

Committed *since 2002*  
to ensuring that Europe's food is safe



European Food Safety Authority

## **Additional Information**

# **Guidance on Food Additive**

**Anastasia Kesisoglou**

**Scientific Officer, FIP unit, EFSA**

**Stakeholders workshop**  
**21 September 2012, Brussels**

### **OBJECTIVE**

To examine specific biological processes, not fully considered under the core areas, to allow for an adequate risk assessment.

### **RATIONALE**

Allow an adequate risk assessment when additional information is necessary

# Additional toxicological studies

## General considerations

### End-points of interest:

- ADME (Human studies - volunteers)
- Immunotoxicity
- Hypersensitivity/Allergy & Food intolerance
- Neurotoxicity
- Endocrine activity
- Mechanisms and mode of action

*Consider all available data from core studies*

# Human studies

## General considerations

**Rationale:** Extremely valuable for risk assessment for human beings and diminishing the uncertainty in extrapolating from animal studies

### General considerations

- We encourage such studies, but not mandatory
- Not possible to rely on animal data for some endpoints (i.e. gastrointestinal discomfort)

#### ❖ Pre-requisites

- adequate animal and other data
- consider experience from human therapeutic agents
- compliance with ethical & legal standards (i.e. ethical body, consent by volunteers, etc)

# Human studies

## Types

### ❖ Human Volunteer studies:

#### ➤ ADME

- enhance the predictive value of testing in animals
- validate the experimental database acquired
- aid interpretation of adverse findings
- diminish uncertainties when extrapolating from animals

#### ➤ Tolerance

- investigations of symptoms not studied in animals (e.g. headaches, etc)

#### ➤ Other special studies

- allergy, behaviour or cognitive function

# Immunotoxicity

## General considerations

### ➤ Immunotoxicity

- induction of changes in immune response (i.e. immunosuppression or immunostimulation)
- preliminary indications of potential immunotoxicity

❖ **TIER 1** (Applicable to all additives)

### Indications of immunotoxic or immunomodulatory effects

- Repeated dose oral toxicity study (90-day) in rats (OECD TG 408)

## ❖ TIER 2

### Indications (or confirmation) of immunotoxic or immunomodulatory effects

- EOGRTS: cohort on developmental immunotoxicity in rats (OECD TG 443)
- chronic toxicity/carcinogenicity (OECD TGs 452, 451 or 453)

## ❖ TIER 3 (case-by-case approach)

### Specialised functional, mechanistic & disease model studies

- Further studies

(Guidance for Immunotoxicity risk assessment for chemicals – WHO/IPCS, 2012)

# Allergy/ Hypersensitivity, Food Intolerance Considerations

## ❖ Allergy (immunological origin)

- no validated studies
- dermal or inhalation sensitisation studies to be considered (if relevant)
- human data (from existing studies) available on oral food challenges & prick testing to be used
- evaluation of allergenic components (Guidance on Allergenicity of GMOs – EFSA, 2010)
- **weight of evidence approach**

## ❖ Intolerance reactions (no immunological origin)

- difficult to predict
- no validated experimental methods
- no clinical studies allowed prior to marketing
- data from post-marketing surveillance
- reporting of adverse effects (human studies)



# Neurotoxicity testing - Tiered approach

## **TIER 1** (applicable to all additives)

### **Indication of neurotoxic effects**

#### ❖ **End-points of interest:**

- Changes in clinical signs
- Functional observatory battery
- Motor activity
- Brain weight; histopathological changes

#### ❖ **Testing requirements:**

- Repeated dose oral toxicity study (90-day) in rats  
(**OECD TG 408**)

# Neurotoxicity testing - Tiered approach

## **TIER 2** (triggered by results at Tier 1)

### **Confirm or further characterise the neurotoxic response**

#### ❖ **End-points of interest:**

- Clinical observations
- Auditory startle; motor activity
- Neuropathology of F1 pups and adult animals

#### ❖ **Testing requirements:**

- EOGRTS: cohort on developmental neurotoxicity in rats  
(**OECD TG 443**)

*Consider information from other studies*

# Neurotoxicity testing - Tiered approach

## **TIER 3** (case-by-case approach)

### **Extensive behavioural and morphological tests**

#### ❖ **End-points of interest:**

- Clinical observations
- Auditory startle; motor activity
- Neuropathology of F1 pups and adult animals

#### ❖ **Testing requirements:**

- Developmental neurotoxicity in rats (**OECD TG 426**)

## ❖ Information on existing authorisations and evaluations: (PART II)

- date of and body which carried out the evaluation
- details of evaluation including critical studies and NOAELs/LOAELs and BMDL values
- any uncertainties, uncertainty factors used & safety values derived (e.g. ADIs)

## COMPREHENSIVE LITERATURE REVIEW