Consolidated list of Article 13 health claims

List of references received by EFSA

Part 3
IDs 2001 – 3000

(This document contains the list of references for claims which the Commission has asked EFSA to prioritise in the evaluation.)

BACKGROUND

In accordance with Article 13 of Regulation (EC) No 1924/2006\(^1\) Member States had provided the European Commission with lists of claims accompanied by the conditions applying to them and by references to the relevant scientific justification by 31 January 2008.

EFSA has received from the European Commission nine Access databases with a consolidated list of 4,185 main health claim entries with around 10,000 similar health claims. The similar health claims were accompanied by the conditions of use and scientific references. The nine Access databases were sent in three batches - in July 2008, in November 2008 and in December 2008.

Subsequently, EFSA combined the databases into one master database and re-allocated upon request of the Commission and Member States similar health claims which had been accidentally placed under a wrong main health claim entry (misplaced claims). During this process some Member States also identified a number of similar health claims which still needed to be submitted to EFSA (“missing claims”). These similar claims were also added to the database.

In March 2010, the European Commission forwarded to EFSA an addendum to the consolidated list containing an additional 452 main entry claims which have been added to the updated final database which was published on the EFSA website in May 2010 (containing 4,637 main entry claims).

The references to the scientific justifications provided by Member States were either included in the database or were provided in separate files. In addition, full-text copies of references were provided directly to EFSA from stakeholders. The deadline for submission of these references was end of 2008. EFSA wishes to acknowledge the full-text copies of relevant literature provided by stakeholders until that date. In some instances, references provided to EFSA were referring to papers which were submitted for publication. In case the publication had in the meanwhile taken place EFSA has included the correct citation in the list of references and this may result in some references carrying a 2009 or 2010 publication date.

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EFSA has screened all health claims on the list using six criteria established by the NDA Panel to identify claims for which EFSA considers sufficient information has been provided for evaluation and those for which more information or clarification is needed before evaluation can be carried out. The claims which had been sent back to the Commission and the Member States for further clarification in January 2009 were received back with additional information in November 2009.

Further information can be found on the EFSA website under the following link: http://www.efsa.europa.eu/EFSA/efsa_locale-1178620753812_article13.htm.

LIST OF REFERENCES

The present document compiles the lists of references for claims with ID numbers between 2001 and 3000 and which the Commission has asked EFSA to prioritise in the evaluation. The list takes into account references provided through different sources and those coming from misplaced or missing claims. The main health claim entries are sorted in ascending order of the ID number.

This document has been updated according to the progress of adoption of opinions related to Article 13 health claims. References for ID numbers which have been added to the document after the last update of 4 October 2010 have been highlighted in red font.
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ID 2961: “Lactobacillus paracasei CNCM I 1687” and “Is a probiotic; contributes to a healthy digestive system by supporting the gut flora through an increased number of positive lactobacillus in the intestine; useful to maintain an healthy intestinal flora adhering to the mucosa; improves intestinal barrier function by competition (steric encumbrance) against pathogens; reduces gastro-intestinal discomfort; necessary to maintain a healthy digestive system by production of specific enzymes (e.g. beta-galactosidase)”

ID 2962: “Lactobacillus paracasei I1688” and “Rinforzo delle difese naturali”

ID 2963: “Lactobacillus paracasei I1688” and “Benessere generale del tratto gastro-intestinale”

ID 2964: “Lactobacillus paracasei LMG P 22043” and “Intestinal flora”

ID 2965: “Lactobacillus plantarum LP 01 (LMG P-21021)” and “Microflora / intestinal transit”

ID 2966: “Lactobacillus plantarum P 17630” and “Benessere del tratto intestinale”

ID 2967: “Lactobacillus plantarum P 17630” and “Benessere della microflora vaginale”

ID 2968: “Lactobacillus rhamnosus” and “Promotes the well being of the intestin improving skin, scalp and hair health.”

ID 2969: “Lactobacillus rhamnosus LR 04 (DSM 16605)” and “Microflora / intestinal transit”

ID 2970: “Lactobacillus salivarius I1794” and “Benessere generale del tratto gastro-intestinale”

ID 2971: “Lactobacillus salivarius I1794” and “Rinforzo delle difese naturali”

ID 2972: “PSMIX®, miscela di Lactobacillus paracasei I1688 e Lactobacillus salivarius I1794” and “Benessere generale del tratto gastro-intestinale”

ID 2973: “PSMIX®, miscela di Lactobacillus paracasei I1688 e Lactobacillus salivarius I1794” and “Rinforzo delle difese naturali”

ID 2974: “Streptococcus thermophilus LMG P 18807” and “Is a probiotic contributes to a healthy digestive system by supporting the gut flora through an increased number of positive lactobacillus in the intestine; useful to maintain an healthy intestinal flora adhering to the mucosa; improves intestinal barrier function by competition (steric encumbrance) against pathogens; reduces gastro-intestinal discomfort; necessary to maintain a healthy digestive system by production of specific enzymes (e.g. beta-galactosidase)”

ID 2975: “Streptococcus thermophilus LMG P 18807” and “Increases the immune defences/response by reducing the CD34+ cells. As recommended by PASSCLAIM, the functional capacity of the immune system has been assessed by: - measuring specific cell function in vivo e.g. production of cytokines or responce to antigens - determining the incidence and severity of infection. Necessary to maintain the natural defences/helps to maintain a balanced immune system (reducing the CD34+ cells)”

