

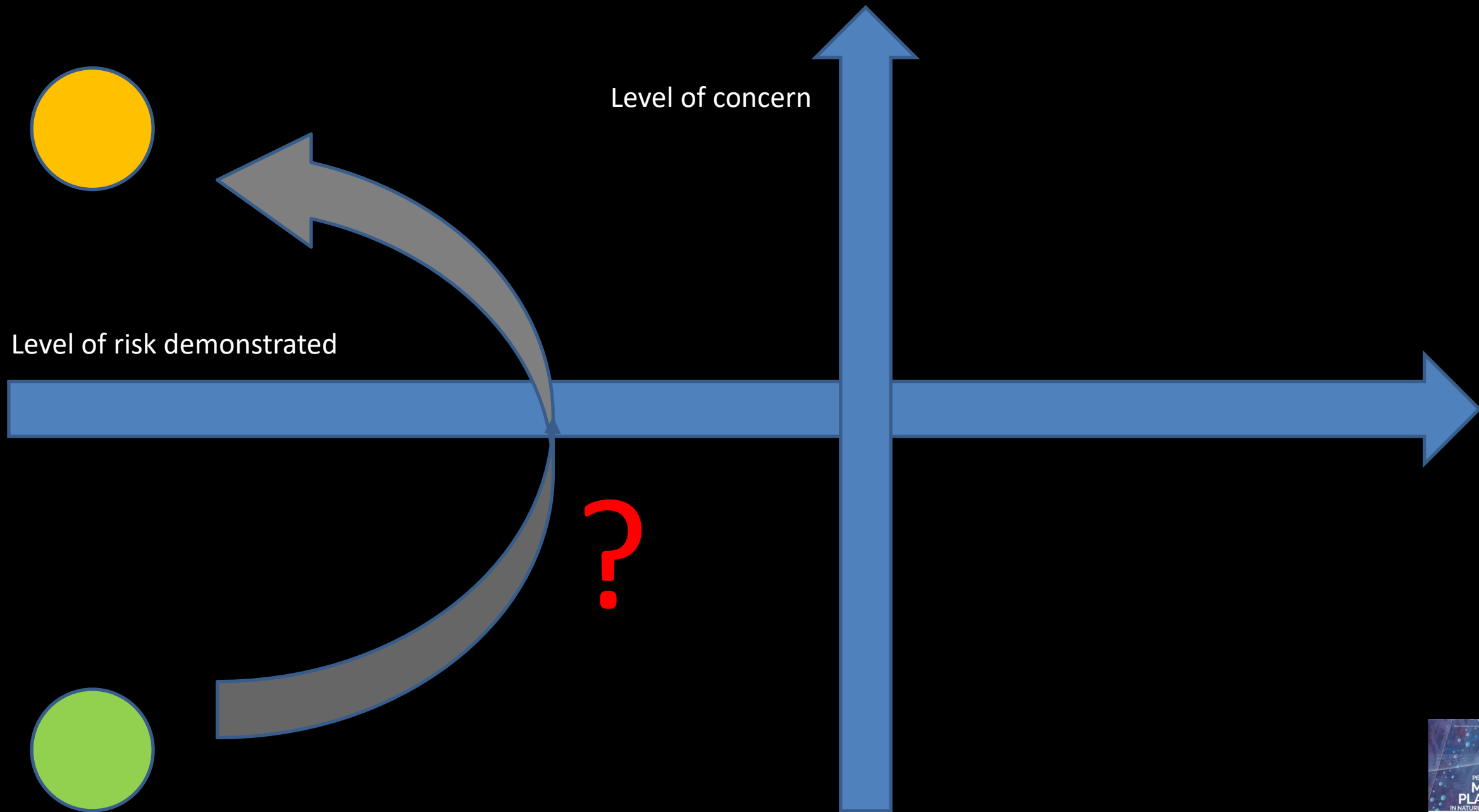
Micro- and nanoplastics and human health

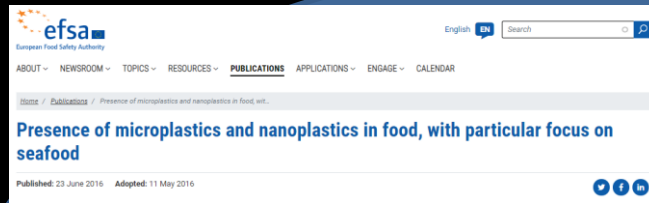
Bart Koelmans

*Professor of Aquatic Ecology &
Water Quality*

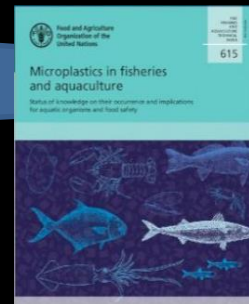
Wageningen University

bart.koelmans@wur.nl





EFSA
2016



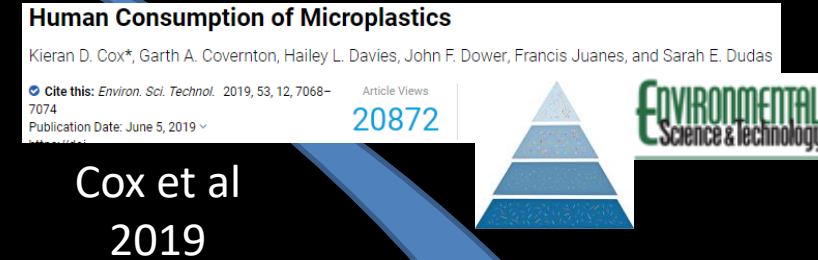
FAO
2017



SAPEA
2019

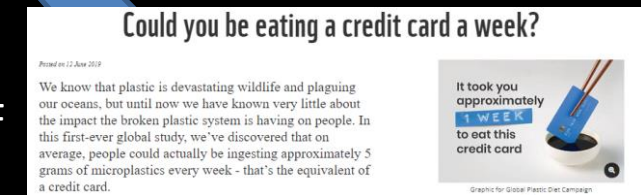


WHO
2019

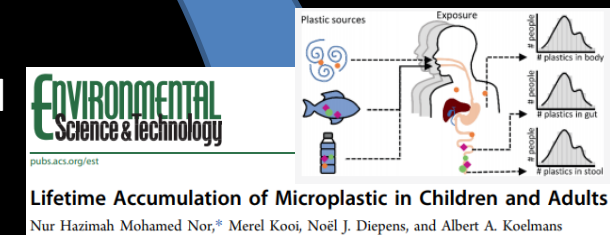


Cox et al
2019

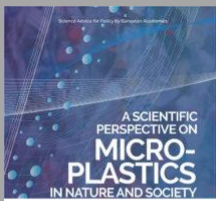
WWF
2019



Mohamed
Nor et al
2021



- Refinement of exposure estimates → **far from complete**
- Not much evidence w.r.t. hazard → **more research needed**



Key to page sidebars

These sidebars are used in Chapter 2 only. They are not applied elsewhere in this report.

What is known

What is partially known

What is unknown

Nanoplastic

2.3 EXPOSURE

In wastewaters too, **nanoplastics are an unknown**. While we think they are generated due to larger plastics ageing, we cannot be sure, because the mechanism is unknown and we cannot measure them.

