S-adenosylmethionine and S-adenosylhomocysteine in rats fed methyl-deficient, amino acid-defined diets for one to five weeks. Carcinogenesis, 4, 1051-1057.


ID 3092: “Prebiotics” and “Digestive health, balanced intestinal flora, promotion of beneficial flora”


ID 3093: “Soya Isoflavones” and “Act as phyto-estrogens”


ID 3094: “Vitamins, minerals, trace elements and omega-3 fatty acids (incl. DHA) (Pharmaton Mayeslle)” and “Supply and maintenance of normal levels of iron and folic acid in pregnant and lactating and non-lactating women, as well as for women planning to become pregnant”


ID 3095: “Vitamins, minerals, trace elements and omega-3 fatty acids (incl. DHA)” and “For an optimal neural tube development of the baby”


ID 3096: “Wheat dextrin” and “Reduction of glycemic response”


ID 3097: “Wheat dextrin” and “Mineral absorption”


ID 3099: “Calcium phosphoryl oligosaccharide” and “Dental health”


ID 3100: “Glucomannan” and “Heart health”


ID 3101: “Fat-reduced cream powder [rich source of milk sphingomyelin (a sphingolipid)]” and “Cardiovascular health”


ID 3102: “Maharishi Ayurveda Amrit Kalash MA 4” and “Protection of body tissues, cells, membranes and lipids from oxidative damage (such as the oxidation of polyunsaturated fatty acids in red blood cell membranes)”


ID 3103: “Maharishi Ayurveda Amrit Kalash MA 5” and “Protection of body tissues, cells, membranes and lipids from oxidative damage (such as the oxidation of polyunsaturated fatty acids in red blood cell membranes)”


ID 3104: “Maharishi Ayurveda Mens' Rasayana MA-631” and “Protection of body tissues, cells, membranes and lipids from oxidative damage (such as the oxidation of polyunsaturated fatty acids in red blood cell membranes)”


ID 3105: “Maharishi Ayurveda Herbal Coffee Substitute (MA704)” and “Protection of body tissues, cells, membranes and lipids from oxidative damage (such as the oxidation of polyunsaturated fatty acids in red blood cell membranes)”


ID 3106: “Maharishi Ayurveda Amrit Kalash MA 4” and “Antioxidant effect 1000 x greater than Vitamins C or E”


ID 3107: “Maharishi Ayurveda Amrit Kalash MA 5” and “Antioxidant effect 1000 x greater than Vitamins C or E”


ID 3108: “Maharishi Ayurveda Mens' Rasayana MA-631” and “Antioxidant effect 1000 x greater than Vitamins C or E”


ID 3109: “Maharishi Ayurveda Herbal Coffee Substitute (MA704)” and “Antioxidant effect 1000 x greater than Vitamins C or E”

ID 3117: “Maharishi Ayurveda Student Rasayana MA 724” and “Protection of brain tissues, cells, membranes and lipids from oxidative damage.”


ID 3119: “Scutellaria baicalensis Georgi (root) for use as a food supplement. (Common name: Chinese skullcap) Currently on the market as traditional tea decoctions and food supplements. (Also known as Ben Cao; Huang gin; Baikal Skullcap; Scutellariae Radix)” and “Supports joint function”


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ID 3125: “Prickly Ash (bark) Zanthoxylum clava-herculis L. and Zanthoxylum americanum for use in food supplements. (Trunorin™)” and “Relieves Fluid congestion in the legs”


ID 3127: “Cordyceps sinensis” and “Adaptogen, supports energy level, invigoration of the body, supports immune system”


ID 3128: “Arabinoxylan” and “Immune system”

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ID 3129: “Lignans” and “Phyto-estrogenic properties”

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ID 3130: “C12-peption” and “Vascular health”


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**ID 3131: “Hyaluronic acid” and “helps to keep elasticity of skin”**


**ID 3133: “Alpha Lipoic acid (ALA)” and “Regeneration of genes, regeneration of gen transcription and the influence to activity NF-kapa B”**


**ID 3134: “Alpha Lipoic acid (ALA)” and “Fat metabolism”**

**ID 3135: “Bee pollen” and “enhances appetite”**


**ID 3137: “digestive enzyme protease, lipase, amylase, glucoamylase, invertase, cellulase, malt diastase” and “break down of high-molecules compound from food”**


**ID 3138: “Lecithin phosphatidyl choline” and “helps to keep normal cholesterol level”**

**ID 3139: “AHCC - Active Hexose Correlated Compound” and “support of immunity”**


**ID 3140: “Betastitosterol” and “helps to keep normal cholesterol level”**


ID 3141: “Astaxanthin” and “High potent antioxidant.”


ID 3142: “Astaxanthin” and “Joint health”


ID 3143: “Polyphenols” and “Antioxidant properties”


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ID 3145: “Spirulina” and “Glycemic health”


ID 3148: “Docosahexaenoic acid (DHA)” and “Brain Health and Function”

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NHMRC (National Health and Medical Research Council), 2005. Nutrient reference values for Australia and New Zealand including recommended dietary intakes.


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ID 3152: “Antioxidants in coffee” and “Oxidative stress reduction”


**ID 3153: “MGN-3 Rice Bran Arabinoyxlan compound” and “Strengthens immune systems”**


**ID 3154: “Isoflavones” and “helps to keep healthy termoregulation during climacterium”**


“Egg shell, crushed, without membrane” and “Essential for proper structure and development of bones, teeth and nails.”

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2. SCF (Scientific Committee for Food), 2003. Opinion on the Tolerable Upper Intake Level of Calcium.

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“Alpha lipoic acid” and “Protection of nerve system”


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ID 3159: “Melon extract (containing SOD) /Wheat Gliadin” and “Endogenous antioxidant enzyme; general antioxidant benefits of SOD supplementation”


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ID 3161: “Melon extract (containing SOD) /Wheat Gliadin” and “Endogenous antioxidant enzyme, protects skin from sun damage”


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ID 3165: “Clarinol™” and “Weight management”


**ID 3166:** “Xanthohumol enriched hop extract” and “antioxidant properties”


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ID 3167: “Hop extract containing xanthohumol” and “antioxidant properties”

ID 3168: “Xanthohumol” and “antioxidant properties”


ID 3169: “Hop extract” and “Antioxidant properties”


ID 3170: “Xanthohumol enriched hop extract” and “relaxation properties”


ID 3174: “Xanthohumol enriched hop extract” and “free radical scavenger / fights free radicals”


ID 3175: “Hop extract containing xanthohumol” and “free radical scavenger / fights free radicals”


ID 3176: “Xanthohumol” and “Free radical scavenger / fights free radicals”

ID 3177: “Hop extract” and “free radical scavenger / fights free radicals”


ID 3178: “Xanthohumol enriched hop extract” and “anti - ageing”


**ID 3179:** “Hop extract containing xanthohumol” and “anti-ageing”


**ID 3180: “xanthohumol” and “anti - ageing”**


ID 3181: “Hop extract” and “anti - ageing”


ID 3182: “Flax (Linum usitatissimum)” and “Emotional health”


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ID 3184: “Propolis” and “Throat comfort”


ID 3185: “Glutaminian” and “Glutamine improves muscles metabolism”


ID 3186: “Choline” and “Choline is needed for lipids metabolism”


ID 3187: “Lecithin” and “Lecithin and cardiovascular system”


ID 3188: “Honey comb” and “The unique composition and ratio of effective substances adds energy to the human body”


ID 3189: “Honey comb” and “It stimulates the whole metabolism and the immune system”


ID 3190: “Royal jelly, lyophilized” and “The unique composition and ratio of effective substances has general stimulating effects.- upresnit vplyv- stimulacny vplyv na psychicke funkcie alebo telesne funkcie?”


ID 3191: “Royal jelly, lyophilized ” and “It improves the immune system and most biological functions”


ID 3193: “Graines de brocoli et extraits de graines de brocoli” and “Santé gastro-intestinale”


ID 3194: “Phyllanthus amarus” and “Contributes to maintain a healthy blood sugar level”

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ID 3196: “Acerola (Malpighia glabra L.)” and “Physical health”


**ID 3199:** “Achillea ageratum L.” and “Helps to relax the gastrointestinal tract”


**ID 3200:** “Aesculus hippocastanum L.” and “Antioxidant”


ID 3207: “Alga wakame” and “Can protect cells and tissues against oxidative damage”


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ID 3211: “Alnus glutinosa gaertn” and “Supports immune defences”


ID 3212: “Aloe ferox mill.” and “Antioxidant”


ID 3213: “Aloe ferox MILL.” and “Contributes to body defences against external agents”


ID 3216: “Amorphophallus konjac Koch” and “Antioxidant”


ID 3217: “Amorphophallus konjac Koch” and “Helps to maintain physiological lipid levels in the blood”


**ID 3218: “Amorphophallus konjac Koch” and “Supports immune defences”**


ID 3219: “Andrographis Paniculata (King of Bitterness)” and “Respiratory health”


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ID 3227: “Angelica archangelica L. (Common name: Angelica)” and “Respiratory health”


ID 3230: “Arctostaphylos uva-ursi Spre.” and “Contributes to maintain a healthy blood sugar level”


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ID 3231: “Actostaphylos uva-ursi Spre.” and “Contributes to maintain healthy kidneys”


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ID 3239: “Arnica montana L.” and “Reduces edema”


**ID 3240:** “Arnica montana L.” and “Skin whitening”


ID 3241: “Artemisia dracunculus” and “Antioxidant”


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ID 3256: “Astragalus membranaceus Bung” and “Antioxidant, can protect cells and tissues against oxidative damage”


ID 3258: “Astragalus membranaceus Bung” and “Contributes to maintain a healthy blood sugar level”


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ID 3269: “Bellis perennis L.” and “Can protect cells and tissues against oxidative damage”


ID 3270: “Bellis perennis L.” and “Contributes to body defences against external agents”


ID 3272: “Berberis aristata” and “cardiovascular health”


ID 3273: “Betula alba” and “Action drainante”

www.passeportsante.net.


ID 3274: “Birch Betula pendula Roth. / Betula pubescens Ehrh. Nom français : bouleau” and “Joint health”


ID 3276: “Brassicaceae (Cruciferae) (nazwa powszechnie stosowana: rodzina roślin kapustowatych (krzyżowych))” and “Aktywność antyoksydacyjna”


ID 3277: “Calendula arvensis L.” and “Can protect cells and tissues against oxidative damage”


ID 3278: “Calendula arvensis L.” and “Contributes to body defences against external agents”


ID 3280: “Camellia sinensis - common name: tea” and “Invigoration of the body”


ID 3281: “Carbo ligni” and “Contributes to maintain healthy lipid blood level”


ID 3282: “Carbo ligni” and “Reduces intestinal gas”

ID 3283: “Cassia angustifolia Vahl.” and “Contributes to physical well-being”

ID 3285: “Cassia italica F.W. Andr.” and “Contributes to body defences against external agents”


ID 3290: “Cassia nomame” and “Can protect cells and tissues against oxidative damage”


ID 3291: “Cassia nomame” and “Contributes to maintain a healthy blood sugar level”


ID 3293: “Cassia nomame” and “Contributes to weight management and reduces appetite sense”


ID 3294: “Cassia occidentalis L.” and “Contributes to body defences against external agents”


ID 3297: “Cassia senna L.” and “Can protect cells and tissues against oxidative damage.”


ID 3299: “Cassia tora L. S.L.” and “Antioxidant”


ID 3301: “Cassia tora L. S.L.” and “Contributes to oral higiene”


ID 3302: “Cassia tora L. S.L.” and “Contributes to the maintenance of a normal blood pressure”


ID 3304: “Cassia tora L. S.L.” and “Helps smooth muscle contracting activities”


**ID 3307:** “Castanea vesca” and “Antioxidant, can protect cells and tissues against oxidative damage”


**ID 3309:** “Castanea vesca” and “Contributes to body defences against external agents”


ID 3310: “Castanea vesca” and “Helps to maintain a healthy intestinal microbial balance, contributes to the normal intestinal function”


ID 3312: “Chamomile (Matricaria chamomilla L.)” and “Respiratory health”


ID 3313: “Chamomilla recutita (L.) (Chamomile-extract)” and “relief of airways with common cold”
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ID 3315: “Chywanaprash” and “Contains naturally occurring antioxidants”

ID 3316: “Cimicifuga racemosa Nutt.” and “Can protect cells and tissues against oxidative damage”


195


ID 3318: “Cimicifuga racemosa Nutt.” and “Contributes to physical well-being”


**ID 3321:** “Cinchona succirubra pav.” and “Helps to relax the gastrointestinal tract”


ID 3323: “Cinnamomum zeylanicum” and “May help maintain healthy blood sugar levels and healthy weight”


ID 3324: “Citrus paradise (Common Name: Grapefruit)” and “Antibacterial and antifungal activities”

ID 3325: “Citrus paradisi (nazwa powszechnie stosowana: grejpfrut)” and “aktywność antybakterjerna i antygrzybicza”


ID 3326: “Combination of extracts from Scutellaria baicalensis (root) and Acacia catechu (heartwood) for use in food supplements only (UnivestinTM, LimbrelTM, FlavocoxidTM)” and “Joint health”

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ID 3328: “Cranberry extract powder (Vaccinium macrocarpon)” and “reduce biofilms on uroepithelial cells”


ID 3331: “Cynorrhodon” and “Anti oxydant, par sa teneur en vitamine C”

1 http://www.passeportsante.net/Fr/Accueil/Accueil.aspx.