ID 2976: “Yoghurt cultures (live)” and “Lactose digestion”

ID 2977: “Probiotic strain: Lactobacillus salivarius W24” and “Intestinal microbiota”

ID 2978: “Probiotic strain: Lactobacillus salivarius W24” and “Beneficially affects the oral ecology measured by increased numbers of positive lactobacilli in the oral microbiota”

ID 2979: “Probiotic strain: Lactobacillus salivarius W24” and “Gut barrier function”

ID 2980: “Probiotic strain: Lactobacillus salivarius W24” and “Balances/supports the immune system measured by increased levels of regulatory cytokines and slgA”

ID 2981: “Probiotic strain: Lactobacillus casei W56” and “Intestinal microbiota”

ID 2982: “Probiotic strain: Lactobacillus casei W58” and “Gut barrier function”

ID 2983: “Probiotic strain: Lactobacillus casei W61” and “Balances/supports the immune system measured by increased levels of regulatory cytokines and slgA”

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ID 2003: “Borago officinalis (Common Name: Borage)” and “Skin health”


ID 2004: “Camellia sinensis (Common Name: Tea)” and “Mental and cognitive health”


ID 2005: “Camellia sinensis (Common Name : Tea)” and “Cognitive Performance: Focussed attention”


ID 2006: “Capsicum annum (Common Name : Cayenne pepper)” and “Weight management”

8 Cichewicz RH and Thorpe PA, 1996. The antimicrobial properties of chile peppers (Capsicum species) and their uses in Mayan medicine. J Ethnopharmacol, 52, 61-70.
10 Felter HW and Lloyd JU, 1898. King’s American dispensatory. Ohio Valley Co., Cincinnatti.


Tsuchiya H, 2001b. Erratum to "Biphasic membrane effects of capsaicin, an active component in Capsicum species". J Ethnopharmacol, 76, 313.


ID 2007: “Carica papaya (Common Name : Papaya)” and “Antioxidant activity”

1. AEFI (The Pharmacists’ Spanish Association of the Industry), Monograph of papain.

ID 2010: “Carum carvi (Common Name : Caraway)” and “Lactation”

ID 2013: “Cinnamomum cassia, zeylanicum (Common Name : Cinnamon)” and “Glucose metabolism”


3. Bentley R and Trimen H, 1880. Medicinal Plants; being descriptions with original figures of the principal plants employed in medicine and an account of the characters, properties, and uses of their parts and products of medicinal value. Churchill, London.


Pham AQ, Kourlas H, Pham DQ, 2007. Cinnamon Supplementation in Patients with Type 2 Diabetes Mellitus. Pharmacotherapy, 27, 595-599.


ID 2014: “Cinnamomum zeylanicum BARK” and “Digestion”


ID 2017: “Cinnamomum zeylanicum BARK” and “Cardiovascular”


ID 2018: “Cinnamomum zeylanicum BARK” and “Genitourinary”


ID 2020: “Cinnamomum zeylanicum BARK” and “Antioxidant”


ID 2021: “Cherries (Prunus cerasus), including Montmorency, Balaton or other sour/tart cherry varieties” and “Antioxidant support”


ID 2022: “Cherries (Prunus cerasus), including Montmorency, Balaton or other sour/tart cherry varieties” and “Joint support”


ID 2023: “Cherries (Prunus cerasus), including Montmorency, Balaton or other sour/tart cherry varieties” and “Cardiovascular / heart health support”


ID 2024: “Cherries (Prunus cerasus, P. domestica), including Montmorency, Balaton or other sour/tart cherry varieties” and “Brain/mental/cognitive health”


ID 2025: “Citrus paradisi (Common Name : Grapefruit)” and “Antioxidant properties”


ID 2026: “Citrus aurantium (Common Name : Bitter orange)” and “Metabolism of lipids/Weight management”


ID 2027: “Citrus aurantium L. ssp. Aurantium (Common name: Bitter orange)” and “Respiratory health”


ID 2028: “Citrus limon (Common Name: Lemon)” and “digestive health”


ID 2029: “Cucurbita pepo (Common Name : Pumpkin)” and “Health of lower urinary tract”


ID 2031: “CoffeeSLENDER® Tablets made from an extract from green coffee beans (Svetol®) the active principle of which is: =5-caffeoylquinic acid or (Chlorogenic acid) =45%, Caffeine = 2%, 3- caffeoylquinic acid =10%” and “Weight loss and weight control in overweight adults Reduces glucose absorption from gut”


ID 2034: “Coriandrum sativum FRUIT” and “Urinary”


Guerra NB, de Almeida Melo E, Filho JM, 2005. Antioxidant compounds from coriander (Coriandrum sativum L.) etheric extract. Journal of Food Composition and Analysis, 18, 193-199.


ID 2035: “Coriandrum sativum FRUIT” and “Cardiovascular”


ID 2037: “Coriandrum sativum FRUIT” and “Immunity & antioxidant”


Guerra NB, de Almeida Melo E, Filho JM, 2005. Antioxidant compounds from coriander (Coriandrum sativum L.) etheric extract. Journal of Food Composition and Analysis, 18, 193-199.