One of the major unknowns across all environmental compartments relates to the question of through which mechanisms, at which timescales and where plastic debris progressively fragments to eventually reach **the scale of nanomaterials**. Are

2.4 OCCURRENCE

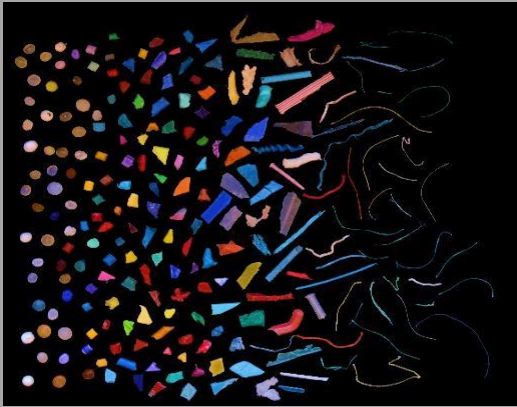
Sampling and analysis methods **of nanoplastics are not yet** established, therefore, information on their occurrence in freshwaters is currently unavailable.

2.4.7 Drinking Water and Food

Our knowledge of the occurrence of microplastics in components of the diet varies across regions. As for **nanoplastics in drinking water** and food, no information at all. This means that currently there is insufficient data to

2.6 RISKS

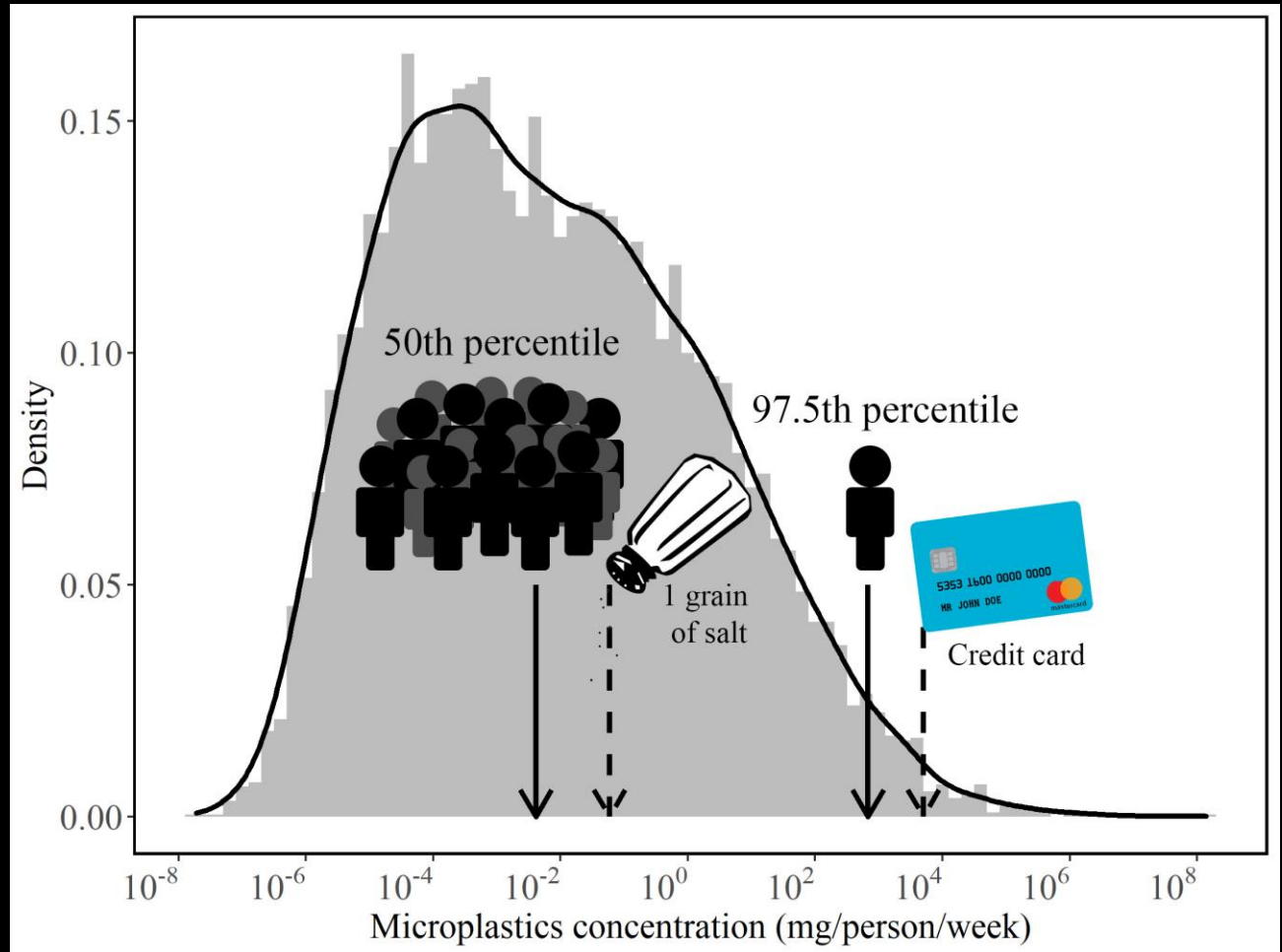
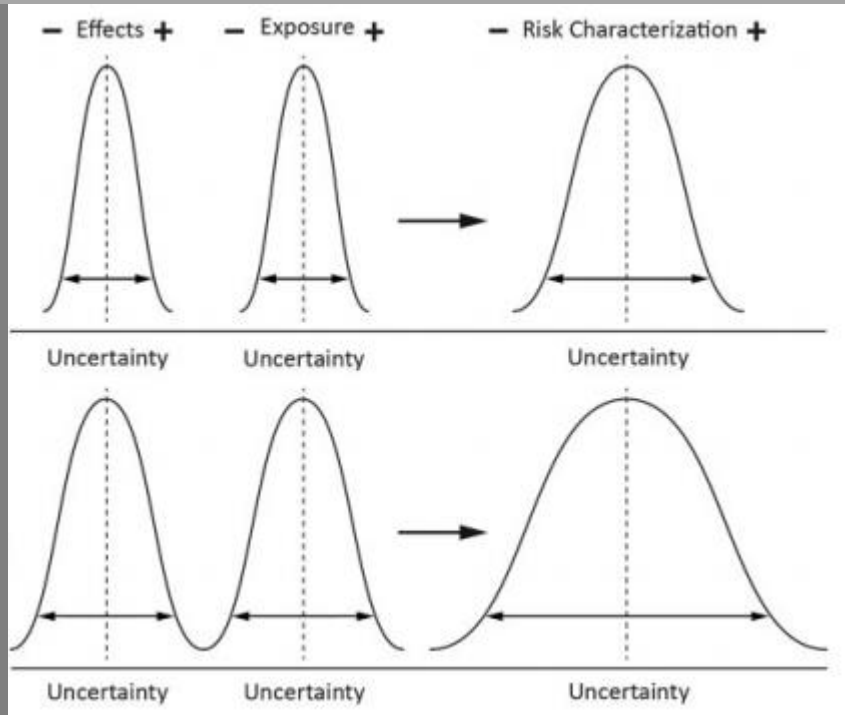
No risk assessments have been published for **nanoplastics**. As yet, it is unknown what the concentrations are of **nanoplastics** in environmental compartments or components of the human diet. Therefore, exposure cannot yet be assessed. As for effects, there is limited data, however, most of the experimental designs did not allow for constructing a dose-effect relationship. Furthermore, the limited studies use synthesised nanoparticles, most often nano-sized polystyrene, and it is unknown how well these represent nanoplastics that occur in the environment