ID 3334: “Drosera rotundifolia L.” and “Helps to relax the gastrointestinal tract”


ID 3335: “Drosera rotundifolia Sundew Part used: whole plant” and “Drosera rotundifolia Sundew Part used: whole plant” (and respiratory health)


ID 3336: “Echinacea angustifolia DC” and “Supports immune defences”


ID 3337: “Echinacea pallida britton” and “Antioxidant”


ID 3339: “Echinacea pallida britton” and “Contributes to physical well-being”


ID 3341: “Echinacea pallida britton” and “Supports immune defences”


ID 3342: “Echinacea purpurea L. Moench (Common name: Echinacea)” and “Respiratory health”


ID 3345: “Eleutherococcus senticosus maxim.” and “Contributes to maintain a healthy blood sugar level”


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32 Schmolz MW, Sacher F, Aicher B, 2001. The synthesis of Rantes, G-CSF, IL-4, IL-5, IL-6, IL-12 and IL-13 in human whole-blood cultures is modulated by an extract from Eleutherococcus senticosus L. roots. Phytother Res, 15, 268-270.


ID 3347: “Eleutherococcus senticosus maxim.” and “Imparts a fresh breath”


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ID 3349: “Epilobium angustifolium L.” and “Antioxidant, can protect cells and tissues against oxidative damage”

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ID 3353: “Epilobium parviflorum” and “Antioxidant”


ID 3356: “Ficus carica L.” and “Antioxidant. Fruit is antioxidant”

1. Alwan AH and Al-Bayati ZAF, 1988. Effects of Milk Latex of Fig (Ficus carica) on 3H-Benzo (a) pyrene Binding to Rat Liver Microsomal Protein. Pharmaceutical Biology, 26, 209-213.


ID 3358: “Ficus carica L.” and “Contribute to maintain healthy blood lipid level”

1. Alwan AH and Al-Bayati ZAF, 1988. Effects of Milk Latex of Fig (Ficus carica) on 3H-Benzo (a) pyrene Binding to Rat Liver Microsomal Protein. Pharmaceutical Biology, 26, 209-213.


ID 3360: “Filipendula ulmaria - common name: meadowsweet” and “Renal elimination / organism draining”
ID 3362: “Galium aparine L.” and “Antioxidant”


ID 3364: “Ginkgo biloba [dry extract GK501 Pharmaton Dry extract from leaves of Ginkgo biloba L., drug/native extract ratio (35 - 45) : 1, solvent of extraction Acetone/Water, 6.0% terpene lactones, 24.5% ginkgoflavonoids]” and “For cognitive performance/blood circulation”

2. Kennedy DO, Scholey AB, Wesnes KA, 2002. Modulation of cognition and mood following administration of single doses of Ginkgo biloba, ginseng, and a ginkgo/ginseng combination to healthy young adults. Physiol Behav, 75, 739-751.
ID 3365: “Glycyrrhiza uralensis (Common Name: Liquorice)” and “Metabolic health / weight loss”


ID 3366: “Goldenrod Solidago virgaurea” and “Goldenrod increase renal blood flow and increase the glomerular filtration rate”


ID 3371: “Grindelia robusta nutt.” and “Helps to relax the gastrointestinal tract”


ID 3372: “Guarana” and “support to metabolism, protection against derogative influence of stress and surroundings, stimulating effects”


ID 3373: “Gymnema (Gymnema sylvestre)” and “Appetite control”


ID 3374: “Gynostemma pentaphyillum” and “Antioxidant”


ID 3375: “Gynostemma pentaphyllum” and “Contributes to maintain a healthy blood sugar level2


ID 3376: “Gynostemma pentaphyllum” and “Contributes to maintain healthy blood lipid level”


**ID 3377: “Gynostemma pentaphyllum” and “Contributes to the health of cardiovascular system”**


ID 3383: “Hamamelis virginiana L.” and “Helps to protect the skin from UV-induced oxidative damage and from UV-induced”


ID 3386: “Helichrysum italicum Don.” And “Antioxidant”


ID 3387: “Helichrysum italicum Don.” and “Contributes to body defences against external agents”


ID 3391: “Hibiscus sabdariffa - common name: Hibiscus” and “Constipation / Intestinal Health”


ID 3393: “Hibiscus sabdariffa - common name: Hibiscus” and “Renal elimination / Organism draining”


ID 3397: “Ilex paraguariensis - common name: yerba mate, maté, kali chaye” and “Renal elimination / organism draining”


ID 3398: “Indian sarsaparilla” and “Helps to maintain healthy skin”


ID 3400: “Juglans regla L.” and “Antioxidant, can protect cells and tissues against oxidative damage”


**ID 3402: “Juglans regia L.” and “Contributes to the normal function of the intestinal tract”**


ID 3403: “Juglans regla L.” and “Helps to maintain physiological lipid and cholesterol levels in the blood”


ID 3404: “Juglans regla L.” and “Supports the excretory function of the kidneys”


ID 3405: “Juniperus communis - common name: Juniper” and “Renal elimination / organism draining”


ID 3406: “Juniperus communis L.” and “Antioxidant, can protect cells and tissues against oxidative damage”

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Antitherpetic Agent From Juniper Tree(Juniperus communis), its Purification, Identification, and Testing 
in Primary Human Amnion Cell Cultures. Drugs Under Experimental and Clinical Research, 7, 691-697.
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ID 3408: “Juniperus communis L.” and “Contributes to maintain a healthy blood sugar level.”


ID 3409: “Kaempferia Parviflora (Black ginger)” and “Antioxidant properties”


ID 3410: “Lactarius deliciosus et Lactarius piperatus” and “Reins”


ID 3411: “Lagerstroemia speciosa –banaba” and “Contributes to the weight management”


ID 3412: “Laurus nobils L.” and “Can protect cells and tissues against oxidative damage effects, antioxidant”


ID 3417: “Lespedeza capitata Mich.” and “Beneficial to kidney function.”


**ID 3418:** “Lespedeza capitata mich” and “Can protect cells and tissues against oxidative damage”


**ID 3419:** “Lespedeza capitata mich” and “Helps to the maintenance of a normal blood pressure”


**ID 3420:** “Levisticum officinale - common name : Lovage” and “Renal elimination / Organism draining”


**ID 3422:** “Levomentholum” and “Respiratory Health”

ID 3423: “Lippia citriodora Kunth” and “Antioxidant”


ID 3424: “Lippia citriodora Kunth” and “Contributes to body defences against external agents.”


**ID 3426:** “Lotus cornicolatus L.” and “Helps to maintain a healthy intestinal microbial balance, contributes to maintain a normal intestinal function”


**ID 3427: “Lutein” and “natural antioxidant”**


**ID 3428: “Macroystis pyrifera” and “Contributes to body defences against external agents.”**


**ID 3430: “magnolia officinalis rehder” and “Contributes to the normal function of the intestinal tract”**

ID 3431: “Maharishi Ayurveda Amrit Kalash MA 4” and “Antioxidant effect 1000 x greater than Vitamins C or E”


ID 3432: “Maharishi Ayurveda Amrit Kalash MA 5” and “Antioxidant effect 1000 x greater than Vitamins C or E”


ID 3433: Maharishi Ayurveda Amrit Kalash MA 7 Tablets” and “Antioxidant effect 1000 x greater than Vitamins C or E”


ID 3434: “Maharishi Ayurveda Herbal Coffee Substitute (MA704)” and “Antioxidant effect 1000 x greater than Vitamins C or E”


ID 3435: “Maharishi Ayurveda Mens' Rasayana MA-631” and “Antioxidant effect 1000 x greater than Vitamins C or E”

ID 3436: “Malva sylvestris - common name: Mallow” and “Constipation / Gastrointestinal health”

ID 3437: “Marrubium vulgare L.” and “Antioxidant”

ID 3438: “Marrubium vulgare L.” and “Contributes to maintain a healthy blood sugar level”


**ID 3439: “Marrubium vulgare L.” and “Contributes to relaxation and mental and physical well-being”**


ID 3440: “Marrubium vulgare L.” and “Contributes to the maintenance of a normal blood pressure”


ID 3441: “Marrubium vulgare L” and “Helps to preserve a healthy vascular wall (helps to prevent microvascular extravasation)”


ID 3442: “Marrubium vulgare L.” and “Helps to relax the gastrointestinal tract”


ID 3443: “Matricaria recutita L. (Common name: Chamomile)” and “Respiratory health”

ID 3444: “Melaleuca alternifolia cheel” and “Can protect cells and tissues against oxidative damage”


ID 3448: “Melaleuca leucadendron L. var.cajaputi R.” and “Antioxidant”


ID 3450: “Melaleuca leucadendron L. var.viridiflora” and “Supports immune defences”


ID 3454: “Mentha aquatica” and “Antioxidant”


ID 3456: “Morus nigra L.” and “Antioxidant, can protect cells and tissues against oxidative damage”


ID 3457: “Morus nigra L.” and “Contributes to maintain a healthy blood sugar level”


**ID 3459: “Mouse-ear Hawkweed (entire plant) Hieracium pilosella” and “Health of lower urinary tract”**


**ID 3460: “Muira puama” and “Can protect cells and tissues against oxidative damage, antioxidant”**


ID 3462: “Muira puama” and “Tonic for the support of physical capacities.”


ID 3465: “Ocinum basilicum - common name: Basil” and “Renal elimination / Organism draining”


ID 3467: “OLEA EUROPAEA L.” and “Contributes to body defences against external agents”


ID 3468: “OLEA EUROPaea L.” and “Contributes to the upper respiratory tract health”


ID 3469: “Origanum majorana” and “Can protect cells and tissues against oxidative damage, antioxidant”


ID 3471: “Origanum majorana” and “Contributes to maintain a healthy blood sugar level”


**ID 3472:** “Oreganum majorana” and “Contributes to relaxation physical well-being”


ID 3474: “Origanum majorana” and “Supports the gastrointestinal function”


**ID 3479: “Peumus boldus molina” and “Can stimulate contraction of skeletal muscle”**


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ID 3489: “Phyllanthus amarus” and “Contributes to the normal function of the intestinal tract”


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ID 3491: “Phyllanthus amarus” and “Helps to maintain physiological lipid levels in the blood”


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ID 3493: “Piceae aetheroleum” and “Respiratory health”

ID 3494: “Picrorhiza kurroa Royle” and “Antioxidant”


ID 3495: “Picrorhiza kurroa Royle” and “Contributes to physical well-being”


ID 3500: “Pimpinella major (L.) Hudson (Common name: Great burnet)” and “Respiratory health”


ID 3501: “Pimpinella saxifraga L. (Common name: Burnet saxifrage)” and “Respiratory health”


ID 3505: “Pinus pinaster Ait. Sub Sp. Atlantica French maritime pine bark” and “Whole population, antioxidant properties”


ID 3506: “Piper longum” and “Stimulant”


ID 3507: “Piper Methysticum Forster” and “Can protect cells and tissues against oxidative damage”


ID 3510: “Plantago Lanceolata L.” and “Contributes to maintain a normal intestinal function”


ID 3511: “Plantago Lanceolata L.” and “Contributes to physical well-being”


ID 3512: “Plantago Lanceolata L.” and “Helps to maintain a healthy intestinal microbial balance”


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ID 3515: “Plante : Vergerette du Canada (Erigeron canadensis = Conyza canadensis)” and “Elimination rénale de l’eau et de l’acide urique”

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ID 3516: “Plante: Pomme Malus communis (=syn. Pirus malus) (Apple)” and “Digestion”


ID 3518: “Plante: Tilleul Tilia spp. (Linden)” and “Elimination rénale de l’eau – Fonctions d’élimination de l’organisme”


ID 3519: “Pleurotus Eryngii” and “pancréas”


ID 3520: “Pleurotus ostreatus (oyster mushroom)” and “Antioxidant properties”

ID 3521: “Pleurotus ostreatus (oyster mushroom)” and “Pleurotus ostreatus and Immune system”


ID 3522: “Polygoni multiflori (Common Name: Fleece flower)” and “Cardiovascular health”


ID 3523: “Populus tremuloides Michx” and “Joint health”


ID 3524: “Primula Officinalis Hill” and “Antioxidant”

ID 3525: “Primula Officinalis Hill” and “Helps to maintain the heart health”


ID 3526: “Propolis” and “Helps to maintain a normal blood circulation”


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ID 3527: “Propolis” and “Hepatoprotective”


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ID 3528: “Prunella Vulgaris L.” and “Contributes to maintain a healthy blood sugar level”


ID 3531: “Pulmonaria officinalis L. (Common name: Common Lungwort)” and “Respiratory health”


**ID 3533: “Rehmannia glutinosa (Common Name: Chinese foxglove)” and “Vascular health”**


**ID 3534: “Rehmannia glutinosa (Common Name: Chinese foxglove)” and “Glucose metabolism”**


**ID 3536: “Rhamnus frangula L.” and “Contributes to body defences against external agents”**


**ID 3537: “Rhamnus purshiana DC” and “Contributes to body defences against external agents.”**


ID 3539: “Rheum Emodi Wall” and “Contributes to body defences against external agents”


ID 3540: “Rheum Emodi Wall” and “Contributes to maintain a healthy blood sugar level”


ID 3541: “Rheum Officinale Baill” and “Antioxidative”


ID 3547: “Rheum palmatum (Common Name: Rhubarb)” and “Intestinal health”


ID 3548: “Rheum palmatum L. var. tagunticum maxim” and “Beneficial to kidney function”

The file of references provided was not readable.