ID 2039: “Capsicum Extract –with Capsaicin” and “Required for enhancing thermogenesis, increasing energy expenditure and enhancing loss of calories”


ID 2040: “Capsicum Extract –with Capsaicin” and “Required for stimulating carbohydrate oxidation and burning carbohydrates”


ID 2041: “Capsicum Extract –with Capsaicin” and “Required for fat oxidation and burns fat, leading to loss in body weight”


ID 2042: “Capsicum Extract –with Capsaicin” and “Required for reducing caloric intake”


ID 2043: “Capsicum Extract –with Capsaicin” and “Required for the reduction of oxidative stress”


ID 2044: “Capsicum Extract –with Capsaicin” and “Required for promotion of hair growth”


ID 2045: “Dioscorea villosa (Common Name : Wild Yam )” and “Menopause”


ID 2049: “Elderberry Sambucus nigra” and “Antioxidant properties”


ID 2050: “Fruit of Vaccinium myrtillus” and “Maintain eye health and function, through antioxidant and venous support action”

ID 2052: “Foeniculum vulgare ssp. Capillaceum var. vulgare. DRIED FRUIT” and “Immunity. Antioxidant”


ID 2053: “Foeniculum vulgare ssp. Capillaceum var. vulgare. DRIED FRUIT” and “Postpartum”


ID 2055: “Foeniculum vulgare Mill (Common name: Fennel)” and “Respiratory health”


ID 2056: “Foeniculi aetheroleum (Common name: Fennel oil)” and “Respiratory Health”


ID 2057: “Garcinia Cambogia (Common name: Carcinia gummi-gutta, gummi-gutta gum, brindleberry, Malabar, tamarind)” and “Weight management”


EMEA (European Medicines Agency)-CHMP (Committee on Human Medicinal Products), 2008. Guideline On Clinical Evaluation Of Medicinal Products Used In Weight Control.


ID 2058: “Green Mate leaf extract (Ilex paraguariensis St.-Hil.)” and “Mild diuretic effect, drainage of excess water”


6 DGCCRF (Direction générale de la concurrence dclcedlrdf, Approved grape extract’s daily recommended intake.

ID 2059: “Natural Grape Extract From red grape skin” and “Rich in polyphenols - Act as antioxidants - Antioxidant is a compound able to scavenge free radicals in the body and stop the oxidative chain reaction”

ID 2060: “Grape seed extract” and “Antioxidant activity”


Shafiee M, Carbonneau MA, Urban N, Descomps B, Leger CL, 2003. Grape and grape seed extract capacities at protecting LDL against oxidation generated by Cu2+, AAPH or SIN-1 and at decreasing
superoxide THP-1 cell production. A comparison to other extracts or compounds. Free Radic Res, 37, 573-584.


ID 2061: “Natural Grape Extract From white grape skin Solvent free” and “Rich in polyphenols - Antioxidant is a compound able to scavenge free radicals in the body and stop the oxidative chain reaction”


3 DGCCRF (Direction générale de la Concurrence, de la Consommation et de la Répression des Fraudes) Approved grape extract’s daily recommended intake.


ID 2062: “Guarana” and “Guarana and mental performance”


ID 2063: “Guarana” and “Guarana and mental performance”

Memorial Sloan-Kettering Cancer Center, Paullinia cupana (Guarana), http://www.mskcc.org/mskcc/html/69248.cfm

ID 2064: “Griffola fondosa (Common Name : Maitake)” and Immune health”

4 Gu CQ, Li J, Chao FH, 2006. Inhibition of hepatitis B virus by D-fraction from Grifola frondosa: synergistic effect of combination with interferon-alpha in HepG2 2.2.15. Antiviral Res, 72, 162-165.


ID 2065: “GLA (example from Borago Officinalis, Primerose oil, Blackcurrant seed oil) and “Essential fatty acid of importance for a healthy skin”


ID 2068: “Hippophae rhamnoides (Common Name: Seabuckthorn)” and “Skin health”


ID 2069: “Illicium verum Hook. (Common name: Star anise)” and “Respiratory health”


ID 2070: “Ilex paraguariensis (Common Name: Yerba mate)” and “Weight management/Metabolism of lipids”


ID 2075: “Lentinus edodes (Common Name: Shiitake)” and “Immune health”


ID 2076: “Linum usitatissimum (Common Name : flaxseed linseed)” and “Gut health”


4 Committee on Herbal Medicinal Products (HMPC) - Community Monographs, 2006. Assessment report on Linum usitatissimum L.


ID 2080: “Lutein (example from tagetes E or Calendula Officinalis)” and “Antioxidant properties”


ID 2081: “Lycopene (from Tomato extract)” and “Antioxidant properties”


ID 2082: “Lycopene (from Tomato extract)” and “Antioxidant properties / protection of DNA”


2 Astley SB and Elliott RM, 2005. How strong is the evidence that lycopene supplementation can modify biomarkers of oxidative damage and DNA repair in human lymphocytes? J Nutr, 135, 2071S-2073S.


ID 2083: “Lycium Barbarum (Common Name: Wolfberry)” and “Antioxidant properties”


ID 2087: “Melissa officinalis (Common Name: Lemon Balm)” and “Antioxidant properties”


CKF (Commissie Keuring Fytoproducten), 2006. Master file Melissa folium.


