



UNCERTAINTY AND RECOMMENDATIONS

CONTAM Opinion on dioxins
and DL-PCBs in food and feed

Peter Fürst

Member of the EFSA WG Dioxins

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Uncertainty Analysis

The CONTAM Panel performed the evaluation of the inherent uncertainties in the assessment of **exposure** to PCDD/Fs and DL-PCBs:

- following the EFSA **Guidance of the Opinion of the Scientific Committee related to Uncertainties in Dietary Exposure Assessment** (EFSA, 2007)
- considering the WHO/IPCS report on '**Characterizing and Communicating Uncertainty in Exposure Assessment**' (WHO/IPCS, 2008)

Furthermore, uncertainties were reflected in

- **Hazard identification and characterization**
- **Dose-response assessment and HBGV derivation**
- **Risk characterization**

Summary of Uncertainty Analysis - EXPOSURE

Summary of qualitative evaluation of the impact of uncertainties on the risk assessment of exposure of PCDD/Fs and DL-PCBs in food

Sources of uncertainty	Direction
Extrapolation of the occurrence data to the whole of Europe	+/-
Consumption data: different methodologies / representativeness / underreporting / misreporting / no portion size standard	+/-
Use of data from food consumption surveys covering only a few days to estimate high percentiles (95th) long-term (chronic) exposure	+
Occurrence samples not sufficiently described (e.g. classified only at the 1 st level of FoodEx) were excluded	+/-
Imputation of missing fat percentages of certain foods in the Comprehensive Database	+/-
Effect of cooking/processing not taken into account	+/-
Contribution of other persistent AHR agonists	-

+ = uncertainty with potential to cause over-estimation of exposure/risk
 - = uncertainty with potential to cause under-estimation of exposure/risk

Summary of Uncertainty Analysis – HAZARD ID/HC

Sources of uncertainty	Direction
Uncertainty in the relative potency of PCB-126	+
Uncertainties in WHO ₂₀₀₅ -TEFs being rounded figures based on a wide range of relative potencies in animal and cell based studies	+/-
Epidemiological studies	
Uncertainty about systemic TEFs	+/-
Lack of measurements on PCDD/Fs and DL-PCBs other than TCDD	+
Non differential misclassification of exposure	-
True exposure being higher or lower than the estimate of exposure	+/-
True outcome is more or less prevalent than the estimate of the outcome	+/-
Confounding by other factors	+/-
Low number of epidemiological studies on the critical endpoint at low exposure	+/-
Critical study	
Co-exposure to other compounds which may impair semen quality	+
Uncertainty regarding critical window for effect on semen quality outcome	+/-

Summary of Uncertainty Analysis – HAZARD ID/HC

Toxicokinetic modelling

- Existing kinetic models not suitable to take into account variations in levels of PCDD/Fs and DL-PCBs during pregnancy and lactation
 - Milk intake of 800 mL per day applied throughout breastfeeding period
 - May result in overestimation of child exposure and a more conservative TWI (but rounded TWI robust for these effects)
- Body fat content was kept constant for infants and children
 - Known to be low at birth but rapidly increasing
 - initial serum level at birth underestimated
 - peak serum levels and subsequent decrease less affected
 - may affect relative amount stored initially in the liver

Summary of Uncertainty Analysis – HAZARD ID/HC

Toxicokinetic modelling

- Variations in body weight and fraction of body fat in mothers not taken into account by the modelling
 - may affect exposure and serum levels infants (both directions)

- Models developed for TCDD
 - less accurate for other relevant PCDD/Fs and DL-PCBs
 - the half-lives of PeCDD and 2,3,4,7,8-PeCDF are longer than for TCDD, those for other shorter

- The models are likely to underestimate the serum levels for these compounds but overestimate that for other congeners
 - Decided not to apply another uncertainty factor

Conclusion of the Uncertainty Analysis

The CONTAM Panel considered that:

- the impact of the uncertainties on the risk assessment of **PCDD/Fs in food** is **moderate**
- the impact of the uncertainties in the risk assessment for the **sum of PCDD/F and DL-PCBs in food** is **high**, due to the uncertainty in the relative potency of PCB-126 in humans



Overall, the assessment is likely to be **conservative**

Recommendations (I)

In order to improve the risk assessment for both humans and animals and reduce the uncertainties, the CONTAM Panel recommends that:

- The current **WHO₂₀₀₅-TEFs should be re-evaluated** in order to take into account new *in vivo* and *in vitro* data. In particular, more insight into the **relative potency of PCB-126** in humans is required
- There is a specific need to **derive systemic TEFs** for PCDD/Fs and DL-PCBs **for use in epidemiological studies**, also taking into account the results from human cells
- There should be an evaluation of the relative exposure contribution of other persistent chemicals, acting as **agonists on the AHR**, taking into account their toxic potencies
- To **evaluate the applicability of the TEQ-principle**, more research and understanding is needed on reported **congener-specific effects** of PCDD/Fs and DL-PCBs, including their relevance at low doses

Recommendations (II)

- Further **improvement of toxicokinetics models** is needed, including parameters dealing with pregnancy, breastfeeding and occasional exposure to high levels. Inclusion of PCDD/Fs, other than TCDD, and DL-PCBs is required. The use of in vitro models for further refinement should be considered
- Data from both experimental animal and epidemiological studies should be reported in a way that allows a better **dose-response evaluation** in order to improve the risk assessment. There is a need to develop a **consensus methodology for data sharing** between individual researchers and public health authorities
- There is a need for **prospective developmental epidemiological studies** on PCDD/Fs and DL-PCBs at low to moderate doses on, in particular, male reproductive outcomes and effects on the thyroid system. **Follow-up studies on existing and previous cohorts** with good information on pre- and postnatal exposure should be considered

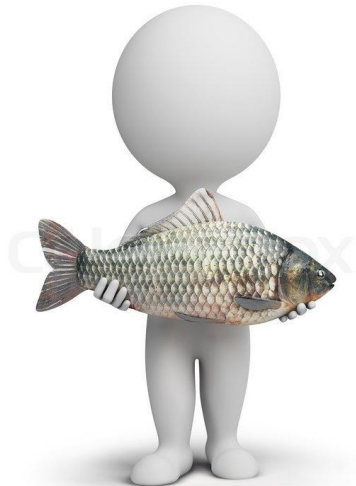
Recommendations (III)

- **Validated and cost-effective methods** are needed to assess exposure in small amounts/volumes of **biological samples** of animals and humans
- To better understand the adverse effects of PCDD/Fs and DL-PCBs, **more insight is needed into the mode of action**, especially in relation to observed critical effects
- **Mechanistic studies on transgenerational (third generation) effects** are needed
- To improve human exposure estimation, **more occurrence data are needed on food of plant origin**, especially where individual results of certain foods indicate potential higher contamination
- More data are needed on **feed**, provided by a greater number of European countries

Recommendations (IV)

- There is a **need for an updated benefit-risk assessment of fish consumption that takes exposure to PCDD/Fs and DL-PCBs into account**

Noting that,



The EFSA Scientific Committee in its statement on the benefits of fish/seafood consumption of methylmercury recommended that:

each country needs to consider its own pattern of fish consumption; especially the species of fish consumed,

and carefully assess the risk of exceeding the HBGV while obtaining the health benefits from consumption of fish/seafood.

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