ID 3549: “Rheum palmatum L. var. tagunticum maxim” and “Can protect cells and tissues against oxidative damage”

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ID 3554: “Rheum Undulatum L.” and “Contributes to maintain a healthy blood sugar level”


**ID 3555:** “Rheum Undulatum L.” and “Contributes to physical well-being”


**ID 3556:** “Rheum Undulatum L.” and “Contributes to the maintenance of a normal blood pressure”


ID 3557: “Rhodiola Crenulata” and “Contributes to maintain a healthy blood sugar level”


**ID 3560:** “Rosae gallica L. (Common name: Red rose)” and “Respiratory health”

**ID 3561:** “Rosae x centifolia L. (Common name: Cabagge rose)” and “Respiratory health”

**ID 3564:** “Ruta Graveolens L.” and “Can protect cells and tissues against oxidative damage”


**ID 3570:** “Ruta Graveolens L.” and “Supports the excretory function of the kidneys”


ID 3571: “Salvia miltiorrhiza” and “Antioxidant properties”


ID 3572: “Salvia miltiorrhiza (Common Name: Red rooted sage)” and “Vascular health”


ID 3574: “Salvia officinalis L. (Common name: Sage)” and “Respiratory health”


ID 3575: “Salvia sclarea L.” and “Contributes to body defences against external agents”

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ID 3577: “Santalum album L.” and “Contributes to body defences against external agents”


ID 3579: “Satureja montana L. S.L.” and “Contributes to body defences against external agents”


ID 3581: “Schisandra chinensis BAII.” and “Tonic for the support of mental and well-being”


ID 3582: “Silybum marianum Gaertn” and “Contributes to body defences against external agents”


Hwang I-s, Han E-j, Bak J-s, Kim J-g, Chough N-j, 2006. Determination of Silybin of Nutraceutical Herbal Preparations Using HPLC-PDA. Natural Product Sciences, 12, 166-173.


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ID 3587: “SOIA ISOFLAVONI” and “Contributes to cardiovascular health”


Campos MG, Matos MP, Câmara MT, Cunha MM, 2007. The variability of isoflavones in soy seeds and the possibility of obtaining extracts for over the counter tablet preparations that can be standardized. Industrial Crops & Products, 26, 85-92.


ID 3588: “SOIA ISOFLAVONI” and “Contributes to maintain a healthy prostate and breast”


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ID 3589: “SOIA ISOFLAVONI” and “Contributes to the upper respiratory tract health”


Campos MG, Matos MP, Câmara MT, Cunha MM, 2007. The variability of isoflavones in soy seeds and the possibility of obtaining extracts for over the counter tablet preparations that can be standardized. Industrial Crops & Products, 26, 85-92.


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ID 3593: “Sorbus domestica” and “Antioxidant”


ID 3595: “SproutGarden® Sprout Blend” and “Excellent source of sulforaphane known to help in the management of heart health”


Ovesen LF, 2005. [Increased consumption of fruits and vegetables reduces the risk of ischemic heart disease]. Ugeskr Laeger, 167, 2742-2747.


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ID 3600: “Tabebuia avellanedae” and “Contributes to the maintenance of a normal blood pressure”


ID 3602: “Tabebuia avellanedae” and “Supports the excretory function of the kidneys”


**ID 3603: “Tamarix gallica L.” and “Contributes to body defences against external agents”**


**ID 3606: “Tanacetum Parthenium Sch. Bip.” and “Can protect cells and tissues against oxidative damage”**


ID 3609: “Taraxacum Officinale Weber” and “Contributes to the normal stomach and liver function”


ID 3610: “Tea (leaf) Camellia sinensis” and “Health of lower urinary tract”


ID 3611: “Thymol crystals” and “Reduces cough, dissolves mucus and reduces inflammation”

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ID 3614: “Thymus zygis L.” and “Respiratory health”

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ID 3615: “Tilia cordata Mill.” and “Respiratory health”


ID 3617: “Tilia platyphyllos Scop.” and “Respiratory health”


ID 3618: “Tilia tomentosa Moench” and “Contributes to body defences against external agents”


ID 3620: “Tribulus terrestris” and “Urination”


ID 3622: “Trigonella foenum-graecum L.” and “Contributes to maintain a healthy blood sugar level”


ID 3624: “Mucopolysaccharides” and “Mucopolysaccharides are related to joint health”

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ID 3625: “Triticum repens” and “Contributes to maintain a healthy blood sugar level”


ID 3628: “Turnera Diffusa Willd.” and “Contributes to maintain a healthy blood sugar level”


ID 3630: “Turnera Diffusa Willd.” and “Contributes to weight management by modulating gastric emptying”


ID 3635: “VACCINIUM VITIS-IDAEA L.” and “Contributes to body defences against external agents”


ID 3636: “VACCINIUM VITIS-IDAEA L.” and “Contributes to physical well-being”

ID 3637: “Verbascum denisiflorium Bertol.” and “Respiratory Health”


ID 3638: “Verbascum phlomoides L.” and “Respiratory Health”


ID 3640: “Verbena officinalis L.” and “Respiratory Health”


ID 3645: “Veronica officinalis L.” and “Respiratory Health”

ID 3646: “Viola odorata L.” and “Can protect cells and tissues against oxidative damage”


ID 3650: “Viscum album L.” and “Helps to maintain physiological cholesterol levels in the blood”


**ID 3652:** “Vitex agnus-castus L.” and “Can protect cells and tissues against oxidative damage”


ID 3658: “Omega 3 Long chain fatty acids” and “Immune system”


ID 3659: “Omega 6 (Linolenic acid from olive oil)” and “Correlation analyses on pooled data suggested that there may be less actinic skin damage with a higher intake of olive oil. A high intake of olive oil appeared to be protective against cutaneous actinic damage”


ID 3662: “Ajuga Chamaepitys Schreb.” and “Antioxidant”


ID 3663: “Aloysia triphylla - common name: Verveine odorante” and “Renal elimination / organism draining”


ID 3667: “Citrus sinensis - common name: Orange” and “Vascular and Vein Health”


ID 3668: “Panax ginseng (Common Name: Asian, Korean ginseng)” and “Cognitive performance”


UMMC (University of Maryland Medical Centre), Asian Ginseng.


ID 3669: “Panax ginseng (Common Name: Ginseng)” and “Glucose metabolism”


ID 3670: “Panax ginseng extract G115 Pharmaton, [Dry extract from roots of Panax ginseng C.A.Meyer, drug/native extract ratio (3-7): 1, solvent of extraction Ethanol/Water, 4.0% ginsenosides]” and “Helps to maintain good cognitive performance. Supports memory performance”


ID 3673: “Panax Ginseng” and “Alertness”


ID 3678: “Pinus pinaster Ait Sub Sp. Atlantica (French Maritime Pine)” and “Antioxidant property”


ID 3679: “Rosa canina (Common Name: Rose Hip)” and “Antioxidant properties”


ID 3683: “Rosa canina (Common Name : Rose Hip )” and “Bladder and kidney health”


ID 3685: “Maharishi Ayurveda MA-471” and “Supports normal glucose and cholesterol levels”


ID 3687: “Pineapple (Ananas comosus L.)” and “Skin curves / Cellulitis”


ID 3688: “Fraxinus excelsior - common name: ash” and “Control of weight”


ID 3692: “Prunus cerasus - common name: Sour cherry” and “Digestion”


ID 3693: “Prunus cerasus - common name: Sour cherry” and “Renal elimination / Organism draining”


ID 3698: “Camelia sinensis (green tea)” and “Supports metabolism / fat oxidation”


ID 3699: “Boswelia serrata (Common Name: Frankincense)” and “Joint health”


ID 3701: “Cynara scolymus (Common Name: Artichoke)” and “Antioxidant properties”


ID 3702: “Cynara scolymus (Common Name: Artichoke)” and “Heart health / blood lipids”


2 Council of Europe, European Pharmacopoeia.

**ID 3705: “Panax ginseng (Common Name: Ginseng)” and “Antioxidant properties”**

ID 3706: “Vaccinium myrtillus L.” and “Antioxidant”


ID 3707: “Fucus (Fucus vesiculosus L.)” and “Weight control / satiety”


1 No authors listed, 1975. Kelp diets can produce myxedema in iodide-sensitive individuals. JAMA, 233, 9-10.
**ID 3709: “Galega officinalis (Common Name: French Honeysuckle)” and “Lactation”**


**ID 3712: “Melissa extract [Dry extract from leaves of Melissa officinalis L., drug/native extract ratio (4-6): 1, solvent of extraction Methanol/Water, min 1.8% rosmarinic acid]” and “Antioxidants activity”**


**ID 3713: “Melissa extract [Dry extract from leaves of Melissa officinalis L., drug/native extract ratio (4-6): 1, solvent of extraction Methanol/Water, min 1.8% rosmarinic acid]” and “For insomnia and mental health”**


**ID 3716: “Thymus serpyllum L.” and “Respiratory health”**

ID 3718: “Achyranthes aspera seed” and “Weight balance and appetite”


ID 3721: “Aloe vera, ferox, bardadensis, hybrids or vera or spicata (Common Name: Bitter aloe)” and “Gastrointestinal health”


ID 3722: “Althae officinalis - common name: Marsh mallow, Althea” and “Constipation / Gastrointestinal health”

ID 3723: “Althaea officinalis L. (Common name: Marshmallow)” and “Respiratory health”

ID 3724: “Amorphophallus Konjac Koch” and “Contributes to maintain a healthy blood sugar level”


ID 3725: “Amorphophallus Konjac Koch” and “Contributes to weight management”


ID 3726: “Ananas: Pineapple powder (Ananas sativus) obtained from fruit juice and stems and Dry aqueous extract of pineapple standardized at 2% of bromelain” and “Slimming (cellulitis draining)”


ID 3729: “Andrographis Paniculata (King of Bitterness)” and “Antioxidant properties”


ID 3730: “Andrographis Paniculata (King of Bitterness)” and “Glucose metabolism”


ID 3733: “Angelica archangelica L.” and “Contributes to maintain physiological gastric pH and digestive health”


ID 3734: “Artemisia dracunculus” and “Helps to relax the gastrointestinal tract”


Yazdanparast R, Alavi HR, Bazar ganian A, 2000. Two new compounds from Artemisia dracunculus L. Journal of Faculty of Pharmacy, Tehran University of Medical Sciences, 8, 42-44.

ID 3737: “Betula pendula / Betula pubescens (Common Name : Birch)” and “Health of lower urinary tract”

Pharmacopée Française. 1983.


ID 3738: “Calendula officinalis L. (Common names: Common Marygold, Marigold)” and “Respiratory health”


ID 3739: “Cassia acutifolla Del.” and “Contributes to the normal function of the intestinal tract”

1 Ablordeppey SYS and Ayim JSK, 1983. Some problems associated with the quantitative analysis of crude hydroxyanthraquinone drugs. Trends in Analytical Chemistry, 2, 5-7.


**ID 3740:** “Cassia angustifolia Vahl.” and “Contributes to the normal function of the intestinal tract”


ID 3741: “Cassia senna (cassia angustifolia) (Common Name: Senna)” and “Intestinal health”

1. Service Public Fédéral, Santé Public, Sécurité de la Chaîne Alimentaire et Environnement. Moniteur Belge _25.03.2005_Ed.2 : Maximum dosage for food supplements 18 mg sennoside B equivalent per adult per day.


