

Declaration of interests

(Please note that high quality of scientific expertise is by nature based on prior experience and that therefore having an interest does not necessarily mean having a conflict of interest)

Name : **Evgen Benedik**

Title: -

Profession : **Clinical Dietitian and University Professor**

Current EFSA Involvements

- Management Board (2026-2030)

Interests

I. Financial investments

No interests

II. Managerial role

No interests

III. Member of a scientific advisory entity

Period: **01/12/2022 - 01/12/2025**

Organisation: Nacionalni inštitut za javno zdravje

Impact on annual earnings: **>0% but <5%**

Subject matter: I serve as a member of Advisory Board within the Joint Action Health4EUKids at the National Institute of Public Health of the Republic of Slovenia. The entity delivers scientific advice and implementation guidance regarding healthy lifestyles and childhood obesity prevention to national health authorities and the European Commission. This directly relates to EFSA's remit in human nutrition and public health. The entity does not carry out regulatory risk management activities; I am not personally empowered to take management decisions, nor do I serve on a regulatory committee advising on risk management.
Interest related to close family member: **No**

IV. Employment

Period: **01/11/2010 - now**
Organisation: University Medical Centre Ljubljana
Impact on annual earnings: **>25%**

Subject matter: I work part-time (50 %) as a Clinical Dietitian at the University Medical Centre Ljubljana, Division of Paediatrics. The entity provides specialised healthcare, where my role involves delivering clinical dietary guidance to paediatric patients and advising the hospital kitchen staff on nutritional, dietary, and food service standards. This directly relates to EFSA's remit in human nutrition, dietary guidelines, and food safety. The entity focuses on clinical care and hospital operations, not regulatory risk management; I am not personally empowered to take regulatory management decisions, nor do I serve on a regulatory committee advising on risk management.
Interest related to close family member: **No**

Period: **01/10/2016 - now**
Organisation: Dr. Evgen Benedik, s.p.
Impact on annual earnings: **>5% but <25%**

Subject matter: I have my private company through which I provide paid professional lectures and consult on the development of new food products. The entity delivers commercial expertise, product formulation guidance, and educational presentations to food industry clients and in field of clinical nutrition and dietetics. This directly relates to EFSA's remit in human nutrition, food ingredients, novel foods, and food safety standards. The company operates strictly in the private commercial sector and does not carry out regulatory risk management activities; I am not personally empowered to take regulatory management decisions, nor do I serve on a regulatory committee advising on risk management.
Interest related to close family member: **No**

Period: **01/06/2018 - now**
Organisation: University of Ljubljana
Impact on annual earnings: **>25%**

Subject matter: I am employed part-time (50%) as a University Professor at the Biotechnical Faculty. The entity's remit covers higher education and academic research in the fields of clinical nutrition and dietetics. My role involves delivering scientific data, research findings, and academic expertise to the scientific community, students, and public stakeholders. This directly relates to EFSA's remit in food safety of vulnerable population such as children, pregnant women, patients and elderly. The faculty is an

academic institution that does not carry out regulatory risk management activities; I am not personally empowered to take management decisions, nor do I serve on a regulatory committee advising on risk management.

Interest related to close family member: **No**

V. Occasional consultancy

No interests

VI. Research funding

Period: **01/01/2015 - now**

Organisation: Slovenian Research and Innovation Agency

Subject matter: I benefit from public research funding granted by the Slovenian Research and Innovative Agency (ARIS) for a research programme focused on the impacts of diet and lifestyle on non-communicable diseases (NCDs). The topic of the research activity covers nutritional methodology, food supply assessment, consumer behavior regarding food labelling (nutrition/health claims and symbols), and the safety and scientific substantiation of functional foods. The nature of the associated outputs includes scientific studies, data reports, peer-reviewed publications, and public health intervention evaluation frameworks. This activity falls directly within EFSA's entire set of responsibilities, specifically relating to human nutrition, dietary guidelines, nutrition and health claims, and novel/functional foods.