29 SMC (Swedish Medical Centre), 2006. Herbs&Supplements: Lemon Balm, Melissa officinalis


ID 2090: “Matricaria recutita (Common Name : Chamomile” and “Antioxidant properties”


ID 2091: “Momordica charantia (Common Name : balsam pear, bitter melon, bitter gourd, ampalaya, karela (karola), fu kwa)” and “Glucose metabolism”


ID 2096: “Meso-zeaxanthin (derived form lutein of plant extract like marigold, spinach)” and “Required for macular pigmentation in the eyes for helping in maintenance of health eye functions”

ID 2097: “Menthae piperitae aetheroleum (Common name: Peppermint oil)” and “Respiratory health”


ID 2098: “Oenothera biennis (Common Name : Evening Primrose)” and “Joint health”


ID 2103: “Paulinia cupana (Common Name : Guarana )” and “Cognitive performance”


26 Memorial Sloan-Kettering Cancer Center. Paullinia cupana (Guarana), http://www.mskcc.org/mskcc/html/69248.cfm
36 Swedish Medical Center, Guarana, http://www.swedish.org/body_frameset.cfm?id=1009.
ID 2104: “Phaseolus vulgaris (Common Name : White bean)” and “Glucose metabolism”


ID 2105: “Phaseolus vulgaris (Common Name : White bean)” and “Weight control”


**ID 2107: “Punica granatum (Common Name : Pomgranade)” and “Cardiovascular health”**


ID 2108: “Petroselenium crispum (Common Name : Parsley )” and “Kidneys health”


2 Federal Republic of Germany, Indikationsliste nach § 109 a AMG.

ID 2109: “Piper nigrum FRUIT” and “Digestion”


ID 2115: “Piper nigrum FRUIT” and “Immunity & Antioxidant”


Vijayakumar RS, Surya D, Nalini N, 2004. Antioxidant efficacy of black pepper (Piper nigrum L.) and piperine in rats with high fat diet induced oxidative stress. Redox Rep, 9, 105-110.


ID 2121: “Pimpinella anisum L. (Common name: Anise)” and “Respiratory Health”


ID 2122: “Punica granatum FRUIT & SEED” and “Digestion”


ID 2123: “Punica granatum FRUIT & SEED” and “Antioxidant & immunity”


ID 2124: “Raphanus sativus var niger (Common Name : Radish, Black radish, Japanese radish, Daikon)” and “Liver health”


ID 2125: “Rosmarinus officinalis (Common Name : Rosemary)” and “Antioxidant properties”


ID 2126: “Ribes nigrum (Common Name : Blackcurrant)” and “Muscles and joint health”


ID 2127: “Rubus fruticosus L. (Common name: Blackberry)” and “Respiratory health”


ID 2132: “Syzygium aromaticum. FLOWER BUD” and “Antioxidant”

5. Lee KG and Shibamoto T, 2001. Inhibition of malonaldehyde formation from blood plasma oxidation by aroma extracts and aroma components isolated from clove and eucalyptus. Food and Chemical Toxicology, 39, 1199-1204.

ID 2133: “Sambucus nigra (Common Name : Elder)” and “Purification”


ID 2135: “Sambucus nigra (Common Name: Elder)” and “Glucose metabolism”


ID 2136: “Sambucus nigra (Common Name: Elderberry)” and “Antioxidative properties”


ID 2137: “Sambucus nigra (Common Name : Elderberry)” and “Respiratory health”

Koopera


ID 2138: “Standardized Guarana extract PC102 Dry extract from seeds of Paullinia Cupana H. B. et Kunth, drug?native extract ratio (4.5-7) : 1, solvent of extraction Ethanol/Water , 11.0 - 13.0% of caffeine” and “For mental performance”


ID 2139: “Seed of Vitis vinifera (Grapeseed)” and “Circulatory health through antioxidant action”


ID 2140: “Soy Glycine max” and “Soy contains the phytoestrogens isoflavones that can function as either an estrogen agonist or antagonist”


ID 2141: “Sinapis alba (Common Name: White mustard)” and “Appetite/Digestion”


ID 2142: “Standardized tomato extract [Oleoresin extracted from ripe fruits of Licopersicum aesculentum, solvent of extraction Ethyl acetate, 5% lycopene” and “For antioxidant protection system/protection of DNA”


ID 2143: “Standardized tomato extract [Oleoresin extracted from ripe fruits of Licopersicum aesculentum, solvent of extraction Ethyl acetate, 5% lycopene” and “For skin health”

ID 2144: “Standardized grape seed extract [Dry extract from grape seeds of Vitis vinifera L. (Vitaceae), solvent of extraction Acetone/Water, 8.5 - 13.0% proanthocyanidins]” and “For antioxidant protection system”


ID 2146: “Standardized grape seed extract [Dry extract from grape seeds of Vitis vinifera L. (Vitaceae), solvent of extraction Acetone/Water, 8.5 - 13.0% proanthocyanidins]” and “For cardiovascular (heart/vessel) health”


ID 2147: “Salviae officinalis aetheroleum (Common name: Sage oil)” and “Respiratory health”


ID 2149: “Thymus vulgaris/zygis (Common Name : Thyme)” and “Health of the upper respiratory tract”


ID 2151: “Thymus vulgaris (Common Name: Thyme)” and “Antioxidant properties”


ID 2153: “Vaccinium macrocarpon, oxyccocus (Common Name: Cranberry)” and “Health of the lower urinary tract”

3 AFSSA (Agence Française de Sécurité Sanitaire des Aliments), 2007. Avis relatif à l’évaluation des justificatifs concernant l'extension de l'allégation "contribue à diminuer la fixation de certaines bactéries E. coli sur les parois des voies urinaires", sur l'emploi de la "cranberry/canneberge" ou "Vaccinium macrocarpon" dans la canneberge fraîche et la canneberge congelée, la purée de canneberge, les canneberges


12 Brigham and Women’s Hospital, Cranberry, http://healthlibrary.brighamandwomens.org/Search/19,Cranberry.


ID 2154: “Vaccinium macrocarpon (Common Name : Cranberry)” and “Antioxidant properties”

1 AFSSA(Agence Francaise de Securite Sanitaire des Aliments), AFFSA’s list of opinions related to human nutrition (FR), http://www.afssa.fr/.