ID 3744: “Cetraria islandica (L.) Acharius s.l. (Common name: Iceland Moss)” and “Respiratory health”


ID 3745: “Cimicifuga racemosa (Actea racemosa) (Common Name: Black Cohosh)” and “Menopause”


**ID 3748:** “Curcuma longa/domestica (Common Name: Turmeric, kunyit, curcumin)” and “Joint Health”

5. Srivastava KC, 1989. Extracts from two frequently consumed spices--cumin (Cuminum cyminum) and turmeric (Curcuma longa)--inhibit platelet aggregation and alter eicosanoid biosynthesis in human blood platelets. Prostaglandins Leukot Essent Fatty Acids, 37, 57-64.

**ID 3749:** “Drosera rotundifolia (Sundew)” and “Respiratory / immune health”


ID 3755: “Eleutherococcus Senticosus Maxim.” and “Contributes to body defences against external agents.”


Schmolz MW, Sacher F, Aicher B, 2001. The synthesis of Rantes, G-CSF, IL-4, IL-5, IL-6, IL-12 and IL-13 in human whole-blood cultures is modulated by an extract from Eleutherococcus senticosus L. roots. Phytother Res, 15, 268-270.


ID 3756: “Eleutherococcus Senticosus Maxim” and “Supports immune defences”


Schmolz MW, Sacher F, Aicher B, 2001. The synthesis of Rantes, G-CSF, IL-4, IL-5, IL-6, IL-12 and IL-13 in human whole-blood cultures is modulated by an extract from Eleutherococcus senticosus L. roots. Phytother Res, 15, 268-270.


ID 3757: “Erica cinerea” and “Fonction reins”


**ID 3758:** “Eucalypti aetheroleum” and “Respiratory health”


**ID 3760:** “Eucalyptus globulus La-Bill. (Common name: Eucalyptus)” and “Respiratory health”

15 Steinmetz EF, 1957. Codex Vegetabilis. Published by the author, Amsterdam.

ID 3761: “Ficus carica L.” and “Helps to maintain a healthy intestinal microbial balance, contributes to maintain a normal intestinal function”

1 Alwan AH and Al-Bayati ZAF, 1988. Effects of Milk Latex of Fig (Ficus carica) on 3H-Benzo (a) pyrene Binding to Rat Liver Microsomal Protein. Pharmaceutical Biology, 26, 209-213.


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ID 3762: “Filipendula ulmaria (Spiraea ulmaria) (Common Name: Meadowsweet)” and “Health of lower urinary tract”


ID 3767: “Ginkgo biloba (Common Name: Ginkgo)” and “Antioxidant properties”


ID 3768: “Ginkgo biloba (Common Name: Ginkgo)” and “Cognitive function”


UMMC (University of Maryland Medical Centre), Ginkgo biloba, http://www.umm.edu/altmed/articles/ginkgo-biloba-000247.htm.


**ID 3770: “Harpagophytum procumbens (Common Name: Devil's craw)” and “Joint health”**


**ID 3773: “Juniperus communis (Common Name: Juniper berry)” and “Kidneys health”**


3 Federal Republic of Germany, Indikationsliste nach § 109 a AMG.

**ID 3774: “Lentinula edodes” and “Immune health”**


491

ID 3775: “Marrubium vulgare L. (Common Name: Horehound (white))” and “Respiratory health”


ID 3776: “Melaleuca leucadendron L.” and “Contributes to body defences against external agents.”


ID 3777: “Melaleuca leucadendron L. var.cajaputi R.” and “Contributes to body defences against external agents.”


ID 3778: “Melaleuca leucadendron L. var.viridiflora” and “Contributes to body defences against external agents.”


ID 3779: “OLEA EUROPAEA L.” and “Can help to maintain a normal function of gastrointestinal tract”


ID 3780: “Olea europaea L.” and “Antioxidant”


**ID 3781: “Olea europaea L.” and “Contributes to the maintenance of a normal blood pressure”**


**ID 3782: “Olea europaea L.” and “Contributes to maintain a healthy blood sugar level”**


ID 3783: “Olea europaea, olive tree (nom français: olivier)” and “Elimination”


ID 3784: “Papaver rhoeas L. (Common name: Fieldpoppy)” and “Respiratory health”


ID 3786: “Peumus boldus Molina” and “Antioxidant”


Rakotonirainy MS and Lavédrine B, 2005. Screening for antifungal activity of essential oils and related compounds to control the biocontamination in libraries and archives storage areas. International Biodeterioration and Biodegradation, 55, 141-147.


**ID 3790: “Plantago lanceolata L.” and “Antioxidative”**


**ID 3791: “Plantago lanceolata L. (Common name: Ribwort plantain)” and “Respiratory health”**

ID 3792: “Polygonum aviculare (Common Name: Knotweed)” and “Respiratory health”


ID 3793: “Primula elatior L. Hill. (Common name: Oxlip)” and “Respiratory health”


ID 3797: “Propolis” and “Can protect cells and tissues against oxidative damage”


40 Esanu V, 1981. Recent advances in the chemotherapy of herpes virus infections. Virologie, 32, 57-77.


ID 3798: “Propolis” and “Contributes to body defences against external agents”


40 Esanu V, 1981. Recent advances in the chemotherapy of herpes virus infections. Virologie, 32, 57-77.


ID 3799. “Propolis” and “Supports immune defences”


Esanu V, 1981. Recent advances in the chemotherapy of herpes virus infections. Virologie, 32, 57-77.


ID 3800: “Prunella vulgaris L.” and “Can protect cells and tissues against oxidative damage”


ID 3801: “Prunella vulgaris L.” and “Contributes to body defences against external agents”


ID 3802: “Prunella vulgaris L.” and “Supports immune defences”


ID 3803: “Rhamnus purshiana DC” and “Contributes to the normal function of the intestinal tract”


**ID 3804:** “Rheum palmatum L. var. tagunticum maxim” and “Contributes to body defences against external agents”

No References provided

**ID 3805:** “Rheum palmatum L. var. tagunticum maxim” and “Supports immune defences”

The file of references provided was not readable.

**ID 3809:** “Rosmarinus officinalis Rosemary (nom français: Romarin)” and “Elimination”


**ID 3812:** “Ruta graveolens L.” and “Helps to relax the gastrointestinal tract”


ID 3815: “Salvia sclarea L.” and “Can protect cells and tissues against oxidative damage”

Atanassova-Shopova S, Roussinov K, Markova M, 1969. Pharmacological studies of Bulgarian plants with a view to their anticonvulsive effect. 5. Izv Inst Fiziol, 12, 205-216.


ID 3816: “Santalum album L.” and “Can protect cells and tissues against oxidative damage”


ID 3817: “Satureja montana L. S.L.” and “Can protect cells and tissues against oxidative damage”


ID 3818: “Schisandra chinensis Baill.” and “Can protect cells and tissues against oxidative damage”


ID 3822: “Silybum marianum Gaertn.” and “Can protect cells and tissues against oxidative damage”


Hwang I-s, Han E-j, Bak J-s, Kim J-g, Chough N-j, 2006. Determination of Silybin of Nutraceutical Herbal Preparations Using HPLC-PDA. Natural Product Sciences, 12, 166-173.


ID 3823: “Solidago virgaurea (Common Name : Golden herb)” and “Health of bladder and lower urinary tract”


**ID 3824: “Solidago virgaurea L.” and “Can protect cells and tissues against oxidative damage”**


**ID 3825: “Tamarix gallica L.” and “Can protect cells and tissues against oxidative damage”**


**ID 3827: “Taraxacum officinale (Common Name : Dandelion)” and “Urinary health”**

1 Natural Medicines Comprehensive Database, www.naturaldatabase.com


ID 3828: “Taraxacum officinale Weber” and “Can protect cells and tissues against oxidative damage”


ID 3829: “Thymus vulgaris L.” and “Respiratory health”

1. Thyme (Health Products and Food Branch of Health Canada, the Natural Health Products Directorate, NHPD) Food and Drug Regulations.


ID 3832: “Trigonella foenum-graecum L.” and “Helps to maintain physiological lipid levels in the blood”


ID 3834: “Urtica dioica (Common Name : Nettle)” and “Invigoration of the body”
1 Steinmetz EF, 1957. Codex Vegetabilis. Litografia La Photograph, Padova.

ID 3835: “Urtica dioica (Common Name: Nettle)” and “Joint health”
13 USDA (US Dept. of Agriculture) and ARS (Agricultural Research Service), Germplasm Resources Information Network (GRIN), http://www.ars-grin.gov/.
14 USDA (US Dept. of Agriculture) and NRCS (Natural Resources Conservation Service), The Plants Database, http://plants.usda.gov.
ID 3836: “Vaccinium vitis-idaea L.” and “Can protect cells and tissues against oxidative damage”


ID 3838: “Verbena officinalis L.” and “Can protect cells and tissues against oxidative damage”


ID 3839: “Viscum album L.” and “Can protect cells and tissues against oxidative damage”

1 No authors listed, 1983. Iscador. CA Cancer J Clin, 33, 186-188.
5 Augustin M, Bock PR, Hanisch J, Karasmann M, Schneider B, 2005. Safety and efficacy of the long-term adjuvant treatment of primary intermediate- to high-risk malignant melanoma (UICC/AJCC stage II and III) with a standardized fermented European mistletoe (Viscum album L.) extract. Results from a multicenter, comparative, epidemiological cohort study in Germany and Switzerland. Arzneimittelforschung, 55, 38-49.


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<th>No.</th>
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<td>52</td>
<td>Resch KL and Windeler J</td>
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**ID 3840: “Viscum album L.” and “Contributes to body defences against external agents”**

5 Augustin M, Bock PR, Hanisch J, Karasmann M, Schneider B. 2005. Safety and efficacy of the long-term adjuvant treatment of primary intermediate- to high-risk malignant melanoma (UICC/AJCC stage II and III) with a standardized fermented European mistletoe (Viscum album L.) extract. Results from a multicenter, comparative, epidemiological cohort study in Germany and Switzerland. Arzneimittelforschung, 55, 38-49.


8 Ben EE, Eno AE, Ofem OE, Aidem U, Itam EH. 2006. Increased plasma total cholesterol and high density lipoprotein levels produced by the crude extract from the leaves of Viscum album (mistletoe). Niger J Physiol Sci, 21, 55-60.


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ID 3841: “Viscum album L.” and “Supports immune defences”


ID 3845: “Angelica sinensis (Common Name: Angelica)” and “Blood system”


**ID 3846: “Argania spinosa (Common Name: Argan)” and “Cardiovascular health”**


**ID 3848: “Cinchona pubescens (Common Name: Cinchona / Peruvian bark)” and “Appetite / Digestive health”**


**ID 3849: “Cistus incanus (Common Name: Hairy rockrose)” and “Antioxidant activity”**


**ID 3851: “Eucalyptus globulus (Common Name: Eucalyptus)” and “Glucose metabolism”**


ID 3852: “Filipendula ulmaria (Spiraea ulmaria) (Common Name: meadowsweet)” and “Respiratory health”

ID 3853: “Galeopsis segetum (Common Name: Hemp-nettle)” and “Respiratory health”

ID 3854: “Gynostemma pentaphyllum (Common Name: Jiaogulan)” and “Antioxidant properties”
ID 3856: “Humulus lupulus (Common Name: Hops)” and “Antioxidant properties


ID 3858: “Humulus lupulus (Common Name: Hops)” and “Menopause


ID 3863: “Illicium verum (Common Name: Star anise)” and “Respiratory health”


5 Steinmetz EF, 1957. Codex Vegetabilis. Published by the author, Amsterdam.

ID 3869: “Orthosiphon stamineus, anistatus, spicatus (Common Name : Java tea)” and “Health of bladder and lower urinary tract”

1 Deutsches Arzneibuch (DAB).

2 Pharmacopée Française.


**ID 3870: “Panax ginseng (Common Name: Asian, Korean ginseng)” and “Cognitive performance”**


Steinmetz EF, 1957. Codex Vegetabilis. Published by the author, Amsterdam.


ID 3871: “Panax ginseng (Common Name: Asian, Korean ginseng)” and “Glucose metabolism”


ID 3872: “Pelargonium reniforme/sidoids (Common Name: Geranium)” and “Respiratory health”


ID 3875: “Rhamnus frangula (Common Name: Buckthorn)” and “Intestinal health”
ID 3876: “Rheum officinalis (Common Name: Rhubarb)” and “Intestinal health”


ID 3878: “Rosa canina (Common Name: Dog rose / Rose hip)” and “Bladder and kidney health”


ID 3883: “Rosmarinus officinalis (Common Name: Rosemary)” and “Invigoration of the body”


ID 3884: “Salix alba (Common Name: Willow)” and “Joint health”


ID 3886: “Sanicula europaea (Common Name: Sanicle)” and “Respiratory health”


ID 3888: “Tilia ssp. / Tilia cordata / Tilia parvifolia / Tilia platyphyllos (Common Name: Linden)” and “Antioxidant properties”


ID 3889: “Tilia ssp. / Tilia cordata / Tilia parvifolia / Tilia platyphyllos (Common Name: Linden)” and “Blood health”


ID 3892: “Uncaria tomentosa (Common name: cat's claw)” and “Joint health”


Harvard Medical School, Cat's Claw (Uncaria tomentosa, Uncaria guianensis), http://www.intelihealth.com.