Interest related to close family member: **No**

Does the funding received from the private sector during the two years preceding the submission of the ADoI exceeds 25% of the total research budget that is managed by you for the area under concern: **No**

Additional Info:

VII. Intellectual property rights

No interests

VIII. Other memberships or affiliations

Period: **01/07/2024 - now**

Organisation: European Society for Clinical Nutrition and Metabolism

Impact on annual earnings: **0%**

Subject matter: I hold a standard membership at the European Society for Clinical Nutrition and Metabolism (ESPEN), where I do not have any specific leadership, board, or committee role. The entity's remit focuses on the advancement of education, research, and clinical guidelines in the fields of clinical nutrition and metabolism, delivering scientific consensus statements and educational resources to the medical and scientific community. As a regular member, I do not personally deliver official advice or opinions on behalf of the society. This relates to EFSA's remit in human nutrition and foods for special medical purposes. The society does not carry out regulatory risk management activities; I am not personally empowered to take management decisions, nor do I serve on a regulatory committee advising on risk management matters.
Interest related to close family member: **No**

Period: **01/06/2026 - now**

Organisation: Evropsko združenje za pediatrično in neonatalno intenzivno medicino

Impact on annual earnings: **0%**

Subject matter: I am a member of the Metabolism, Endocrinology, and Nutrition Group within the European Society of Paediatric and Neonatal Intensive Care (ESPNIC). The group's remit involves advancing clinical research, education, and best practices regarding metabolic and nutritional management in critically ill neonates and children. The entity delivers scientific guidance and clinical recommendations to the paediatric intensive care medical community, which relates to EFSA's remit in human nutrition, infant formulas, and foods for special medical purposes. The society does not carry out regulatory risk management activities; I am not personally empowered to take regulatory management decisions, nor do I serve on a regulatory committee advising on risk management matters.
Interest related to close family member: **No**

Period: **01/07/2017 - now**

Organisation: ESPGHAN (European Society for Paediatric Gastroenterology, Hepatology and Nutrition)

Impact on annual earnings: **0%**

Subject matter: I serve as the Allied Health Professional Representative within the Committee of Nutrition of the European Society for Paediatric Gastroenterology, Hepatology and Nutrition (ESPGHAN). The committee's remit involves evaluating scientific evidence and developing clinical guidance on paediatric nutrition, covering subject matter such as human milk, infant formulas, enteral and parenteral nutrition, dietary requirements, and child health standards. The entity delivers scientific advice, position papers, and consensus guidelines intended for healthcare professionals and policy stakeholders, which directly relates to EFSA's remit in human nutrition, infant formulas, and foods for special medical purposes. The society does not carry out regulatory risk management activities; I am not personally empowered to take regulatory management decisions, nor do I serve on a regulatory committee advising on risk management matters.
Interest related to close family member: **No**

IX. Other relevant interest

No interests

User Agreement

I confirm that:

- I think I do not have a conflict of interest with respect to my activity(ies) at EFSA
- ~~I think I have a conflict of interest with respect to my activity(ies) at EFSA~~

Remarks: -

I hereby declare that I have read the [EFSA Decision on Competing Interest Management](#) implementing EFSA's Policy on Independence and that the above declaration is truthful and complete.

Doi submitted on: 31-07-2026 - 10:45 (UTC)

Note regarding the processing of personal data

EFSA processes all Declarations of Interests (DoIs) in accordance with Regulation (EU) 2018/1725. DoI processing is necessary in order to safeguard the independence of EFSA and enable the Authority to carry out its mission and comply with its obligations under Regulation (EC) No 178/2002.

The Executive Director of EFSA is the data controller with respect to the handling of DoIs.

Concerned individuals have the right to access, rectify, erase and object to the processing of their ADoI at any time. Nevertheless, for certain categories of individuals (e.g., experts), it may be a mandatory requirement to submit a DoI to EFSA so as to verify the absence of conflicts of interests and thus protect the independence of EFSA. Concerned individuals will be contacted if EFSA becomes aware of information that is not consistent with the declared interest such as on the occasion of compliance monitoring activities outlined in the relevant [Standard Operating Procedure](#).

Certain ADoIs shall be made publicly available in accordance with Article 38(1)(d) of Regulation (EC) No 178/2002. Furthermore, ADoIs may be transferred to bodies in charge of monitoring, auditing or inspection in conformity with EU Law.

The conservation period for ADoIs per category of data subjects is 10 years from the date of submission of the relevant ADoI.

Concerned individuals may direct any queries regarding personal data processing by EFSA to the data protection officer DataProtectionOfficer@efsa.europa.eu. They are entitled to submit a complaint at any time to the European Data Protection Supervisor: <http://www.edps.europa.eu>

The legal basis for ADoI processing is provided for in Articles 22, 37 and 38 of Regulation (EC) No 178/2002.