ID2155: “Vaccinium macrocarpon (Common Name: Cranberry)” and “Immune health”


ID 2156: “Vitis vinifera (Common Name: Grape)” and “Antioxidant properties”


ID 2157: “Vitis vinifera (Common Name : Grape)” and “Vein health”


24 Pharmacopee francaise IX, 1980. Monograph for the uses of Vitis vinifera L.


ID 2158: “Vitis vinifera (Common Name : Grape)” and “Skin health/Antioxidative properties”


ID 2159: “Vitis vinifera (Common Name : Grape)” and “Heart health”


ID 2160: “VitaBerry® Antioxidant Fruit Blend” and “Excellent source of healthy fruit antioxidants”


ID 2162: “VitaBlue® Wild Blueberry Extract” and “Excellent source of healthy fruit antioxidants”


ID 2164: “VitaCurrant® Black Currant Extract 25% Anthocyanins” and “Excellent source of healthy fruit antioxidants”


ID 2165: “VitaCurrant® Black Currant Extract” and “Excellent source of healthy fruit antioxidants”


ID 2166: “VitaGrape® Grape Seed Extract 95% OPC” and “Excellent source of oligomeric proanthocyanidins known to help in the management of heart health”


Zhang XY, Bai DC, Wu YJ, Li WG, Liu NF, 2005a. Proanthocyanidin from grape seeds enhances anti-tumor effect of doxorubicin both in vitro and in vivo. Pharmazie, 60, 533-538.


ID 2167: “VitaGranate® Pomegranate Extract 40% Ellagic Acid” and “Excellent source of healthy fruit polyphenols known to help in the management of heart health”


No authors listed, 2005. Juice from the "jewel of winter" could be good for the heart. Harv Heart Lett, 16, 7.

No authors listed, 2007. Pomegranates for the prostate and the heart: seeds of hope. Harv Mens Health Watch, 11, 4-5.


ID 2169: “Zeaxanthin (from marigold/ capsicum extract / wolfberries fruit)” and “Required for macular pigmentation in the eyes for maintaining health eye functions”


ID 2173: “ZOTRIM®: Herbal food supplement/ingredient containing a proprietary* combination of extracts of three botanicals, Ilex paraguariensis (Yerba Mate) leaf extract, Paullinia cupana (Guarana) seed extract, and Turnera aphrodisiaca (Damiana) leaf extract” and “Helps lose excess weight, maintain a healthy weight. Supports healthy weight loss”


**ID 2175: “Capsicum annum (Common Name: Capsicum)” and “Stomach health”**

35 Tsuchiya H, 2001b. Erratum to "Biphasic membrane effects of capsaicin, an active component in Capsicum species". J Ethnopharmacol, 76, 313.
ID 2178: “Balsamodendron mukul (common name: Balsamodendron mukul)” and “Joint health”


ID 2179: “Eugenia jambolana (common name: Eugenia jambolana)” and “Glucose metabolism”

Mhaskar, E. B, J.F. C, Kirtikar and Basu’s Illustrated Indian Medicinal Plants—their usage in Ayurveda and Unani Medicines.


Ratsimamanga SU, Eugenia jambolana (monograph).


ID 2181: “Emblica officinalis (common name: Emblica officinalis)” and “Antioxidant properties”


16 Kerala Agricultural University, Medicinal Plants. http://www.kau.edu/pop/medicinalplants.htm
29 RRL and IDMA, 1999. Indian Herbal Pharmacopoeia. Joint publication of Indian Drugs Manufacturer's Association and Regional Research Laboratory Jammu-Tawi.

ID 2186: “Salsa parrilha (Smilax officinalis)” and “Digestive health”


ID 2187: “Combination of extracts from Scutellaria baicalensis (root) and Acacia catechu (heartwood) for use in food supplements only (UnivestinTM, LimbrelTM, FlavocoxidTM)” and “Joint health”


10 Unigen Pharmaceuticals, 2006. Specifications of the combination of extracts from Scutellaria baicalensis (root) and Acacia catechu (heartwood).


ID 2188: “Grapefrukt//Citrus paradisi (Common Name : Grapefruit)” and “Antioxidant properties”


ID 2191: “Ribes nigrum (Common Name : Blackcurrant)” and “Muscles and joint health”


ID 2193: “Acerola” and “Antioxidant activity”


ID 2194: “Achillea millefolium L. (Common name: Yarrow)” and “Health of lower urinary tract”


ID 2195: “Achillea millefolium L. (Common name: Yarrow)” and “Respiratory health”


ID 2199: “Agrimonia eupatoria” and “Health of lower urinary tract”


ID 2200: “Agropyron repens - common name: Couch” and “Renal elimination / organism draining”


ID 2201: “Agropyron repens - common name: Couch” and “Control of weight”


ID 2202: “Alchemilla vulgaris” and “Joint health”