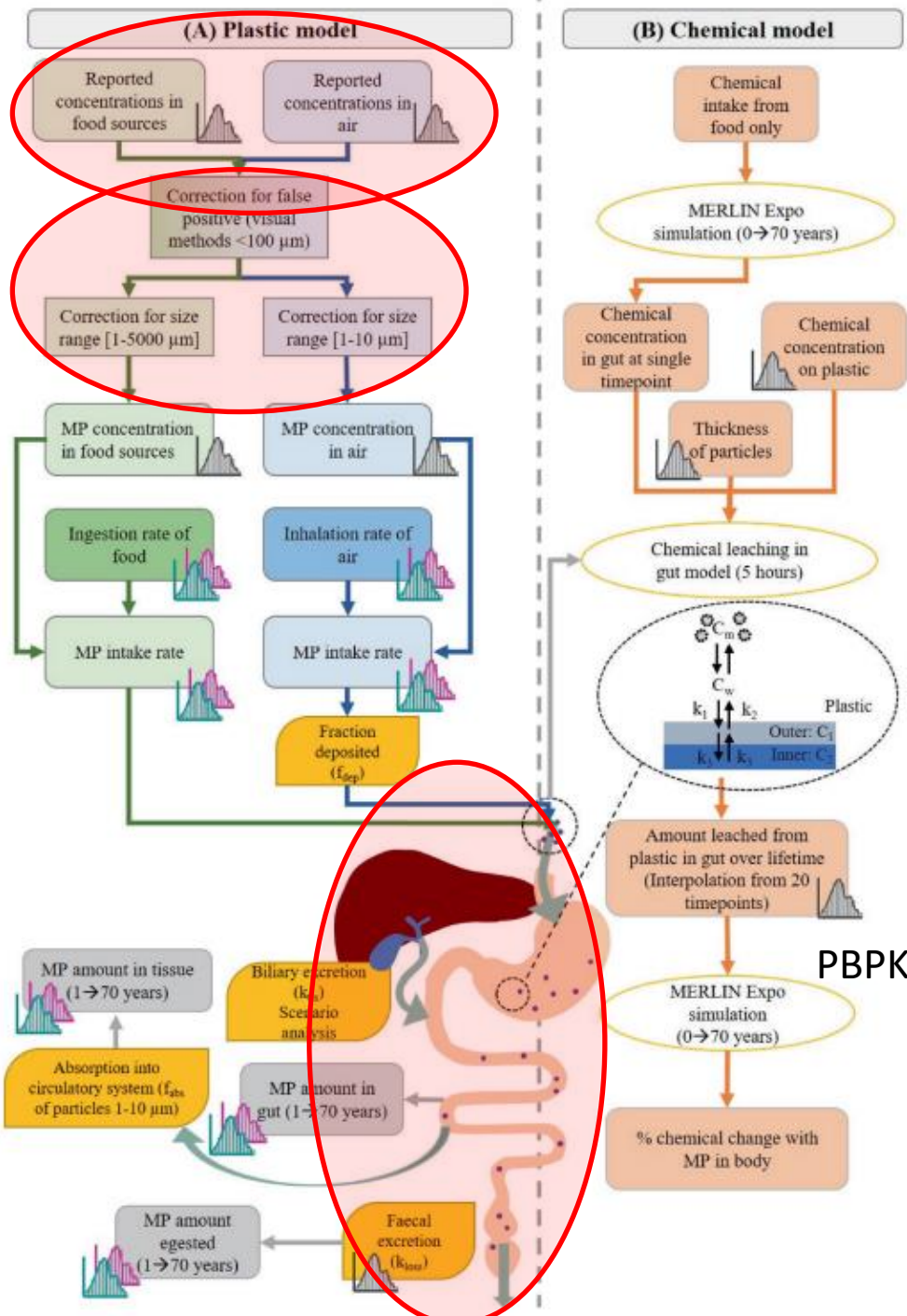


Additional uncertainty in particle characterisation

Solutes

Microplastic

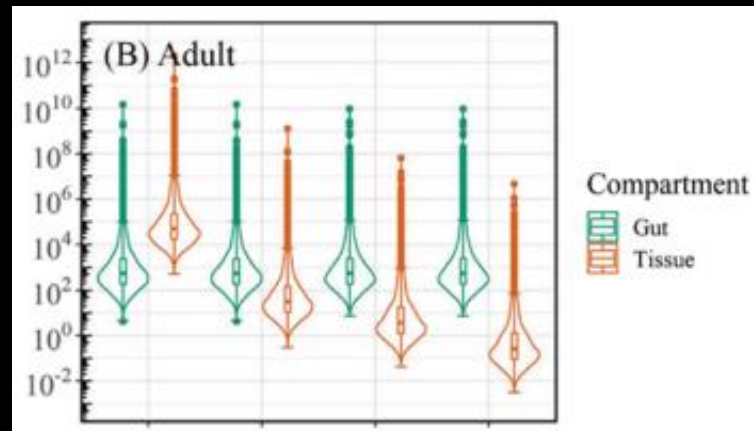
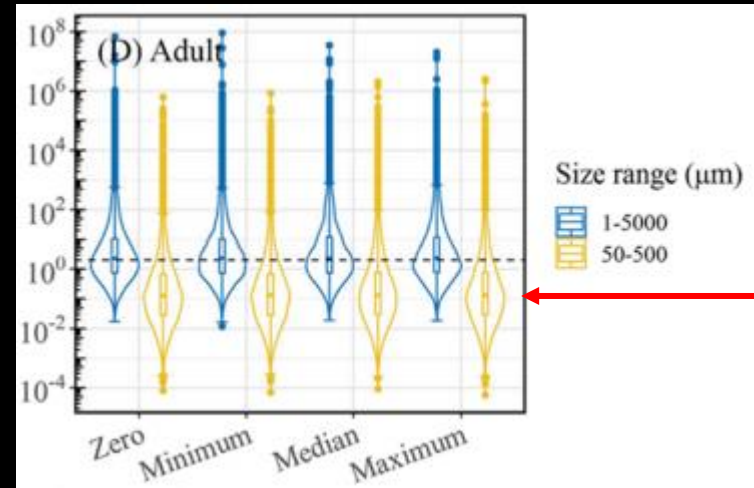




Exposure

----- = Schwable et al
MP in stool

- Model predicts 1/7 of # MP found in stool
- Model accounts for 1/5 of diet by weight



Lifetime accumulation in tissue, **preliminary** assumptions:

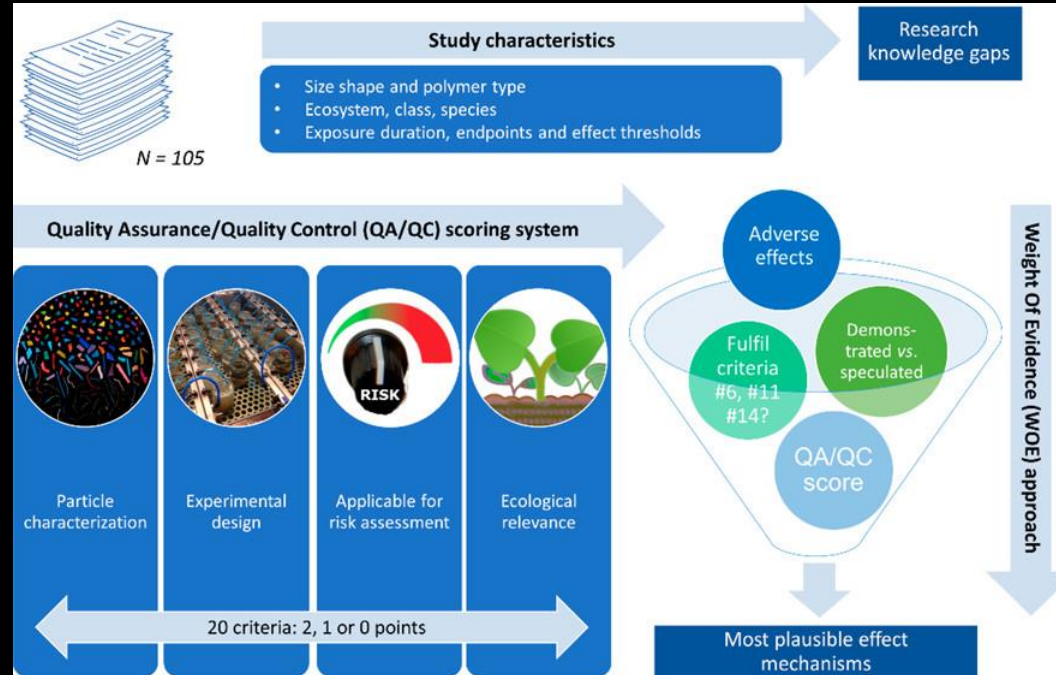
- ~1-10 μm considered bioavailable
- ~ 0.3 % considered to be absorbed
- Four biliary excretion scenarios

QA/QC tool to screen utility of data for RA

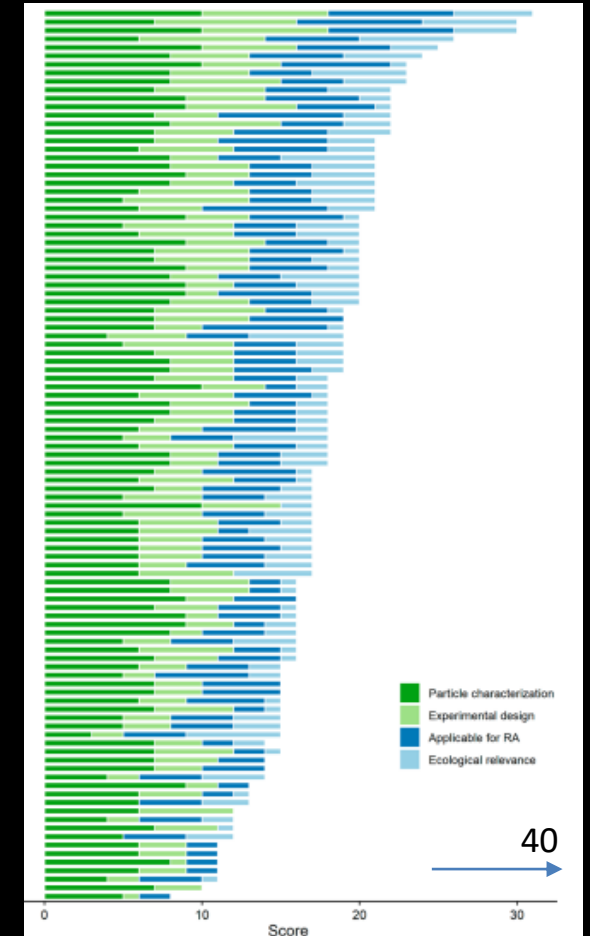
All (literature) data



Prioritize higher quality data



Scoring systems for quantifying QA/QC of MP studies ('Klimisch criteria'; de Ruijter et al, ES&T, 2020)

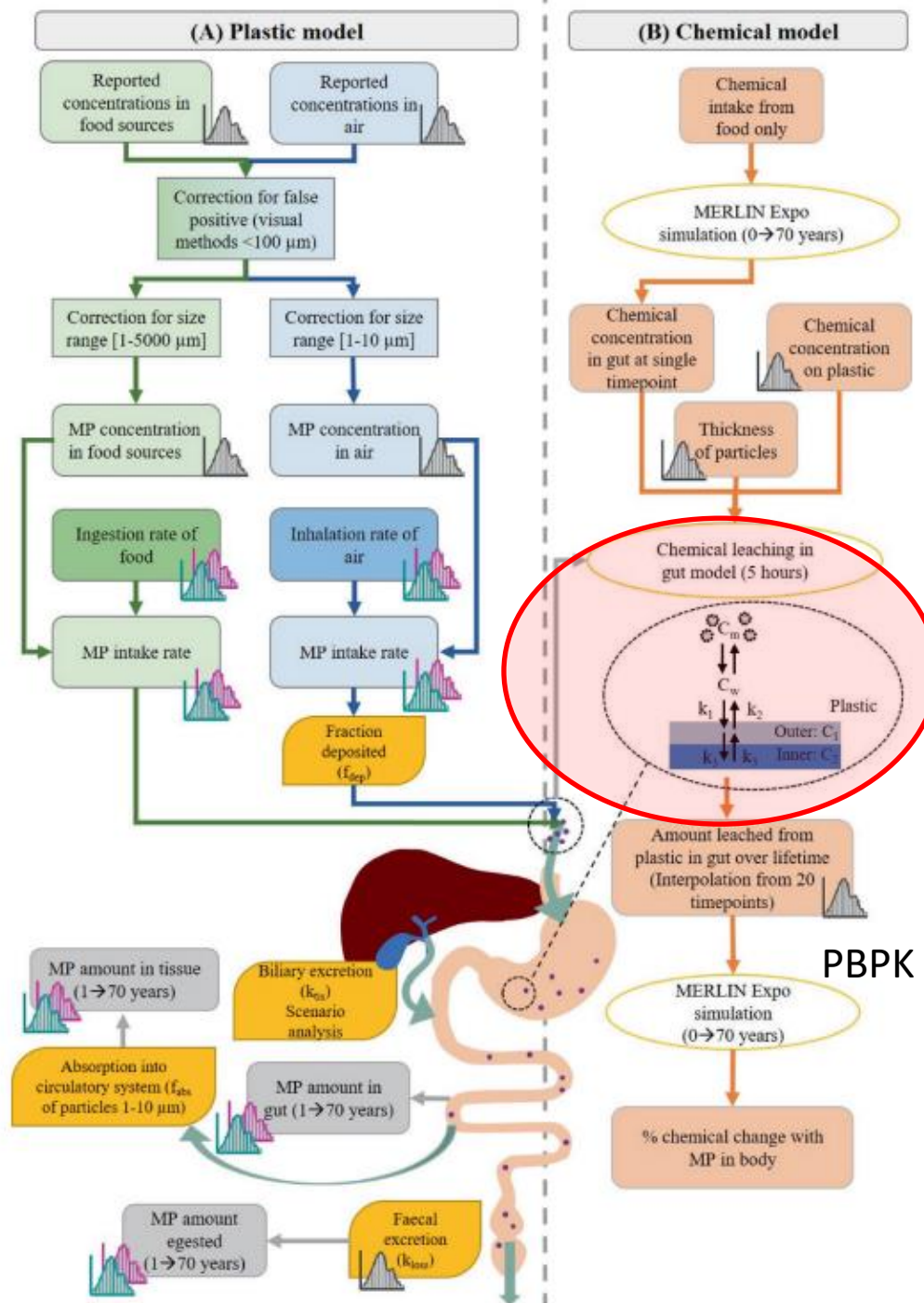


Developed for:
Biota, water, air samples; effect studies, MP 'chemical vector' studies

