

# European trends in protein consumption

## Collagen peptides consumption on the rise, yet at niche levels

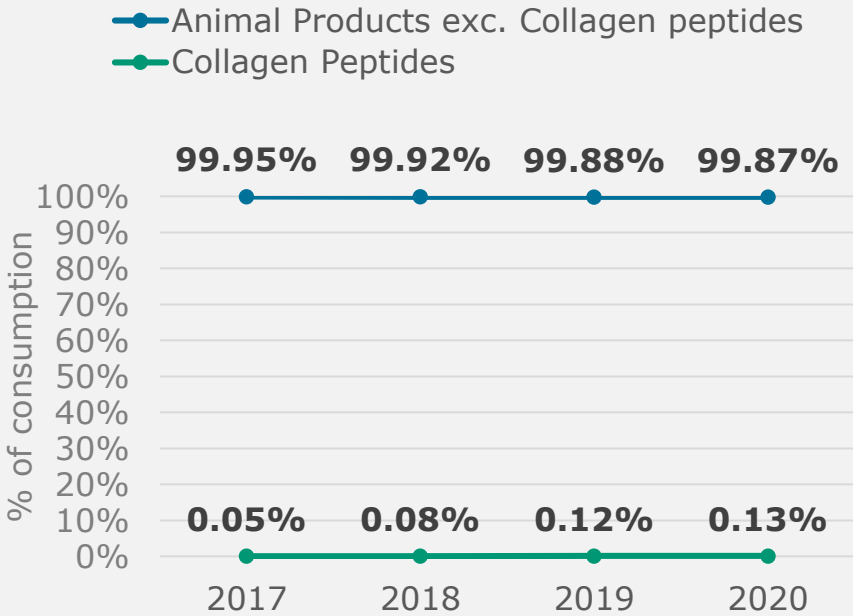
### Protein consumption overview

On average, an EU citizen consumed **22 kg per year of animal-based proteins** and 16 kg per year of plant-based proteins (FAOSTAT, 2018)

European Environment Agency

### Collagen Peptides in perspective

**% of Protein consumption from Animal Products in Europe**  
(based on kg/capita per year protein consumption)



\*Annual forecast based on '00-'13 CAGR, as per information available  
European Environment Agency

### Collagen Peptides consumption per capita

**Protein consumption from Collagen Peptides in Europe (kg/capita)**