ID 2205: “Alchemilla xanthochlora ROTHM, syn. alchemilla vulgaris L. s.l. (Common name: Lady’s mantle)” and “Respiratory health”


ID 2207: “Allium cepa - common name: Onion” and “Renal elimination / Organism draining”

ID 2211: “Ammi visnaga” and “Respiratory health”


ID 2212: “Ananas comosus - common name: Bromelain, Pineapple” and “Vascular and Vein Health”


ID 2213: “Ananas comosus - common name: Bromelain, Pineapple” and “Digestion”


ID 2214: “Anethum graveolens - common name: dill” and “Renal elimination / organism draining”

ID 2216: “Anisi aetheroleum” and “Respiratory health”


ID 2217: “Apium graveolens (common name: celery)” and “Bladder health/ Health of urinary tract”


ID 2218: “Apium graveolens - common name: celery” and “Renal elimination / organism draining”


ID 2222: “Arctium lappa - common name: Burdock” and “Renal elimination / Organism draining”


ID 2223: “Armoracia rusticana” and “Intestinal health”

ID 2224: “Armorica rusticana - common name: Horseradish” and “Renal elimination / Organism draining”


ID 2226: “Ascophyllum nodosum - common name: ascophyllum” and “Control of weight”

1 Étude clinique: Evaluation de l’efficacité de gélules « ventre plat » par mesures centimétriques.


ID 2227: “Ascophyllum nodosum - common name: ascophyllum” and “Constipation / Intestinal Health”

1 Étude clinique: Evaluation de l’efficacité de gélules « ventre plat » par mesures centimétriques.


ID 2228: “Asparagus officinalis” and “Health of bladder and lower urinary tract”


**ID 2230: “Avena sativum - common name: Oat” and “Constipation / Intestinal Health”**


**ID 2233: “Capsella bursa-pastoris” and “Urinary health”**


**ID 2235: “Cassia fistula - common name: caneficier” and “Constipation / Intestinal Health”**


ID 2243: “Citrullus lunatus (Watermelon) extract - ACTI-08” and “Weight loss management carbohydrate & lipid metabolism improvement”

6 Ninapharm, ACTISOD® - Ingredient description, composition certificate.
7 Ninapharm, Supplementation with ACTISOD® offers an Internal skin protection and regeneration in a double blind, placebo-controlled study.
8 Ninapharm, ACTISOD® Antioxidant actions.
9 Ninapharm, ACTISOD® An Innovative Anti-ageing. For beverages.
10 Ninapharm, Localization and antioxidant capacity of ACTISOD® in a cellular system.
11 Ninapharm, Protective action against cell damage.
12 Ninapharm, Cell activating action.
13 Ninapharm, Collagen productivity in normal human fibroblasts.
14 Ninapharm, Comparison of lycopene composition.
15 Ninapharm, Anti-oxidative activity SOD-like mechanism and DDPH radical scavenging activity.
16 Ninapharm, Antiradical effects of ACTISOD® against the hydorgen peroxide.

ID 2244: “Citrullus lunatus (Watermelon) extract - ACTI-08” and “Antioxidant properties”

4 Ninapharm, ACTISOD® - Ingredient description, composition certificate. NINAPH-ACTI-08.
5 Ninapharm, Supplementation with ACTISOD® offers an Internal skin protection and regeneration in a double blind, placebo-controlled study.
6 Ninapharm, ACTISOD® Antioxidant actions.
7 Ninapharm, ACTISOD® An Innovative Anti-ageing. For beverages.
8 Ninapharm, Localization and antioxidant capacity of ACTISOD® in a cellular system.
9 Ninapharm, ACTISOD® bioavailability.
10 Ninapharm, Protective action against cell damage.
11 Ninapharm, Cell activating action.
12 Ninapharm, Collagen productivity in normal human fibroblasts.
13 Ninapharm, Comparison of lycopene composition.
14 Ninapharm, Lycopene absorption.
15 Ninapharm, Anti-oxidative activity SOD-like mechanism and DDPH radical scavenging activity.
16 Ninapharm, Antiradical effects of ACTISOD® against the hydorgen peroxide.

**ID 2246: “Cnicus benedictus” and “Respiratory health”**


**ID 2248: “Coleus forskohlii extract” and “body weight management - lipid metabolism”**

Bhagwat AM, Joshi B, Joshi AS, 2004. A randomized double-blind clinical trial to investigate the efficacy and safety of ForsLean in increasing lean body mass.
Kamath MS, 2005. Efficacy and safety of ForsLean in increasing lean body mass in obese subjects. Department of Ayurvedic Medicine, Kasturba Medical College, Manipal, India.


ID 2253: “Cynara scolymus - common name: artichoke, globe artichoke” and “Renal elimination / organism draining”

1 AFSSA (Agence Française de Sécurité Sanitaire des Aliments), 2003. Démarche d’évaluation de la sécurité, de l’intérêt et de l’allégation des denrées alimentaires, contenant des plantes, destinées à la consommation humaine (Framework for the evaluation of the safety, the effect and the claims of foodstuff, made from plants, for the human diet).