Chemicals

Relevance of MP as a carrier of contaminants

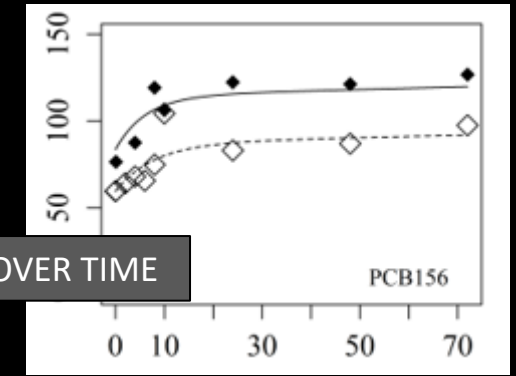
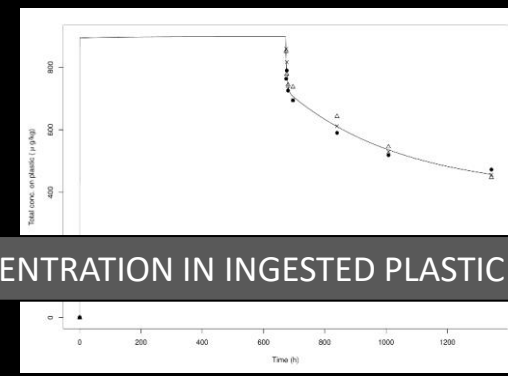
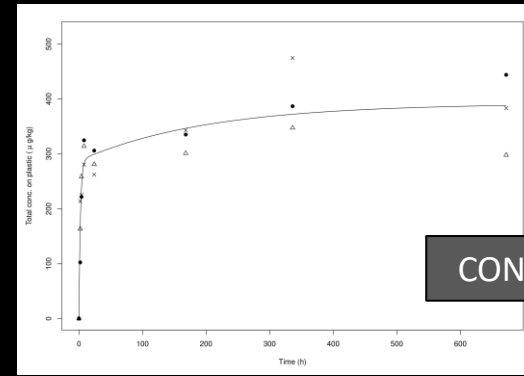
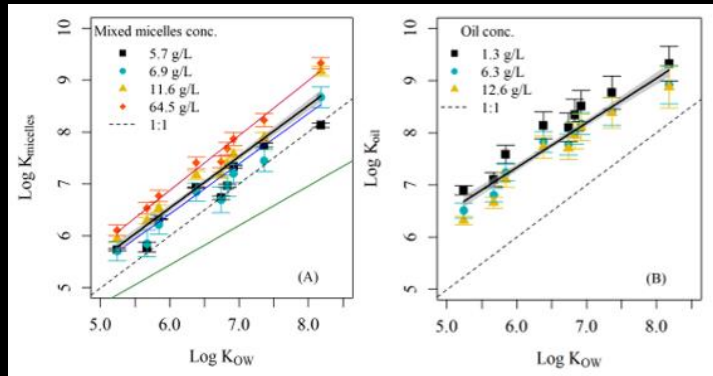
- EFSA 2016, worst case: **very small**
- FAO 2017, worst case: **very small**
- SAPEA 2019: **very small**
- WHO 2019, worst case: **very small**
- Mohamed Nor, ES&T, 2021, probabilistic: **very small**



Dynamic modeling of MP- and food-associated chemical bioavailability in the gut

\rightarrow Context dependent, yet assessment tool available

EXPERIMENTAL DATA FOR CHEMICAL BINDING & KINETICS TO MICELLES, FOOD COMPONENTS, MP - RELEVANT SCENARIOS



CONCENTRATION IN INGESTED PLASTIC OVER TIME

Framework for MP-chemical bioavailability in the human GIT

Mohamed Nor, N.H., Koelmans, A.A. 2019. Transfer of PCBs from microplastics under simulated gut fluid conditions is biphasic and reversible. ES&T, 53, 1874–1883.
 Mohamed Nor, N.H., Niu, Z., Hennebell, M., Koelmans, A.A. 2021. Microplastics trap chemicals from contaminated food during digestion, J. Haz. Mat. submitted

SCENARIO STUDIES

PARAMETER ESTIMATION

Equations

MODEL DEVELOPMENT

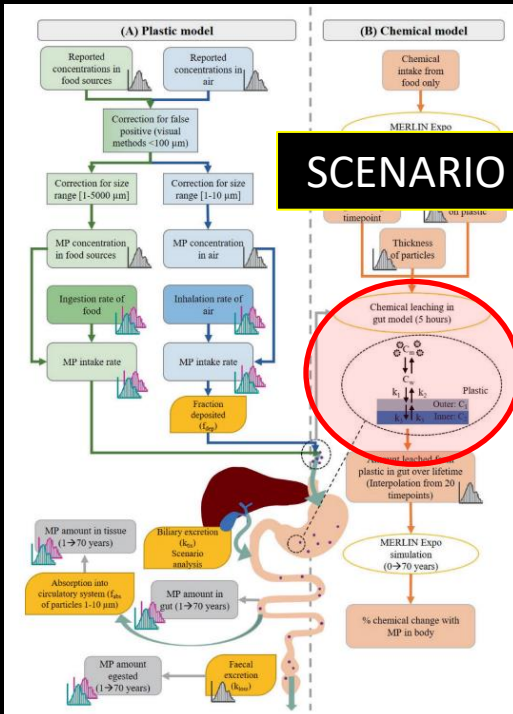
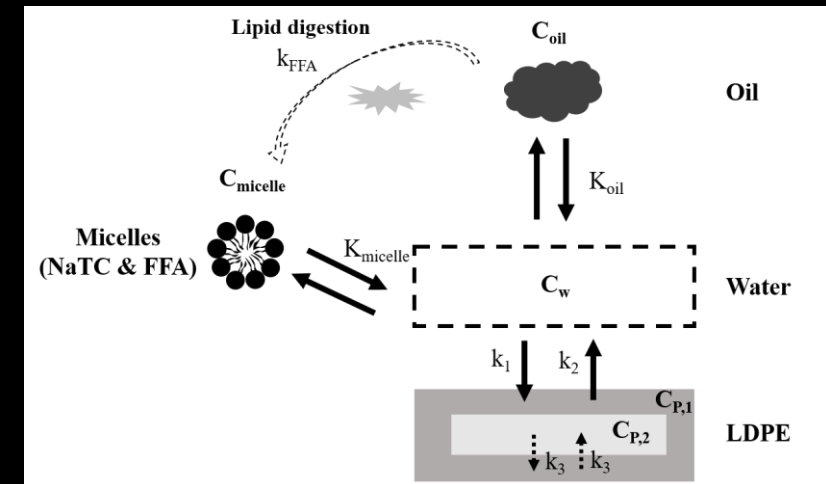