UMMC (University of Maryland Medical Centre), Cat's claw, http://www.umm.edu/altmed/articles/cats-claw-000229.htm.


ID 3893: “Urtica dioica (Common Name: Nettle)” and “Blood health”


ID 3895: “Usnea barbata (Common Name: Old Men's Beard)” and “Health of the upper respiratory tract”


ID 3896: “Vaccinium macrocarpon (Common Name: Cranberry)” and “Immune health”


ID 3897: “Verbena officinalis (Common Name: Vervein)” and “Lactation”


ID 3899: “Aloe vera (Common Name: Aloe)” and “Antioxidant properties”


ID 3900: “Aloe vera (Common Name: Aloe)” and “Depurative, detoxificant”


**ID 3901:** “Amorphophallus konjac KOCH (Common Name: Konjac)” and “Intestinal health / Bowel function”


**ID 3904:** “Boswellia serrata (Common Name: Frankincense)” and “Joint health”


**ID 3912:** “Equisetum arvense (Common Name: Horsetail)” and “Urinary health”


**ID 3915:** “Filipendula ulmaria (Spiraea ulmaria) (Common Name: Meadowsweet)” and “Urinary elimination”


**ID 3916:** “Galium aparine L. (Common name: Cleavers, Clivers)” and “Detoxification”


**ID 3919:** “Grindelia robusta Nutt. (Common name: Gumweed, tarweed)” and “Respiratory health”

ID 3922: “Helichrysum italicum Don. / Helichrysum angustifolium (Common Name: immortelle, curry plant)” and “Respiratory health”


ID 3924: “Ilex paraguariensis (Common Name: Yerba mate)” and “Weight management / Metabolism of lipids”


ID 3926: “Linum usitatissimum (Common Name: flaxseed, linseed)” and “Gut health”


ID 3928: “Matricaria recutita (Common Name: Chamomile Camomile)” and “Digestive health”

ID 3929: “Ortosiphon stamineus, anistatus, spicatus (Common Name: Java tea)” and “Health of urinary tract”


ID 3932: “Plantago ovata/ispaghula (Common Name: Psyllium Husk)” and “Conditions in which an increased daily yintake of fibre”


ID 3933: “Plantago ovata/ispaghula (Common Name: Psyllium Husk)” and “Intestinal / Occasional contipation / conditions in which easy defection with soft stools is desirable (during pregnancy, haemorrhoids, etc.)”


ID 3935: “Trigonella foenum-graecum L. - Fenugreek. semen” and “Supports immune defences”


ID 3940: “Fennel (Foeniculum vulgare)” and “Supports activity of lacteal glands”


ID 3941: “Fennel (Foeniculum vulgare)” and “Supports secretion of mucus”


ID 3942: “Yucca spp.” and “Detoxification”


ID 3943: “Harpagophytum procumbens (Common Name: Devil’s Claw - root)” and “Joint health”


12 Council of Europe, European Pharmacopoeia.


UMMC (University of Maryland Medical Centre), Devil's claw, http://www.umm.edu/altmed/articles/devils-claw-000237.htm.


ID 3944: “Humulus lupulus (Common Name: Hops)” and “Cholesterol”


ID 3947: “Aloe ferox, bardadensis, hybrids or vera or spicata (Common Name: Bitter aloe)” and “Intestinal health / Bowel function”


ID 3948: “Coriandrum sativum L. (Common name: coriander)” and “Appetite & digestion”


Steinmetz EF, 1957. Codex Vegetabilis. Published by the author, Amsterdam.


ID 3952: “Trigonella foenum-graecum (Common name: Fenugreek)” and “Appetite”

ID 3957: “Aloe vera, ferox, bardadensis, hybrids or vera or spicata (Common name: Bitter aloe)” and “Gastrointestinal health”


ID 3962: “Asparagus racemosus root” and “Energy”


ID 3963: “Asparagus racemosus root” and “Stress / mental / sleep”


ID 3965: “Asparagus racemosus root” and “Urinary function”

ID 3967: “Angelica archangelica L. (Common name: Angelica)” and “Respiratory health”

1. Angelica (Health Products and Food Branch of Health Canada, the Natural Health Products Directorate, NHPD) Food and Drug Regulations.

ID 3970: “Adhatoda vasica leaf & whole plant” and “Respiratory”


ID 3971: “Aegle marmelos leaf” and “Sugar metabolism”


ID 3972: “Aegle marmelos unripe fruit” and “Digestion”


ID 3974: “Asphaltum / Shilajit - purified” and “Digestion and metabolism of carbohydrates and lipids”


ID 3975: “Asphaltum / Shilajit - purified” and “Weight”


ID 3978: “Asphaltum / Shilajit - purified” and “Bones / joints”


ID 3979: “Asphaltum / Shilajit - purified” and “Immunity”

**ID 3981: “Asphaltum/Shilajit - purified” and “Rejuvenation”**


**ID 3984: “Azadirachta indica bark” and “Antioxidant / anti-inflammatory / antipyretic”**


**ID 3985: “Azadirachta indica leaf” and “Sugar metabolism and eye function”**


ID 3986: “Bacopa monnieri” and “Memory enhancer”


**ID 3993: “Bauhinia variegata bark” and “Lipid metabolism”**


**ID 3997: “Boerhaavia diffusa root” and “Urinary / diuretic”**


**ID 4002: “Boswellia serrata resin” and “Heart & blood”**


**ID 4006: “Cimicifuga racemosa (Actea racemosa) (Common Name : Black Cohosh )” and “Menopause”**


CKF (Commissie Keuring Fytoproducten), 2006. Master file Cimicifugae Racemosae Rhizoma.


ID 4007: “Curcumin obtained from turmeric oleoresin” and “Required for its health benefit properties like anti-oxidant”


ID 4009: “Curcuma longa rhizome” and “Immunity. Antioxidant”


ID 4012: “Curcuma longa rhizome” and “Joints & bones”


ID 4017: “Commiphora mukul (Common Name: Guggulu)” and “Cholesterol”


ID 4018: “Cissus quadrangularis extract” and “Weight control/slimming Inhibition of dietary fat absorption Inhibition of dietary sugar absorption”


ID 4019: “Commiphora mukul purified exudate” and “Cardiovascular, lipid metabolism and weight”


5 Ding X and Staudinger JL, 2005. The ratio of constitutive androstanedione receptor to pregnane X receptor determines the activity of guggulsterone against the Cyp2b10 promoter. J Pharmacol Exp Ther, 314, 120-127.


**ID 4020: “Commiphora mukul purified exudate” and “Joints & bones”**


ID 4021: “Commiphora mukul purified exudate” and “Antioxidant & immunity”


ID 4023: “Commiphora mukul purified exudate” and “Rejuvenation”


ID 4024: “Commiphora mukul purified exudate” and “Cleansing”


ID 4028: “Convolvulus pluricaulis whole plant” and “Cardiovascular”


ID 4029: “Calendula officinalis L.(Common names: Common Marygold, Marigold)” and “Respiratory health”


ID 4030: “Cetraria islandica (L.) Acharius s.l.(Common name: Iceland Moss)” and 2Respiratory health”


ID 4031: “Drosera rotundifolia L.(Common name: Sundew)” and “Respiratory health”


ID 4032: “Echinacea purpurea L. Moench (Common name: Echinacea)” and “Respiratory Health”


ID 4034: “Eucalyptus globulus (Common Name : Eucalyptus)” and “Glucose metabolism”


ID 4035: “Eucalyptus globulus La-Bill.(Common name: Eucalyptus)” and “Respiratory Health”


ID 4036: “Eucalyptus aetheroleum(Common name: Eucalyptus oil)” and “Respiratory Health”


ID 4037: “Emblica officinalis FRUIT RIND” and “Mental function & Head”

ID 4038: “Emblica officinalis fruit rind” and “Strength & energy”


ID 4039: “Emblica officinalis fruit rind” and “Elimination & detox”


ID 4040: “Emblica officinalis fruit rind” and “Genitourinary function”


ID 4041: “Emblica officinalis fruit rind” and “Cardiovascular”


ID 4042: “Emblica officinalis fruit rind” and “Antioxidant. Immunity”


ID 4043: “Emblica officinalis fruit rind” and “Glucose metabolism”


ID 4044: “Emblica officinalis FRUIT RIND” and “Eyes”


Kumar GS, Nayaka H, Dharmesh SM, Salimath PV, 2006. Free and bound phenolic antioxidants in amla (Emblica officinalis) and turmeric (Curcuma longa). Journal of Food Composition and Analysis, 19, 446-452.


ID 4049: “Ephedra (Ephedra sinica) / Ma huang” and “Weight loss”


ID 4050: “Glycyrrhiza glabra root” and “Respiratory”


ID 4053: “Glycyrrhiza glabra root” and “Immunity, antioxidant”


ID 4054: “Glycyrrhiza glabra root” and “Energy”


ID 4056: “Glycyrrhiza glabra root” and “Joints and bones”


ID 4057: “Gymnema Sylvestre” and “Weight management / Glucose metabolism / Lipid metabolism”


**ID 4059:** “Herbal Infusion, including fixed combination of valerian root, lemon balm leaves and chamomile flowers” and “Promoting and maintaining sleep”


ID 4062: “Hemidesmus indicus root” and “Genitourinary”

ID 4063: “Humulus lupulus (Common Name: Hops)” and “Menopause”

ID 4064: “Hydrastis canadensis (Common Name: Golden seal)” and “Immune health”


ID 4066: “Hyssopus officinalis L. (Common name: Hyssop)” and “Respiratory health”


ID 4067: “Ipomoea turpethum root” and “Digestion and elimination”


ID 4070: “Levomentholum (Common name: Menthol)” and “Respiratory health”


ID 4071: “Marrubium vulgare L. (Common name: Horehound (white))” and “Respiratory health”


ID 4075: “Mucuna pruriens seed” and “Reproduction”


ID 4077: “Mucuna pruriens seed” and “Antioxidant and Immunity”


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**ID 4078: “Menthae arvensis aetheroleum (Common names: Mint oil, Cornmint oil)” and “Respiratory health”**


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**ID 4079: “Matricaria recutita L. (Common name: Chamomile)” and “Respiratory health”**


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**ID 4080: “Melatonin (including from plant sources e.g. Graminaceae, such as Festuca arundinacea)” and “Sleep patterns”**


ID 4081: “Nardostachys jatamansi rhizome” and “Nervous system”


ID 4088: “Nardostachys jatamansi rhizome” and “Heart”


ID 4093: “Pimpinella saxifraga L. (Common name: Burnet saxifrage)” and “Respiratory health”


ID 4094: “Pimpinella major (L.) Hudson (Common name: Great burnet)” and “Respiratory health”


ID 4095: “Piceae aetheroleum (Common name: fir needle oil)” and “Respiratory health”


ID 4096: “Plantago lanceolata L. (Common name: Ribwort plantain)” and “Respiratory health”


ID 4098: “Rosa centifolia petals” and “Mental”


ID 4106: “Rubia cordifolia root” and “Digestion”


ID 4108: “Rubia cordifolia root” and “Urinary and sugar metabolism”


ID 4109: “Rubia cordifolia root” and “Antioxidant and immunity”


ID 4111: “Rosae x centifolia L. (Common name: Cabagge rose)” and “Respiratory health”


ID 4112: “Reishi mushrooms (Ganoderma lucidum) and extracts” and “Immune support”

ID 4115: “Santalum album heartwood” and “Blood”


ID 4120: “Santalum album heartwood” and “Digestion”


ID 4122: “Sida cordifolia root and whole plant” and “Mental excitation / sleep / stress”


ID 4124: “Sida cordifolia root & whole plant” and “Urinary function”


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ID 4126: “Sida cordifolia root and whole plant” and “Antioxidant and immunity”


3. Dixit SP. 1978. Experimental studies on the immunological aspects of atibala (Abutilon indicum (Linn.) Sw.), mahabala (Sida rhombifolia Linn.), bala (Sida cordifolia Linn.) and bhumibala (Sida veronicaefolia Lam.). JRIM, 13, 50-66.


ID 4127: “Solanum nigrum whole plant” and “Urinary”


ID 4133: “Symplocos racemosa bark” and “Blood”


ID 4135: “Symplocos racemosa bark” and “Mouth”

**ID 4137: “Symplocos racemosa bark” and “Joints”**


**ID 4143: “Salvia officinalis L. (Common name: Sage)” and “Respiratory health”**


**ID 4144: “Salvia lavandulaefolia essential oil” and “For cognitive performance”**


**ID 4146: “Trifolium pratense (Common Name: Red Clover)” and “Menopause”**

1 AFSSA (Agence Française de Sécurité Sanitaire des Aliments), 2005. Safety and benefits of phytoestrogens found in food.