ID 2254: “Eucalyptus globulus” and “Muscles and joint health”


ID 2255: “Filipendula ulmaria - common name: meadowsweet” and “Joint health”


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**ID 2256: “Fraxinus excelsior” and “Joint health”**


**ID 2257: “Fraxinus excelsior” and “Kidney health”**


**ID 2258: “Fraxinus ornus - common name: Manna” and “Constipation / Intestinal Health”**


**ID 2259: “Fucus vesiculosus” and “Thyroide function and production of hormone, energy metabolism”**


ID 2260: “Fucus vesiculosus - common name: fucus, bladderwrack” and “Constipation / Intestinal Health”


ID 2261: “Ginkgo biloba [dry extract GK501 Pharmaton Dry extract from leaves of Ginkgo biloba L., drug/native extract ratio (35 - 45) : 1, solvent of extraction Acetone/Water, 6.0% terpene lactones, 24.5% ginkgoflavonoids]” and “For cognitive performance / blood circulation”

Bauer U, 1984. 6-Month double-blind randomised clinical trial of Ginkgo biloba extract versus placebo in two parallel groups in patients suffering from peripheral arterial insufficiency. Arzneimittelforschung, 34, 716-720.


CKF (Commissie Keuring Fytoproducten), 2006. Master file: Ginkgo Folium.


45 Kennedy DO, Scholey AB, Wesnes KA, 2002. Modulation of cognition and mood following administration of single doses of Ginkgo biloba, ginseng, and a ginkgo/ginseng combination to healthy young adults. Physiology and Behavior, 75, 739-751.


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UMMC (University of Maryland Medical Center), Ginkgo biloba, http://www.umm.edu/altmed/articles/ginkgo-biloba-000247.htm.


89 Wettstein A, 2000. Cholinesterase inhibitors and Gingko extracts--are they comparable in the treatment of dementia? Comparison of published placebo-controlled efficacy studies of at least six months' duration. Phytomedicine, 6, 393-401.


ID 2262: “Guava” and “Skin health”


ID 2263: “Guava” and “Antioxidative activity”


ID 2266: “Hedera helix” and “Urinary health”


ID 2267: “Hibiscus sabdariffa - common name: Hibiscus” and “Renal elimination / Organism draining”


ID 2272: “Hypericum perforatum” and “Respiratory health”


ID 2273: “Hypericum perforatum” and “Health of lower urinary tract”


ID 2274: “Hyssopus officinalis L. (Common name: Hyssop)” and “Respiratory health”

1 Hyssop. 2006. Health Products and Food Branch of Health Canada, the Natural Health Products Directorate (NHPD).
**ID 2275: “Ilex paraguariensis - common name: yerba mate, maté, kali chaye” and “Renal elimination / organism draining”**


**ID 2276: “Ilex paraguariensis St.-Hil. - Green Mate leaf extract” and “Mild diuretic effect, drainage of excess water”**


**ID 2278: “Inula helenium” and “Pharyngeal and respiratory health”**


**ID 2280: “Inula helenium - common name: Elecampane” and “Renal elimination / Organism draining”**


ID 2285: “Lamium album - common name: white dead nettle” and “Renal elimination / organism draining”

6 Friley J, Lamier blanc. In: Les simples et autres plantes médicinales. CNPMAI (Conservatoire National des Plantes à Parfum, Médicinales, Aromatiques et Industrielles de Milly-la-Forêt), 73.

ID 2292: “Levisticum officinale - common name: Lovage” and “Renal elimination / organism draining”


ID 2293: “Limonis aetheroleum” and “Respiratory health”


ID 2294: “Linum usitatissimum - common name: flaxseed” and “Control of weight”

ID 2296. “Lycopodium clavatum” and “Health of bladder and lower urinary tract”


ID 2297: “Malva sylvestris” and “Pharyngeal and respiratory health”


ID 2298: “Medicago sativa” and “Health of lower urinary tract”


ID 2303: “Melissa officinalis L. (Common name: Lemon balm)” and “Respiratory health”


ID 2304: “Melon extract (containing SOD) / Wheat Gliadin” and “Endogenous antioxidant enzyme; effects on immune system”


ID 2305: “Melon extract (containing SOD) / Wheat Gliadin” and “Endogenous antioxidant enzyme; protects skin from sun damage”

2 Laverdet C, 2003. Glisodin Sun Pilot Trial: an open study conducted in France on 15 patients presenting fragile skin, hypersensitivity to the sun or even problems of sun disease.

ID 2309: “Mentha x piperita L. (Common names: peppermint, mint)” and “Respiratory health”

ID 2310: “Menthae arvensis aetheroleum” and “Respiratory health”


ID 2311: “Myristica fragrans” and “Museles and joint health”


ID 2314: “Ocimum basilicum - common name: Basil” and “Renal elimination / Organism draining”


ID 2318: “Phaseolus Vulgaris (Kidney bean) - Olea europa (Olive) - Rosemarinus officinalis (Rosemary) extracts - OXY-08” and “Weight loss management, fat metabolism & storage improvement”


Ninapharm, 2008. OXYLIA® enhances and maintains weight loss in humans.


Raubicheck CJ, 2006. Letter to Mitchell Skop (Pharmachem Laboratories, Inc.): Pharmachem's PHASE-2 STARCH NEUTRALIZER®. FDA-Accepted Weight Control and Starch Digestion Claims. Frommer Lawrence & Haug LLP.