Table S4. Kinetic rate constants of LDPE for high and low enzyme treatment with standard errors (SE) (***significant at $p < 0.001$; **significant at $p < 0.01$; *significant at $p < 0.05$)

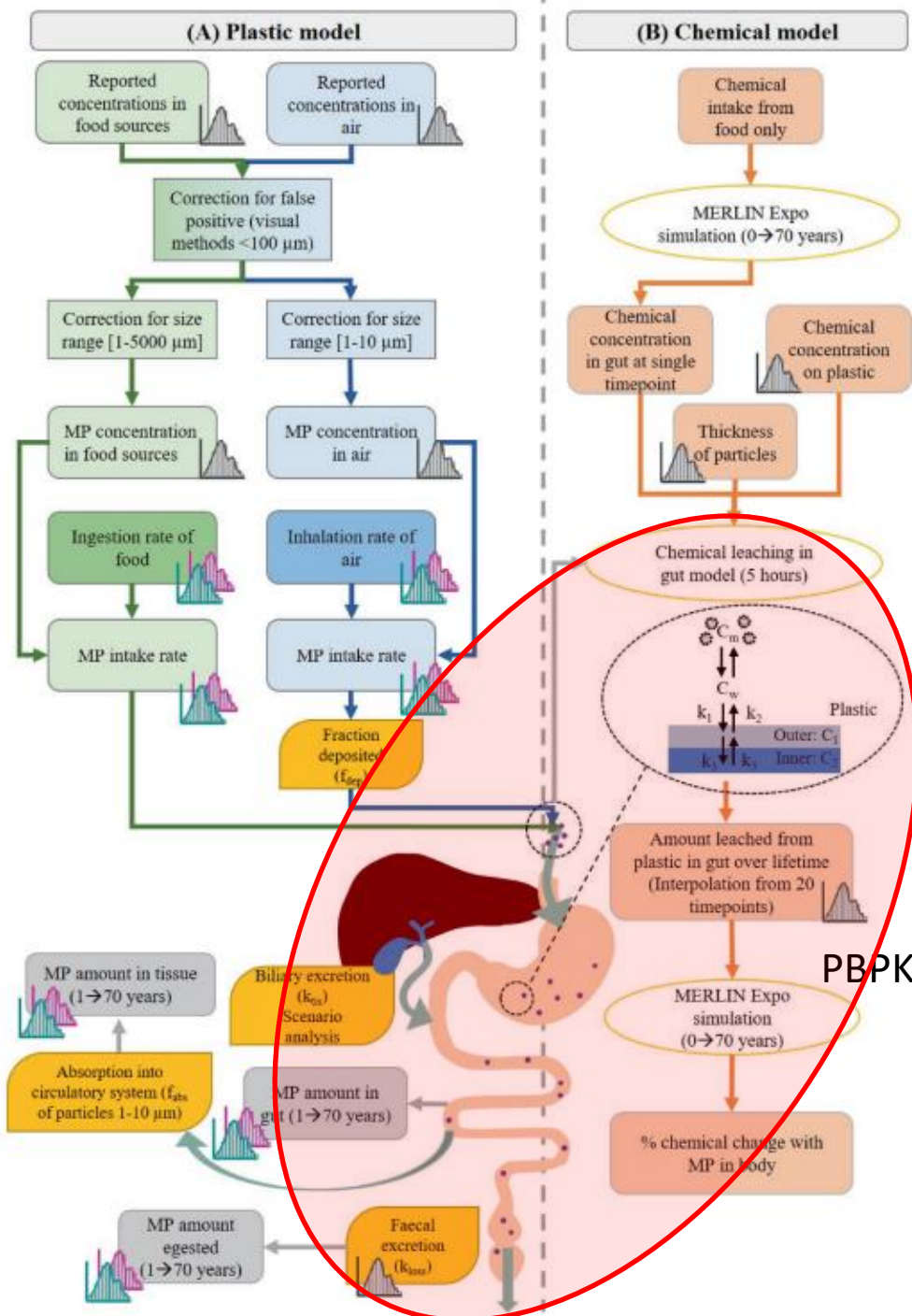
Enzyme treatment	PCB congener	$\log K_{ow}$	k_1 (h ⁻¹)	SE	k_2 (h ⁻¹)	SE	K_o (L/kg)	$\log K_o$
High	18	5.24	2.36E+02**	7.36E+01	0.345**	0.116	3.28E+05	5.52
High	28	5.67	1.61E+03**	4.50E+02	0.554**	0.163	1.21E+06	6.08
High	52	5.84	9.79E+02**	2.85E+02	0.283**	0.090	1.37E+06	6.14
High	101	6.38	5.59E+03*	2.39E+03	0.418*	0.190	4.44E+06	6.65
High	118	6.74	9.01E+03**	2.58E+03	0.322**	0.099	8.28E+06	6.92
High	138	6.83	1.40E+04*	5.88E+03	0.390*	0.173	1.03E+07	7.01
High	153	6.92	2.42E+04*	1.09E+04	0.477*	0.224	1.42E+07	7.15
High	156	7.18	1.33E+04**	3.38E+03	0.159**	0.045	2.15E+07	7.33
High	180	7.36	9.87E+04*	4.37E+04	0.550*	0.254	4.35E+07	7.64
High	209	8.18	1.37E+07	1.35E+07	4.355	4.316	5.85E+08	8.77
Low	18	5.24	1.38E+02***	2.09E+01	0.193***	0.033	3.42E+05	5.53
Low	28	5.67	6.04E+02***	8.40E+01	0.229***	0.036	1.10E+06	6.04
Low	52	5.84	3.33E+02***	5.43E+01	0.087***	0.017	1.51E+06	6.18
Low	101	6.38	3.13E+03***	4.15E+02	0.197***	0.030	5.28E+06	6.72
Low	118	6.74	5.92E+03***	1.08E+03	0.218***	0.044	8.04E+06	6.91
Low	138	6.83	1.00E+04***	1.77E+03	0.262***	0.051	1.10E+07	7.04
Low	153	6.92	1.58E+04***	2.81E+03	0.289***	0.056	1.53E+07	7.18
Low	156	7.18	1.03E+04***	1.75E+03	0.124***	0.024	2.13E+07	7.33
Low	180	7.36	4.22E+04***	7.04E+03	0.210***	0.039	4.87E+07	7.69
Low	209	8.18	6.32E+05**	2.14E+05	0.191*	0.071	6.16E+08	8.79



