

SCIENTIFIC PANEL ON
Nutrition, Novel Foods and Food Allergens
165th NDA Panel Plenary meeting



28-29 January 2026
09:00 – 18:00 / 9:00 – 13:00
AGENDA

Location: Teleconference

Chair: Dominique Turck

No.	Item
1	Welcome and Apologies for absence
2	Adoption of the agenda
3	Declarations of interest
4	Agreement on the minutes of the 164th Plenary meeting held on 15-16 December 2025
5	Scientific outputs submitted for discussion/possible adoption
5.1	Draft opinion on Anxiofit-1 and reduction of subthreshold and mild anxiety: evaluation of a health claim pursuant to Article 14 of Regulation (EC) No 1924/2006 (EFSA-Q-2025-00270). Applicant: Anxiofit Ltd.
5.2	Draft opinion on Oat beta-glucans and reduction of post-prandial glucose peak: evaluation of a health claim pursuant to Article 13(5) of Regulation (EC) No 1924/2006 (EFSA-Q-2025-00201). Applicant: ScanOats
5.3	Draft opinion on the safety of spray-dried powder from house cricket (<i>Acheta domesticus</i>) as a novel food pursuant to Article 10 of Regulation (EU) 2015/2283 (EFSA-Q-2023-00374). Applicant: Alia Insect Farm società agricola
6	Other scientific topics for information/discussion/endorsement
6.1	Draft opinion on the evaluation of the safety in use of hydroxycitric acid (HCA) and plant preparations containing HCA (EFSA-Q-2022-00805)
6.2	Draft opinion on the evaluation of the safety in use of plant preparations containing berberine (EFSA-Q-2022-00803)
7	Feedback from the Scientific Committee/ Scientific Panels/EFSA/ EC
8	Any other business
13:00	End of the meeting on 29 January