

Podium Discussion



EFSA Unit on Dietetic Products, Nutrition & Allergies

The challenges

Lack of clear, transparent, and sufficiently detailed reporting of human studies, systematic reviews (SR) and meta-analyses (MA) is a barrier to adequately appraising the quality and applicability of studies for substantiation of claims.

Question:

What are the challenges in reporting human studies/SR/MA for substantiation of health claims?

- **Reporting of study design?**
- **Reporting of study execution?**
- **Reporting of study analysis?**