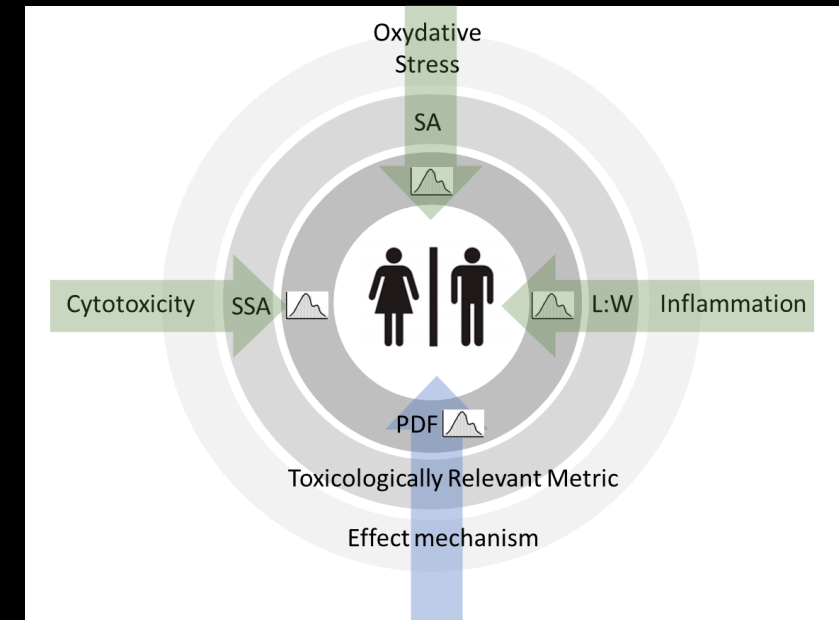
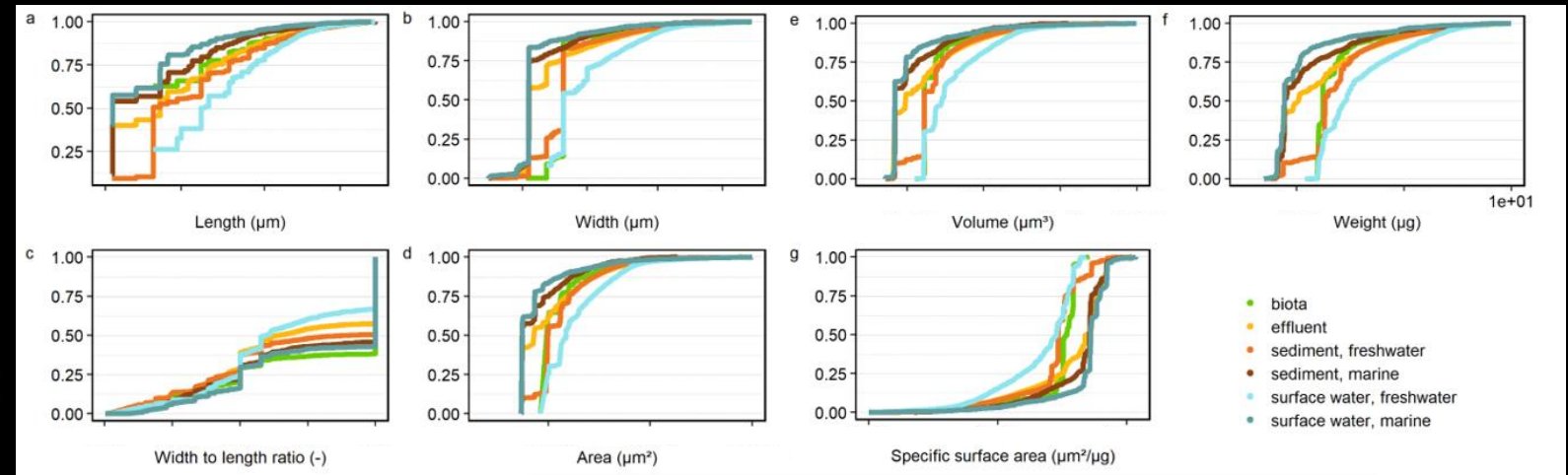
Hazard

Hazard assessment challenges

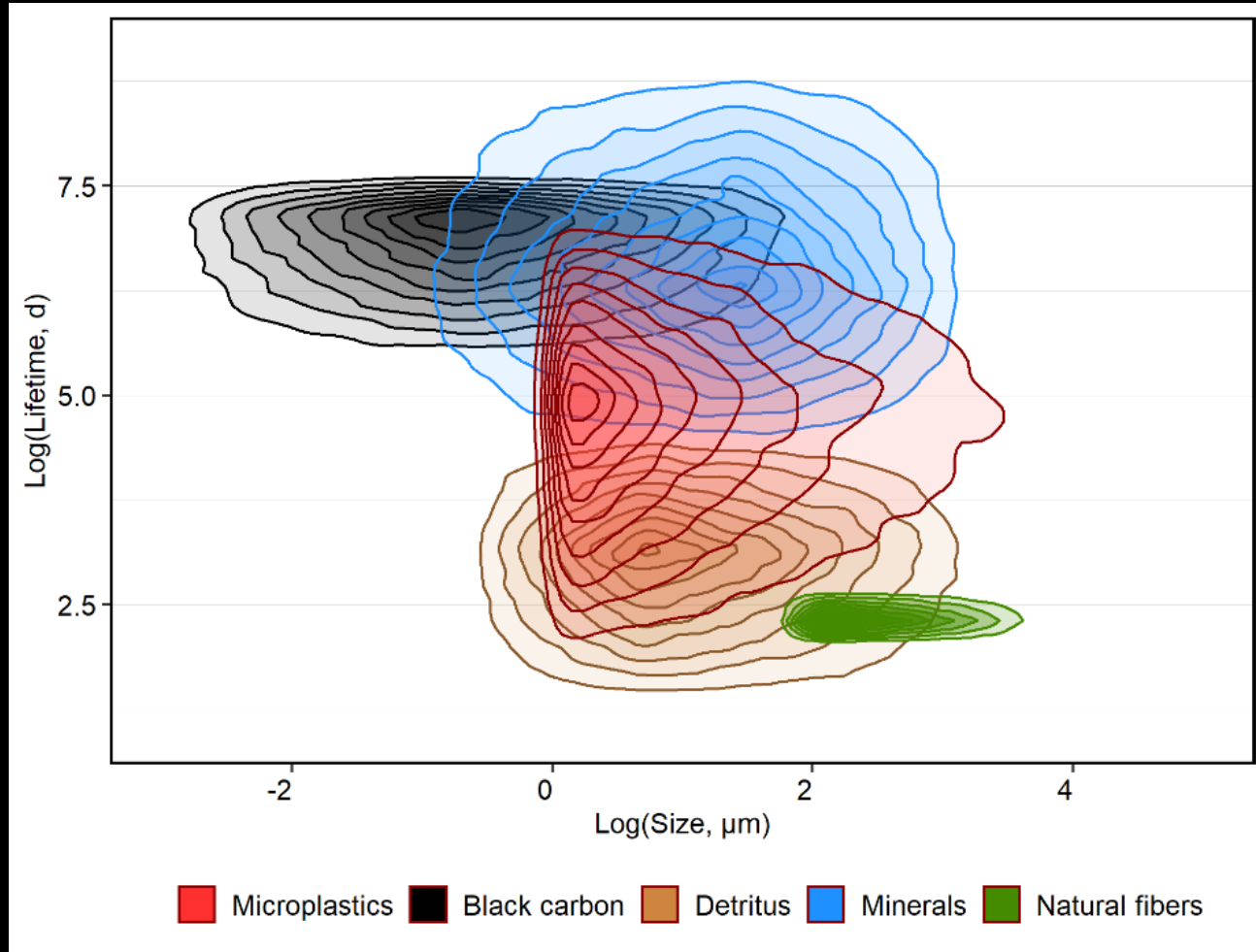
1. Uncertainty around observed effects *in vitro* tests & *in vivo* animal models
2. Uncertainty in translations to *in vivo* scenarios
3. Particles used in tests not representative for those we are exposed to
4. QA/QC of data with respect to applicability for hazard and risk assessment
5. Unknown bioavailability & PBPK parameters
6. Unknown hazard profile as compared to other particles



Dealing with the diversity of NMP



NMP versus other particles



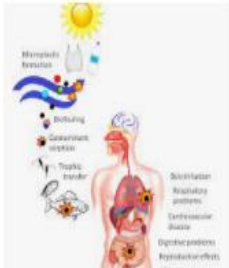
- Other particle categories can have a *similar size* but then have higher density (minerals, sand, silt, clay, metal-based nanoparticles and colloids).
- Other particle categories can have similar density but then are far less persistent (organic matter flocs, detritus, algae, detritus, or organic colloids).
- Other particle categories do not exist in a nm to > cm size range with all other properties being similar to those of plastics.
- Other particles categories do not exist in a 'from fibre to sphere' range of shapes with all other properties being similar to those of plastics.