ID 4148: “Terminalia belerica fruit” and “Digestion”


ID 4150: “Terminalia belerica fruit” and “Antioxidant properties: protection of body tissues, cells, membranes and lipids from oxidative damage (such as the oxidation of polyunsaturated fatty acids in red blood cell membranes)”


ID 4152: “Terminalia belerica fruit” and “Cholesterol”

**ID 4154: “Terminalia belerica fruit” and “Glucose metabolism, energy and libido”**


**ID 4156: “Terminalia chebula fruit pericarp” and “Gastrointestinal health and nutrition / digestion”**


**ID 4160: “Terminalia chebula fruit pericarp” and “Respiratory”**


**ID 4162: “Terminalia chebula fruit pericarp” and “Cardiovascular and cholesterol”**


**ID 4163: “Terminalia chebula fruit pericarp” and “Antioxidant properties: protection of body tissues, cells, membranes and lipids from oxidative damage (such as the oxidation of polyunsaturated fatty acids in red blood cell membranes)”**


ID 4165: “Terminalia chebula fruit pericarp” and “Urinary and glucose metabolism”


ID 4166: “Thymus serpyllum L. (Common name: Wild thyme)” and “Respiratory health”

ID 4167: “Thymus vulgaris L. (Common name: Thyme)” and “Respiratory health”
1 Thyme (Health Products and Food Branch of Health Canada, the Natural Health Products Directorate, NHPD) Food and Drug Regulations.

ID 4168: “Thymus zygis L. (Common name: Thyme)” and “Respiratory health”

ID 4169: “Tilia cordata Mill. (Common names: Bast-small-leaved lime, Linden)” and “Respiratory health”

ID 4170: “Tilia platyphyllos Scop. (Common names: Large-leaved lime, Linden)” and “Respiratory health”


ID 4173: “Tinospora cordifolia stem” and “Liver and lipid metabolism”


**ID 4174: “Tinospora cordifolia stem” and “Genitourinary and glucose metabolism”**


**ID 4178: “Tribulus terrestris fruit” and “Urinary & Reproductive”**


**ID 4181: “Tribulus terrestris fruit” and “Cardiovascular”**


**ID 4182: “Tribulus terrestris fruit” and “General health”**


**ID 4185: “Trigonella foenum-graecum seed” and “Postpartum care, elimination and menses”**


ID 4186: “Trigonella foenum-graecum seed” and “Glucose metabolism”


ID 4187: “Trigonella foenum-graecum seed” and “Lipid metabolism”


ID 4188: “Verbena officinalis L. (Common name: Common vervain)” and “Respiratory Health”


ID 4189: “Verbascum denisiflorium Bertol. (Common names: Common Mullein, Mullein)” and “Respiratory Health”


ID 4190: “Verbascum phlomoides L. (Common names: Orange Mullein, Mullein)” and “Respiratory Health”

ID 4191: “Water-ethanol extract of Caralluma fimbriata” and “Helps reduce size of waist”

ID 4192: “Water-ethanol extract of Caralluma fimbriata” and “Helps reduce body weight”

ID 4193: “Water-ethanol extract of Caralluma fimbriata” and “Helps reduce appetite”

ID 4194: “Withania somnifera root” and “Mental, stress and sleep”
9 Khan B, Ahmad SF, Bani S, Kaul A, Suri KA, Satti NK, Athar M, Qazi GN, 2006. Augmentation and proliferation of T lymphocytes and Th-1 cytokines by Withania somnifera in stressed mice. Int Immunopharmacol, 6, 1394-1403.

ID 4198: “Withania somnifera root” and “Reproduction”

ID 4200: “Zingiber officinale rhizome” and “Immunity and antioxidant”


ID 4202: “Gélatine” and “Hair beauty and health”


ID 4203: “Food supplement Green Tea Extract rich in EGCG, Vitamin C, Caffeine, Carnitine” and “Fat metabolism / Weight management”


ID 4204: “Food supplement Green Tea Extract rich in EGCG, Vitamin C, Caffeine, Carnitine” and “Fat metabolism / Weight management”


ID 4205: “Food supplement Green Coffee Extract rich in Chlorogenic Acids, Vitamin B8, Chromium, Green Tea Extract” and “Weight management”

**ID 4210**: “préparation pour boisson à base de plantes” and “aide à la prise de décisions chez les personnes hésitantes”


**ID 4211**: “préparation pour boisson à base de plantes” and “aide à se libérer des petites "manies"”


**ID 4220**: “fruits, cassis, antioxydants” and “Les antioxydants du cassis (anthocyanines) sont assimilés par l'organisme. Ils sont ensuite excrétés dans les urines”


**ID 4222**: “Valeriana officinalis (Common Name: Valerian)” and “Mental health”


36 UMMC (University of Maryland Medical Center), Valerian, http://www.umm.edu/cgi-bin/printpage.cgi.


ID 4223: “Food supplement with 5-hydroxytryptophane (5-HTP)” and “Satiety”


ID 4224: “DL-Methionine and L-cystine sulphur amino acids” and “Hair and nail resistance and growth”


ID 4225: “Couch grass (rhizome) Agropyrum repens (= Elytrigia repens )” and “Health of bladder and lower urinary tract”


ID 4226: “Ribose” and “Maintenance of ATP levels, exercise performance, exercise recovery”


ID 4227: “Bifidobacterium animalis ssp. lactis BB-12®, Lactobacillus acidophilus LA-5®, Lactobacillus bulgaricus LBY-27® and Streptococcus thermophilus STY-31®” and “helps maintain intestinal comfort during travel (mainly in geographical areas of questionable hygienic standard) by reducing the frequency of loose stools.”


Black FT, 1996. Placebo-controlled double blind trial of 4 lactobacilli strains (HIP) used as prophylactic agent against traveller’s diarrhe (2 trials). Bioconsult, GmbH, Austria.


ID 4228: “Bifidobacterium animalis ssp. lactis Bf-6/Bif-6/CB111” and “Intestinal flora / Digestive health”


2 PROSAFE – Biosafety evaluation of probiotics used for human consumption (QLRT-2001-02173).

3 Chang YW, 2002 Survival of Bifidobacterium longum in simulated gastrointestinal juices. MSc Thesis, University of Missouri, Columbia.


ID 4229: “Lactobacillus johnsonii La-1/ACD-1/CLbA22” and “Intestinal flora / Digestive health”

ID 4230: “Lactobacillus johnsonii La-19/CLbA5” and “Intestinal flora / Digestive health”
1 PROSAFE – Biosafety evaluation of probiotics used for human consumption (QLRT-2001-02173).

ID 4231: “Bifidobacterium animalis ssp. lactis Bf-6/Bif-6/CB111 and Lactobacillus johnsonii La-1/ACD-1/CLbA22 (A/B-61)” and “Intestinal flora / Digestive health”
2 PROSAFE – Biosafety evaluation of probiotics used for human consumption (QLRT-2001-02173).


ID 4236: “Pectine de pomme: Dry extract of Pirus malus (apple pectin)” and “Weight management and lipid control (via fiber)”


ID 4238: “Fluorided salt” and “Oral health”


ID 4239: “Beta Carotene” and “Le beta-carotène est transformé par l’organisme en vitamine A qui joue un rôle dans la vision”

1 Avis de la commission interministérielle d’étude des produits destinés à une alimentation particulière (CEDAP) en date du 18 décembre 1996 sur les recommandations relatives au caractère non trompeur des seuils des allégations nutritionnelles fonctionnelles. BOCCRF (Bulletin Officiel de la Concurrence, de la Consommation et de la Répression des fraudes) du 7 octobre 1997.

ID 4240: “Combination of argan, Camelina and Oenothera oils rich in essential fatty acids” and “Skin nutrition and balance w6/w3 fatty acids”


ID 4241: “Huile de noisettes: Hazel nut (Corylus avellana) oil” and “Skin care”


ID 4242: “Huile de carthame: Safflower oil” and “Hair beauty and health”


ID 4243: “Huile de foie de morue : Cod liver oil standardized in vitamin A, EPE and HA” and “Skin care”


ID 4244: “Huile d'olive” and “L'huile d'olive permet de réguler le glucoses dans le sang”

ID 4245: “Soyfoods (isoflavones)” and “Antioxidant status”


ID 4247: “Corn protein hydrolysate titrated at 29 % glutamine” and “Overtraining and effort prevention”


ID 4248: “Corn protein hydrolysate titrated at 29% glutamine” and “Physical performance”


ID 4249: “Phosphatidylcholine” and “Muscular recovery”


ID 4250: “Phosphatidylcholine” and “Neuromuscular function”

ID 4251: “Phosphatidylcholine” and “Performance”

ID 4252: “Glycomacropeptide” and “Weight management / satiety”
2 Burton-Freeman BM, 2008. Glycomacropeptide (GMP) is not critical to whey-induced satiety, but may have a unique role in energy intake regulation through cholecystokinin (CCK). Physiology and Behavior, 93, 379-387.

ID 4253: “Hydrolysat de protéines de lait: milk protein hydrolysate concentrated with 1,7 % of alphaS1 decapeptide (=Lactium)” and “Stress”
2 Lanoir D, Canini F, Bourdon L, Comparison of LactiumTM to a placebo in a doubleblind parallel trial stratified on gender. Performed in the Department of Human factors, Centre de Recherches du Service de Santé des Armées, 38 700 La Tronche (France).

**ID 4254:** “Dry isoflavones soya extract” and “Hair growth and loss”


**ID 4255:** “Complexe anti-oxydant: antioxidant complex” and “Skin care, skin ageing”

ID 4256: “Commiphora mukul (Common Name: Guggulu)” and “Cholesterol”


ID 4259: “Primula veris L. syn. Primula officinalis L. (Common name: Cowslip)” and “Respiratory health”


ID 4260: “Trigonella foenum-graecum (Common Name: Fenugreek)” and “Glucose metabolism”


ID 4261: “Angelica archangelica (Common Name: Angelica)” and “Appetite”


ID 4262: “Eucalypti aetheroleum (Common name: Eucalyptus oil)” and “Respiratory Health”


ID 4270: “Ornithine” and “Ornithine helps to normalize liver function”


ID 4274: “The food component is a mix of linoleic acid and gamma-linolenic acid” and “Ocular comfort”


ID 4276: “Cocoa (Theobroma cacao L.)” and “Maintenance of a normal mental health (well-being feeling, relaxation)”


ID 4278: “Black currant (Ribes nigrum L.)” and “Vein health”

1 Allaert FA, Vin F, Levardon M, 1992. [Comparative study of the effectiveness of continuous or intermittent courses of a phlebotonic drug on venous disorders disclosed or aggravated by oral, estrogen-progesterone contraceptives]. Phlebologie, 45, 167-173.


**ID 4279: “Mix of vitamins B : B1, B2, B5, B6, B8, B9, B12, PP” and “Resistance to stress and fatigue”**


**ID 4280: “Mix of vitamins B: B1, B6, B9, B12, PP” and “Mental performance”**


ID 4281: “Mix of vitamins B1,B6, B9, B12,PP” and “Concentration and learning memory”


ID 4282: “Mix of vitamins B : B5, B8” and “Hair and nail growth and resistance”


ID 4283: “Vitamin B6” and “Cystine synthetis and incorporation in keratin”


ID 4284: “Vitamins B1, B2, PP and magnesium” and “Energy-yielding metabolism”


ID 4285: “Vitamine C, vitamine E, beta-carotene” and “Antioxydant action”


ID 4286: “Vitamine C, vitamine E, beta-carotene” and “Antioxydant action”


ID 4287: “Vitamine C, vitamine E, bêta-carotène” and “Antioxydant action”

ID 4288: “Beta-carotene, vitamine C, vitamine E et sélénium” and “antioxydant action”


ID 4289: “Vitamine E and Sélenium” and “Antioxydant action”


ID 4290: “Vitamine E and Sélenium” and “antioxydant action”


ID 4291: “Magnesium, vitamine C” and “Contributes to energy metabolism by inducing Dibutyryl cyclic AMP increase which is a precursory of ATP (adenosine triphosphate)”


ID 4292: “Magnesium, vitamine B1, vitamine C” and “Contributes to energy metabolism by inducing Dibutyryl cyclic AMP increase which induces fat burning”


ID 4293: “Zinc” and “Zinc contributes to protein synthetis, namely keratine and collagen which belong to hair, skin and nail structure”


**ID 4294: “Fish oil (EPA, DHA)” and “Membranes cell structure”**


**ID 4295: “Fish oil (EPA, DHA)” and “Membranes cell structure”**


**ID 4296: “Borage oil (GLA= gamma linolenic acid)” and “Membranes cell structure”**


**ID 4297: “Cystine (wheat extract)” and “hair growth”**


**ID 4298: “Name of Food product: Low Calorie Sweetener / Table-top Sweetener (Granular & tablets - sucralose based) Description of food in terms of food legislation categories: food not covered by specific food legislation Was food on Irish market before 1st July 2007: Yes” and “Health benefits of food: intense sweeteners have no effect on carbohydrate metabolism or short or long term blood glucose Do benefits relate to a disease risk factor: No Target group: All of the general population including children and adults”**

5 FDA (Food and Drug Administration), 2005. Food Additives Permitted for Direct Addition to Food for Human Consumption; Sucralose. Federal Register, 63, 16417-16433.
6 FSAI (Food Safety Authority of Ireland), 2005. Surveillance Study of the Sweetener Sucralose (E 955) in Irish Retail Products.

