

SCIENTIFIC PANEL ON NUTRITION, NOVEL FOODS AND FOOD ALLERGENS

153rd Panel Plenary meeting



30 October 2024

09:00-13:00

MINUTES - Agreed on 5 November 2024

Location: Teleconference

Attendees:

- Panel Members:
Montaña Cámara, Jacqueline Castenmiller, Stefaan de Henauw, Karen Ildico Hirsch-Ernst, Ángeles Jos, Alexandre Maciuk, Inge Mangelsdorf, Breige McNulty, Androniki Naska, Kristina Pentieva, Alfonso Siani, Frank Thies, and Dominique Turck (Chair).
- Hearing Experts¹:
Not Applicable
- European Commission and/or Member States representatives:
EC: Aurélien Perez, and Rafael Perez Berbejal.
- EFSA:
Nutrition & Food Innovation (NIF) Unit: Ana Afonso, Reinhard Ackerl, Domenico Azzollini, Andrea Germini, Thibault Fiolet, Leng Heng, Fernando Rivero Pino, Ruth Roldán Torres, Emanuela Turla, Silvia Valtueña Martínez, and Ermolaos Ververis.
- Others:
Not applicable

1. Welcome and apologies for absence

The Chair welcomed the participants.
Apologies were received from Torsten Bohn.

2. Adoption of agenda

The agenda was adopted without changes.

3. Declarations of Interest of Panel members

In accordance with EFSA's Policy on Independence² and the Decision of the Executive Director on Competing Interest Management³, EFSA screened the Annual Declarations of Interest filled out by the Panel members invited to the present meeting. No Conflicts of Interest related to the issues discussed in this meeting have been identified during the screening process, and no interests were declared orally by the members at the beginning of this meeting.

4. Agreement on the minutes of the 152nd NDA Plenary meeting held on 24 and 25 September 2024 in Parma

¹ As defined in Article 34 of the Decision of the Executive Director concerning the selection of members of the Scientific Committee, the Scientific Panels, and the selection of external experts to assist EFSA with its scientific work: <http://www.efsa.europa.eu/en/keydocs/docs/expertselection.pdf>

² http://www.efsa.europa.eu/sites/default/files/corporate_publications/files/policy_independence.pdf

³ http://www.efsa.europa.eu/sites/default/files/corporate_publications/files/competing_interest_management_17.pdf



The [minutes](#) of the 152nd NDA Panel plenary meeting were agreed by written procedure on 4 October 2024.

5. Scientific output(s) submitted for discussion/adoption

5.1 Draft opinion on "creatine and improvement in cognitive function" as a Health Claim (Art. 13.5). Applicant: Alzchem Trostberg Gmb. EFSA-Q-2024-00106

The Panel reviewed and discussed the draft scientific opinion, and in particular the sections regarding characterisation of the food being subject of the claim, the claimed effect and the scientific substantiation of the claimed effect. The opinion was adopted by the Panel on 30 October. The full text of the scientific opinion will be available in the coming weeks in the EFSA Journal.

5.2 Draft Opinion on *Acheta domesticus* (NF 2018/0128). Applicant: Belgian Insect Industry Federation (BiiF) EFSA-Q-2018-00543

The Panel reviewed and discussed the draft scientific opinion, and in particular the sections regarding product characterization, specifications, proposed uses and use levels, anticipated daily intake and toxicology. The opinion was adopted by the Panel on 30 October, subject to the incorporation of editorial changes. The full text of the scientific opinion will be available in the coming weeks in the EFSA Journal.

5.3 Draft Opinion on tiger nuts oil (*Cyperus esculentus*) (NF 2020/1746) Applicant: Tigernuts traders, S.L. EFSA-Q-2022-00052

The Panel reviewed and discussed the draft scientific opinion, and in particular the sections regarding product characterization, proposed uses and use levels and allergenicity. The opinion was adopted by the Panel on 30 October, subject to the incorporation of editorial changes. The full text of the scientific opinion will be available in the coming weeks in the EFSA Journal.

6. Other scientific topics for information/discussion

Postponed.

7. Feedback from the Scientific Committee/ Scientific Panels/EFSA/ EC

Postponed.

8. Any other business

The next meeting will be held on 28 and 29 November 2024 via teleconference.