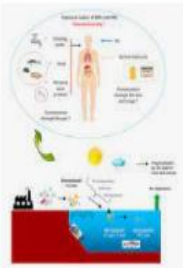
Microplastics and human health. science.sciencemag.org



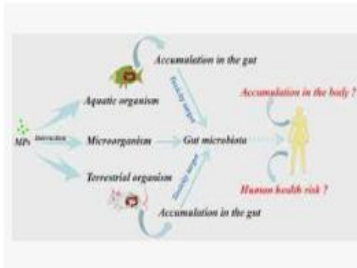
Environmental exposure to microplastics: An overview. sciencedirect.com



Potential health effects resulting from microplastic exposure. researchgate.net



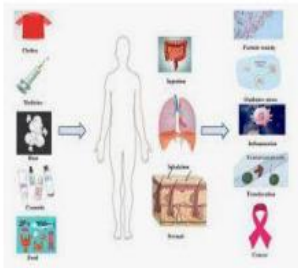
Micro(nano)plastics: A threat to human health. sciencedirect.com



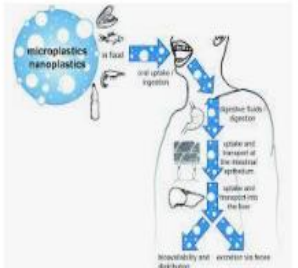
Interaction between microplastics and microorganisms. sciencedirect.com



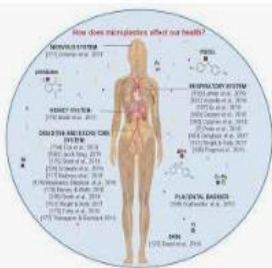
From Fish to Humans. A. scientificamerican.com



Effects of microplastics and nanoparticles on human health. link.springer.com



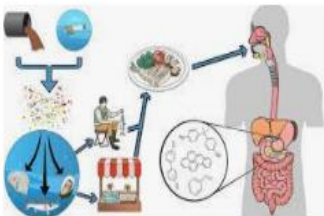
Micro- and nanoparticles - current state of knowledge. pubs.rsc.org



A Detailed Review Study on Potential Effects of Microplastics on Human Health. mdpi.com



Airborne microplastics: Consequences to human health. semanticscholar.org



Microplastics: an emerging threat to food security. link.springer.com



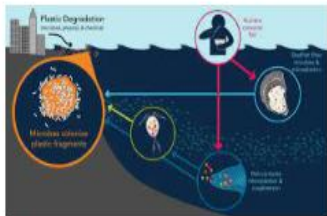
Airborne microplastics: Consequences to human health? sciencedirect.com



You Are What You Eat: Microplastics In Our Food & Drink. medium.com



Report: Plastic Threat. plasticpollutioncoalition.com



Junk Food - Woods Hole Oceanographic Institution. whoi.edu



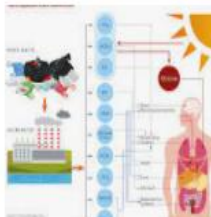
Start of scientific research into the health risks of microplastics. plastichealthcoalition.org



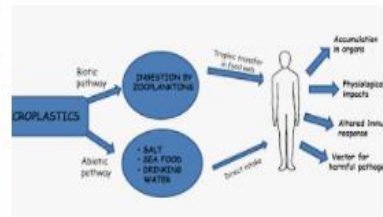
Potential human health risks due to environmental microplastics. doi.org



Airborne microplastics: Consequences to human health. semanticscholar.org



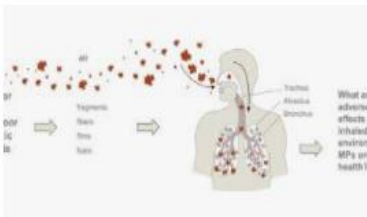
Plastic & Health | Center for Interdisciplinary Research. ciel.org



Trophic transfer of microplastics in zooplanktons towards humans. pubs.iscience.in



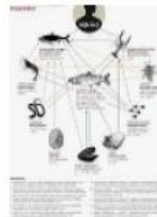
How dangerous is it for humans to ingest microplastics? countryliving.com



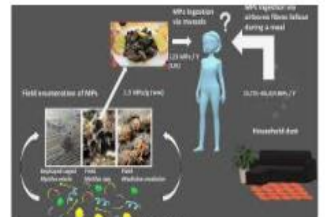
An emerging class of air pollutants: Potential effects of microplastics. sciencedirect.com



Finding the right method for microplastic analysis. ec.europa.eu



Plastic & Health | Center for Interdisciplinary Research. ciel.org



The Average Person Eats 70,000 Microplastics a Week. globalcitizen.org



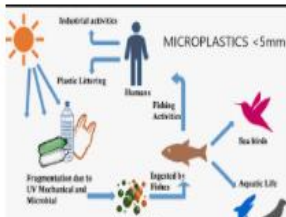
PDF) Plastic and Human Health. researchgate.net



Frontiers | Microplastics in Sea Turtles, Marine Mammals. frontiersin.org



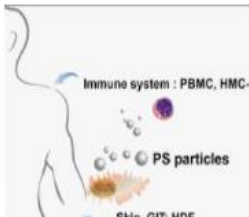
Microplastics - ECHA. echa.europa.eu



Effect of microplastics in water and aquatic life. link.springer.com



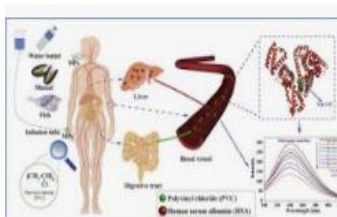
Plastic Component Found in Human Blood. forbes.com



Immune system: PBMC, HMC. Skin, GIT, HDF.



Microplastics in the Brain. OUR BODIES.



Microplastics in the Liver. 93% of bottled water tested showed signs of microplastic contamination.



Microplastics in the Blood. 10.4 particles per liter bigger than 100 microns (about the width of a human hair).



Microplastics in the Environment. 314 particles per liter smaller than 100 microns which are probably plastic.

there's work to be done

Thank You!

Thanks to Wageningen MicroplasticLab *et al*

Ellen Besseling

Noël Diepens

Merel Kooi

Paula Redondo-Hasselerharm

Hazimah Mohamed Nor

Svenja Mintenig

Vera de Ruijter

Enya Hermsen

Xiangzhen Kong

Changgui Pan

Frits Gillissen

Christiaan Kwadijk

Miquel Lurling

John Beijer

Edwin Peeters

Jeroen de Klein

Visit our website:

www.microplasticlab.com