ID 4299: “Name of Food product: Low Calorie Sweetener / Table-top Sweetener (Granular & tablets - sucralose based) Description of food in terms of food legislation categories: food not covered by specific food legislation Was food on Irish market before 1st July 2007: Yes” and “Health benefits of food: intense sweeteners help to maintain a healthy body weight; intense sweeteners help to control calorie intake Do benefits relate to a disease risk factor: No Target group: All of the general population including children and adults”

6 FSAI (Food Safety Authority of Ireland), 2005. Surveillance Study of the Sweetener Sucralose (E 955) in Irish Retail Products.


ID 4300: “Name of Food product: Low Calorie Sweetener / Table-top Sweetener (Granular & tablets - sucralse based) Description of food in terms of food legislation categories: food not covered by specific food legislation Was food on Irish market before 1st July 2007: Yes” and “Health benefits of food: "intense sweeteners are not cariogenic intense sweeteners do not promote tooth decay this table top sweetener is safe for teeth" Do benefits relate to a disease risk factor: No Target group: All of the general population including children and adults”


6 FSAl (Food Safety Authority of Ireland), 2005. Surveillance Study of the Sweetener Sucralose (E 955) in Irish Retail Products.


benefits of food: Coffee naturally contains antioxidants that may support the body’s natural cell defences. Do benefits relate to a disease risk factor: No. Target group: All adults aged 18 years and over”


ID 4302: “Name of Food product: Club Energise Sport / Energise Sport (orange, blackcurrant, lemon). Description of food in terms of food legislation categories: Food intended to meet the expenditure of intense muscular effort, especially for sports people. Was food on Irish market before 1st July 2007: Yes” and “Health benefits of food: Contains essential electrolytes for better recovery. Do benefits relate to a disease risk factor: No. Target group: All adults aged 18 years and over”


ID 4305: “Carnitine” and “ERGOGENIC role in sports and exercise”


ID 4307: “Whey protein isolate (Lacprodan DI-9212)” and “Increase muscle synthesis”


ID 4308: “Dietary fibre” and “Reduction of glycemic response”


SNF (Swedish Nutrition Foundation), 2002. Statement concerning evaluation of the scientific documentation behind a product specific health claim (Primaliv yoghurt (200g) with müsli (26.5g)).


ID 4309: “Name of Food product: Club Energise Sport / Energise Sport ( orange, blackcurrant, lemon)” and “Health benefits of food: Contains essential electrolytes for better recovery. Do benefits relate to a disease risk factor: No. Target group: All adults aged 18 years and over”


ID 4311: “Shells of Ostrea spp./Crassastrea spp. (oyster shells) are rich source of calcium (calcium carbonates)” and “Bone health”


ID 4312: “Dolomite is a rich source of calcium CaMg(CO3)2” and “Bone health”


ID 4313: “Brewer’s yeast (Saccharomyces cerevisiae)” and “Digestive process/promotes intestinal well-being/can bind pathogenic bacteria/increases the activity of digestive enzymes”


ID 4314: “Orthosiphon stamineus (java tea) leaves” and “Health of urinary function: Supports drainage of water from the body/Has diuretic properties”


ID 4321: “Dog rose (Rosa canina) fruit” and “Is a rich source of vitamin C that has immunostimulating activities”


chromatography-mass spectrometry, and their rapid quantification together with vitamin C. J Chromatogr A, 1077, 170-180.


ID 4324: “Bacopa monnieri whole plant” and “Antioxidant”


ID 4325: “Betaine” and “Heart health and vascular system”


ID 4326: “Decaffeinated green (unroasted) coffee bean extract produced from Coffea canephora robusta (plant:extract ratio between 6:1 to 8:1).  The active ingredients contained in the green coffee extract are chlorogenic acids (>45% w/w). The chlorogenic acids mainly comprise the 3 isomers of caffeoylquinic acid, 3 caffeoylquinic acid, 4-caffeoylquinic acid, and 5-caffeoylquinic acid. The green coffee extract also contains dicaffeoylquinic acids (3,4-, 3,5-, and 4,5-dicaffeoylquinic acid) and feruloylquinic acids (3-, 4-, and 5-feruloylquinic acid) at levels of 9.6 and 13.2% of total chlorogenic acids, respectively. Example of Specifications for Decaffeinated Green Coffee Extract.

<table>
<thead>
<tr>
<th>Specification Parameter</th>
<th>Specification</th>
</tr>
</thead>
<tbody>
<tr>
<td>Appearance</td>
<td>Fine powder</td>
</tr>
<tr>
<td>Colour</td>
<td>Yellow</td>
</tr>
<tr>
<td>Flavour Characteristic</td>
<td></td>
</tr>
<tr>
<td>Identification (UV profile in methanol) Maximum at 325 ± 5 nm</td>
<td></td>
</tr>
<tr>
<td>Particle size</td>
<td>60 to 400 mesh</td>
</tr>
<tr>
<td>Total polyphenols</td>
<td>50 to 55%</td>
</tr>
<tr>
<td>Total chlorogenic acids</td>
<td>45 to 50%</td>
</tr>
<tr>
<td>5-Caffeoylquinic acid</td>
<td>10 to 15%</td>
</tr>
<tr>
<td>5-Caffeoylquinic acid/total chlorogenic acid ratio</td>
<td>0.2 to 0.3</td>
</tr>
<tr>
<td>Caffeine</td>
<td>Less than 2%</td>
</tr>
</tbody>
</table>

More detailed compositional data is available upon request” and “Promotes weight-loss and weight-control in overweight healthy adults by reducing glucose uptake in the gastrointestinal system/absorbance from the gut (by regulating glucose homeostasis in the liver, thus promoting the use as fat as a source of energy in the body)”


ID 4327: “Rose Hip Rosa Canina L” and “Antioxidant properties”


ID 4329: “Emblica officinalis (common name : Amla)” and “Healthy ageing”


ID 4330: “Soluble Fibre (from oat, psyllium, pectin or guar gum)” and “Lipid Metabolism”


ID 4332: “Decrease of saturated fatty acids” and “Cardio-vascular system”


ID 4333: “Decrease of trans fatty acids” and “Cardio-vascular system”


ID 4334: “Monounsaturated fatty acids (mainly oleic acid)” and “Cardio-vascular system”

ID 4335: “Polyunsaturated fatty acids” and “Cardio-vascular system”


ID 4347: “Agropyron repens-Rhizoma-Couch Grass” and “Blood Health”


ID 4351: “Amaranthus caudatus-Herba-Amaranth” and “Antioxidant Activity”


ID 3453: “Anogeissus latifolia-gum-Combretaceae-Dhava-Axle Wood” and “Prostate and Urinary Health due to calcium salt of polysaccharide acid”


ID 4357: “Arctium lappa-Roots-Burdock” and “Organism draining”


ID 4365: “Betonica officinalis-herb-Lamiaceae-Creţişor-Wood Betony” and “Antioxidant Activity”

ID 4367: “Betula pubescens-verrucosa-Buds-Birch Silver” and “Contributes to body defence against external agents”

ID 4380: “Chelidonium majus-leafs-Papaveraceae-Rostopască-Greater Celandine” and “Antioxidant Activity”

ID 4390: “Cordyceps sinensis-fungus larvae-mycelium” and “Antioxidant due to polysaccharides content”

ID 4394: “Cuscuta chinensis-Chinese dodder-seeds” and “Antioxidant effect due to flavonoids”

ID 4397: “Eclipta alba-aerial parts-Trailing eclipta plant, Bhringaraj” and “Antioxidant Activity”


ID 4406: “Ganoderma lucidum-Mashroom-Reishi mushroom” and “Blood Cholesterol”


ID 4407: “Ganoderma lucidum-Mashroom-Reishi mushroom” and “Physical Well-being”


ID 4415: “Hippophae rhamnoides-berry-oil-Sea buckthorn berry oil” and “Antioxidant mainly due to phenolic compounds as well as high amounts of carotenoids and vitamins C and E.”


ID 4416: “Hordeum vulgare-Herba-Barley” and “Antioxidant Activity”


**ID 4418:** “Hordeum vulgare-Herba-Green Barley” and “General tonic Vitamins and mineral supplementation from natural source”


**ID 4424:** “Juglans regia-Buds-Walnut” and “Acting as radical scavengers in the protection of skin cells”


**ID 4432:** “Lycopodium clavatum-herb-Lycopodiaceae-Pedicuţă-Clubmoss Common” and “Urinary health”


**ID 4438:** “Medicago sativa-herb-Alfalfa” and “Metabolic benefits”


**ID 4440:** “Medicago sativa L.-Flowering herb-Alfalfa” and “Vitalizing”


**ID 4442:** “Melilotus officinalis-Herba-Melilot” and “Blood Health”

ID 4452: “Oenothera biennis-evening primrose-seeds oil” and “Reduces lipids due to gamma-linoleic acid (GLA)”


ID 4453: “Oenothera biennis-evening primrose-seeds oil” and “Reduces cholesterol due to gamma-linoleic acid (GLA)”


ID 4454: “Oenothera biennis-evening primrose-seeds oil” and “Anti-inflammatory due to gamma-linoleic acid (GLA)”


ID 4455: “Origanum vulgare-oregano-leaves” and “Antioxidant properties due to phenolic compounds, especially rosmarinic acid”


ID 4457: “Parmelia perlata-herb-Parmeliaceae-Saileya-Parmelia” and “Purification”


ID 4458: “Phyllanthus niruri-herb-Euphorbiaceae-Bhumyamalaki-Laurel Seaside” and “Urinary Health”


ID 4464: “Polygonum cuspidatum-Japanese knotweed rootss and stems” and “Antioxidant due to stilbene compound resveratrol”


ID 4471: “Punica granatum-fruits-Punicaceae-Dadhima-Pomegrante” and “Glucose Metabolism”

ID 4472: “Quercus pedunculata-Buds-Oak” and “Contributes to the resistance against external agents”


ID 4489: “Taraxacum officinalis-Flowering plant-Dandelion” and “Purification”


ID 4492: “Thymus serpyllum-Herba-Garden Thyme” and “Urinary system benefits”


ID 4496: “Triticum aestivum-Herba-Green Wheat” and “Vitamins and minerals supplementation”


ID 4501: “Vaccinium vitis idaea, herba” and “Bones and Joins Health”

4. IBA Bucharest (Institute of Food Bioresources), Notification.
ID 4506: “Viola tricolor-Herba-Pansy” and “Blood Health”

1 Notification to the Institute for Public Health "Prof.Dr.Iuliu Moldovan" Cluj Napoca – notification nr. 747/25.11.2003 (capsule).

ID 4507: “Withania somnifera-roots-Ashwagandha, Winter cherry” and “Antioxidant Activity”


ID 4509: “Zea mays-Radicles-Maize, Cornsilk” and “help restoration of myocardial tissue”


ID 4510: “Aloe vera folium, Sambucus ebulus radix, Sambucus nigra fructus, Taraxacum officinale folium, Orthosiphon stamineus folium (aloe leaves, danewort root, black elder fruits, dandelion leaves, java tea leaves)” and “Support the natural mechanism for body’s purification because of flavonoids, sterols and mucilages, constituients present in this plants combination.”


Council of Europe, European Pharmacopoeia.


ID 4513: “Arctium lappa radix, Urtica dioica herba, Taraxacum officinale herba (burdock root, nettle herb, dandelion herb)” and “Support the natural mechanism for body’s purification because of flavones and polyphenol-carboxilic acids, constituents present in this plants combination.”


University of Maryland Medical Centre, Dandelion, http://www.umm.edu/altmed/articles/dandelion-000236.htm.


USDA (United States Department of Agriculture) and NRCS (Natural Resources Conservation Service), The Plants Database, http://plants.usda.gov.


ID 4515: “Betula alba folium, Cerasus avium stipites, Equisetum arvense herba, Phaseolus vulgaris fructus sine semine, Achillea millefolium herba, Agropyron repens radix, Zea mays stigma, Galium verum herba, Lavandula officinalis flos, Mentha piperita herba (sweet birch leaves, cherry stalk, horsetail herb, bean pod, Yarrow herb, couch grass root, corn silk, lady’s bedstraw herb, lavender flowers, peppermint herb)” and “Maintain urinary health because of flavones, volatil oil, silicic acid and potassium, constituients present in this plants combination.”

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ID 4518: “Betula alba folium, Urtica dioica herba, Agropyron repens radix (sweet birch leaves, nettle herb, couch grass root)” and “Maintain kidneys health because of flavones, saponines, constituents present in this plants combination”

1 Bulletin Officiel No. 90/22 bis.
2 Pharmacopée Française. 1983.


**ID 4528:** “Camellia sinensis folium, Ilex paraguariensis folium (tea bush leaves, mate leaves)” and “Helps to protect from oxidative stress because of polyphenols and catechines, constituents present in the plants combination.”


ID 4533: “Capsella bursa pastoris herba, Betula alba folium, Melilotus officinalis herba, Polygonum aviculare herba, Agropyron repens radix (shepard’s purse, herb sweet birch leaves, melilot herb, knotweed herb, couch grass root)” and “Maintain cardiovascular health because of flavonoids, volatil oil compounds, silicic acid and potassium, constituients present in this plants combination.”

ID 4542: “Citrus reticulata pericarpum, Camellia sinensis leaves, Rosa canina fructus, Hibiscus sabdariffa flos (mandarin rind, tea bush leaves, rosehip fruits, red sorrel flowers)” and “Helps to protect the body from free radicals because of catechins, polyphenols and ascorbic acid, constituents present in plant combination.”

ID 4544: “Convolvulus arvensis herba, Plantago species folium, Juniperus communis fructus, Taraxacum officinale herba, Salvia officinalis herba, Crataegus monogyna folium et flore, Hypericum perforatum herba (field bindweed herb, plantain leaves, juniper fruit, dandelion herb, sage herb, hawthorn flowers and leaves, St. John’s Wort herb)” and “Favorise toxin elimination because of resins, lactones, catechins, flavonoides and volatil oil, constituients present in this plants combination.”

6 Council of Europe, European Pharmacopoeia.
8 Federal Republic of Germany, Indikationsliste nach § 109 a AMG.

ID 4563: “Foeniculum vulgare aetheroleum, Eucalyptus globulus aetheroleum, Abies alba aetheroleum (fennel essential oil, eucalypt essential oil, silver fir essential oil)” and “Maintain urinary health because of the volatil oils compounds, present in this plants combination.”

1 Aetheroleum Eucalypi / Preclinic study in progress made with family doctors from Orastie city.
**ID 4565:** “Foeniculum vulgare fructus, Ruscus aculeatus radix, Ononis spinosa radix, Asparagus officinalis radix, Petroselinum hortense radix (bitter fennel fruits, butcher's broom root, thorny restharrow root, asparagus root, parsley root)” and “Maintain the normal state of kidney because of steroidal saponine, volatile oil and flavonoids, constituents present in this plants combination.”

ID 4599: “Ononis spinosa radix, Polygonum aviculare herba, Mentha piperita herba, Achillea millefolium herba, Matricaria recutita flos (thorny restharrow root, knotweed herb, peppermint herb, yarrow herb, chamomile flower)” and “Maintain urinary tract health because of saponosides, flavonoides and volatile oils, constituents present in this plants combination.”
ID 4611: “Q10 with Sea Buckthorn Oil, Q 10, Hippophae oleum, Q 10 , Hippophae oleum” and “antioxidant properties”


Orășeanu D, Mărgineanu G, Dan E, 2005 Clinical study on the effects of the bionutrient Spirulina and Seabuckthorn oil in patients with bronchial asthma. Emergency Clinical Hospital "Grigore Alexandrescu", Bucharest.


ID 4613: “Ribes nigrum fructus, Rosa canina fructus (blackcurrant fruits, wild dog rose fruits)” and “Enhance general state of the organism / Helps body for properly functioning”


ID 4628: “Solanum dulcamara stipes, Fumaria officinalis herba, Ulmus minor cortex, Arctium lappa radix, Rumex Patienta radix, Smilax sarsaparilla radix (bitter nightshade steam, fumitory herbs, field elm bark, burdock root, patience root, smilax root)” and “Favorise toxin elimination because of saponis, polyphenols, phytosterols and anthracene derivates, constituients present in the plants combination.”

Pharmacopoea universalis oder Übersicht der Pharmacopoen von Amsterdam, Antwerpen, Dublin, Edinburgh, Ferrara, Genf, London, Oldenburg, Würzburg; deren America's, Dänemarks's, Finnland's, Frankreich's, Hannover's, Hessen's, Holland's, der Niederlande, Oesterreich's, Polen's, Portugal's, Prueßen's, Rußland's, Sachsen's, Sardinien's, Schweden's, Spanien's, Würtemberg's; der Dispensatorien von Braunschweig, Fulda, Hessen, Lippe und der Pfalz; der Militärpharmacopoen Dänemark's, Frankreich's, Prueßen's, Rußland's und von Würzburg; der Armenpharmacopoen von Hamburg; der Formularien und Pharmacopoen Augustin's, Bories's, Brera's, Brugnatelli's, Cadet de Gassicourt's, Cor's, Ellis's, Ferrarini's, Hufeland's, Magendie's, Piderit's, Pierquin's, Ratier's, Saunders's, Sainte-Marie's, Spielmann's, Swediaur's, Taddei's und van Mons's. 1829. Großherzoglich Sächsicher privilegierter Landes-Industrie-Comptoir, Weimar.


ID 4629: “Taraxacum officinale, folium-Dandelion, leaves 40mg. , Betula pendula, leaves (European white Birch, leaves 50mg. , Viola tricolour, herba , (Johnny Jumpup , herbs) 50mg., Achillea millefolium, herba(Common Yarr) 40 mg-Urtica dioica, folium (Stinging nettle, leaves) 40 mg/cps” and “Antioxidant Activity”

3 IBA (Institute of Food Bioresources), 2006. Notification from the Institute of Food Bioresources nr. 2018/12.07.2006

ID 4639: “Viola tricolor herba, Cichorium intybus radix, Arctium lappa radix, Betula alba folium, Juniperus communis Fructus, Sambucus nigra flos, Fraxinus excelsior folium (wild pansy herb, chicory root, burdock root, sweet birch leaves, juniper fruit, black elder flowers, ash leaves)” and “Support the natural mechanism for body’s purification because of potassium, sesquiterpene lactones, polyphenols and volatil oil, constituients present in this plants combination.”


ESCOP (The European Scientific Cooperative on Phytotherapy), 2003. ESCOP monographs on the medicinal uses of plant drugs.


ID 4659: “Bee pollen” and “Protection of the body against the free radicals damage / oxidative damage”


ID 4660: “Beta-carotene” and “Precursor for vitamin A (which deficiency in organism leads to hair loss and teguments damage)”


ID 4661: “Biotin” and “Role in protein and amino acid metabolism”


ID 4662: “Bromelain” and “Digestive system benefits”


ID 4663: “Chitosan-Natural insoluble fibre from crustaceans shell” and “Stimulates the regulation of cholesterol levels due to O-carboxymethyl chitosan”


ID 4664: “Chitosan-Natural insoluble fibre from crustaceans shell” and “Stimulates the intestinal transit by volume effect”


ID 4665: “Chromium” and “Promotes carbohydrates catabolism by potentiating insulin action and thereby influencing carbohydrates metabolism”


ID 4666: “Chromium” and “Promote fat catabolism by potentiating insulin action and thereby influencing lipid metabolism”

ID 4667: “Chromium” and “Glucose Metabolism”


ID 4668: “Coenzyme Q10” and “Energizing by stimulating the obtainance of adenosine triphosphate from the cellular energetic processes”


ID 4669: “Essential amino acids: 25 mg lysine chloride” and “Lowers cholesterol levels”

1 UMM (University of Maryland Medical Center), Lysine, http://www.umm.edu/altmed/articles/lysine-000312.htm; www.umm.edu/altmed/ConsSupplements/Print/Lysinecs.html.

ID 4670: “Essential fatty acid Linolenic Acid (LA-omega 6)” and “Molecule precursors regulating cell functions (prostaglandins, leucotrienes)”


ID 4671: “Essential fatty acid Linolenic Acid (LNA-omega 3)” and “Molecule precursors regulating cell functions (prostaglandins, leucotrienes)”

ID 4672: “Glucosamine sulphate” and “Health of bones and joints, as a structural component of the cartilage”


ID 4678: “Honey” and “Helps heart health and to maintain a balanced level of cholesterol and lipids in the body”


**ID 4679: “Honey” and “Energy metabolism”**


**ID 4680: “L/arginine” and “Normal blood circulation as a nitric oxide precursor”**


**ID 4681: “L/arginine” and “Structural aminoacid for muscular growth Increases muscle mass”**

ID 4682: “L/arginine” and “Supporting spermatogenesis and local pelvic microcirculation”


ID 4683: “L/arginine” and “Ureogenesis by increasing ammonia clearance in the body”


**ID 4684:** “L/carnitine” and “Fat metabolism by mediating the transport of long-chain fatty acids across the inner mitochondrial membrane”


**ID 4685:** “L/cysteine” and “Healthy hair and nails by stabilizing protein structure and aids in the formation of collagen”


**ID 4686:** “L/methionine” and “Hair health as supplier of sulfur”

ID 4687: “Lecithin -phosphatidyl choline” and “Helps heart health and to maintain a balanced level of cholesterol and lipids in the body”


ID 4688: “Omega 3-Fatty acids containing eicosapentaenoic acid-EPA and docosahexaenoic acid (DHA)” and “Anti-inflammatory action due to EPA and DHA”

2. FDA (Food and Drug Administration), 2009. FDA Announces Qualified Health Claims for Omega-3 Fatty Acids. P04-89.

ID 4689: “Omega 3-Fatty acids containing eicosapentaenoic acid-EPA and docosahexaenoic acid (DHA)” and “Hypolypemic agent due to EPA and DHA”

2. FDA (Food and Drug Administration), 2009. FDA Announces Qualified Health Claims for Omega-3 Fatty Acids.
5. NHPD (Health Products and Food Branch of Health Canada the Natural Health Products Directorate), 2009. Permitted Health Claims. Fish Oil.

ID 4690: “Omega 3-Fatty acids containing eicosapentaenoic acid-EPA and docosahexaenoic acid (DHA)” and “Immunomodulating agent due to EPA and DHA”

2. FDA (Food and Drug Administration), 2009. FDA Announces Qualified Health Claims for Omega-3 Fatty Acids.
5 NHPD (Health Products and Food Branch of Health Canada the Natural Health Products Directorate), 2009. Permitted Health Claims. Fish Oil.

**ID 4691: “Papain” and “Digestive system benefits”**


**ID 4692: “Pectins” and “Satiety”**


**ID 4693: “POLICOSANOL” and “Cardiovascular system benefit”**


**ID 4694: “Pollen-Bee pollen” and “Antioxidative agent due to vitamins and selenium content”**


**ID 4695: “Pollen-Bee pollen” and “Immunomodulating agent due to enzymes and vitamins content”**

1 Iarosh AA, Macheret EL, Zapadniuk BV, 1990. [Changes in the immunological reactivity of patients with disseminated sclerosis treated by prednisolone and the preparation Proper-Myl]. Vrach Delo, 83-86.
Royal jelly and "Helps heart health and to maintain a balanced level of cholesterol and lipids in the body"


ID 4698: “Saccaromyces cerevisiae-Brewer’s Yeast” and “Sanguine health”


ID 4699: “Triticum sativum-wheat bran-wheat” and “Large Intestine Health”


ID 4700: “Vitamin B3 (Niacin)” and “Normal structure and function of skin and mucous membranes (such as the intestine)”


ID 4701: “Vitamina A and β-caroten” and “Vision”


ID 4702: “Vitamina A and β-caroten” and “Structure and function of the skin and mucous membranes (such as in the lung, intestines, nose, eyes and female reproductive tract)”


ID 4703: “Yogurt-calcium” and “Calcium is essential for growth”


ID 4704: “Yogurt-calcium and proteins” and “Yogurt is a source of calcium and proteins, indispensable for bone development, mineralization, density and strength”

ID 4705: “Garlic, Onion, Soy Protein Concentrate, Sodium Caseinate Expanded Corn, Calcium carbonate, Magnesium Oxide, Zinc Oxide” and “Antioxidant Activity”


ID 4708: “CROM + VIT. B3, Chrom 200 mcg+ vit. B315mg” and “Weight Control”


ID 4709: “Fructose, L/Carnitine” and “Weight Control”


ID 4712: “Fructose, Glucose, Maltodextrine, Milk protein concentrate, 5.Soy protein concentrate, Creatine, Vitamin C, Magnesium Oxide, Zinc Oxide, Alimentary flavors” and “Muscular Development”


ID 4718: “Glucosamin 500 mg, chondroitin 440 mg, vit. PP 6 mg, Sodium selenit 4,8 mg.cps” and “Bones and Joints Health”

4 IBA Romania (Institute of Food Bioresources), 2007. Notification. 1586/04.05.2007.

ID 4719: “Pure salmon oil 500 mg. D alpha tocopherol10 mg.-cps” and “Blood Health”