ID 2319 : “Pimpinella saxifrage” and “Health of lower urinary tract”


ID 2320: “Pitanga” and “Skin health”


ID 2321: “Pitanga” and “Antioxidant activity”


ID 2322: “Populus nigra” and “Kidney health”

ID 2325: “Prunus mume (Plum) extract - INP-08” and “Weight loss management, acid base balancer”


ID 2326: “Prunus spinosa” and “Kidney health”


ID 2328: “Quercus robur” and “Health of the upper respiratory tract”


ID 2329: “Raphanus sativus - common name: radish, black radish, Japanese radish, Daikon” and “Digestion”


ID 2330: “Ribes nigrum - nom commun: blackcurrant” and “Renal Elimination / Draining organism”

ID 2331: “Ribes nigrum - nom commun: blackcurrant” and “Control of weight”


ID 2332: “Ribes nigrum L. (Common name: Blackcurrant)” and “Respiratory health”


ID 2333: “Rice vinegar extract - INRV-08” and “Weight loss management, acid base balancer”


ID 2334: “Rosa canica - common name : Cynorrhodon, Eglantier” and “Invigoration of the body”


ID 2335: “Rubus fructicosus” and “Glucose metabolism”


ID 2336: “Rubus idaeas (Raspberry) extract - BERI-08” and “Weight loss management, thermogenesis”


ID 2337: “Rubus idaeus - common name: Blackberry” and “Digestion”

ID 2338: “Rubus idaeus - common name: Blackberry” and “Renal elimination / Organism draining”

ID 2339: “Salvia triloba L. fil. (Common name: Greek sage)” and “Respiratory health”

ID 2340: “Salviae lavandulifoliae aetheroleum” and “Respiratory health”
ID 2342: “Sisymbrium officinale” and “Respiratory health”


ID 2344: “Triticum sativum” and “Resistance system”


ID 2345: “Undaria pinnatifidia” and “Body weight”


ID 2346: “Urtica dioica - common name: Stinging nettle” and “Renal Elimination / Organism draining”

9 ESCOP (The European Scientific Cooperative on Phytotherapy), 1997. ESCOP Monographs on the Medicinal Uses of Plant Drugs.


ID 2348: “Valerian extract [Dry extract from roots of Valeriana officinalis L., drug/native extract ratio (3-6) : 1, solvent of extraction Ethanol/Water, min 0.3% valerenic acid]” and “For insomnia and mental health”


ID 2351: “Verbascum thapsiforme” and “Pharyngeal and respiratory health”


ID 2352: “Verbascum thapsiforme” and “Bladder and Kidney Health”

ID 2355: “Veronica officinalis” and “Kidney health”


ID 2356: “Viola tricolor” and “Respiratory health”


ID 2362: “Garlic bulb (Allium sativum)” and “Body’s defence system against microorganism”


ID 2365: “Pumpkin seed (Cucurbita pepo)” and “Prostate/urinary tract”


ID 2368: “Combination of sweet fennel seed (Foeniculum dulce), mint leaf (Mentha piperita) and chamomile flower (Matricaria chamomilla)” and “Digestive system”


ID 2372: “Tomato extract containing lycopene” and “Cardio-vascular health”


5 The Research Institute of Public Health - University of Kuopio (Finland), Lycopene and heart diseases, http://www.uku.fi/nutritionepidemiologists/lycopene.htm

6 Torbergsen AC and Collins AR, 2000. Recovery of human lymphocytes from oxidative DNA damage; the apparent enhancement of DNA repair by carotenoids is probably simply an antioxidant effect. Eur J Nutr, 39, 80-85.


ID 2373: “Tomato extract containing lycopene” and “Skin health”


5 Bohm V and Bitsch R, 1999. Intestinal absorption of lycopene from different matrices and interactions to other carotenoids, the lipid status, and the antioxidant capacity of human plasma. Eur J Nutr, 38, 118-125.


51 Torbergsen AC and Collins AR, 2000. Recovery of human lymphocytes from oxidative DNA damage; the apparent enhancement of DNA repair by carotenoids is probably simply an antioxidant effect. Eur J Nutr, 39, 80-85.


ID 2374: “Tomato extract containing lycopene” and “Prostate health”


8 Ansari MS and Gupta NP, 2005b. A comparison of lycopene and orchidectomy vs orchidectomy alone in the management of advanced prostate cancer. BJU Int, 95, 453.
9 Astley SB and Elliott RM, 2005. How strong is the evidence that lycopene supplementation can modify biomarkers of oxidative damage and DNA repair in human lymphocytes? J Nutr, 135, 2071S-2073S.


ID 2375: “Guarana seed (Paulina cupana fruit)” and “Invigoration of the body”


Steinmetz EF, 1957. Codex Vegetabilis. Published by the author, Amsterdam.


ID 2380: “Horseradish root (Armoracia rusticana)” and “Respiratory system health”


Goos KH, Albrecht U, Schneider B, 2006. [Efficacy and safety profile of a herbal drug containing nasturtium herb and horseradish root in acute sinusitis, acute bronchitis and acute urinary tract infection in comparison with other treatments in the daily practice/results of a prospective cohort study]. Arzneimittelforschung, 56, 249-257.


ID 2383: “Acorus Calamus (Sweet flag, sweet rush)” and “Invigoration of the body”

Rubine H, 2000 Kalme smaržā. Ārstniecības augu avīze, 1, 1.

Чиков ПС, 1974. Лекарственные растения СССР и их применение. М: Медицина, 22-23. 

180
ID 2384: “Aegopodium podagraria” and “Digestive health”


ID 2386: “Alchemilla vulgaris (Lady's Mantle)” and “Invigoration the body”


ID 2388: “Andrographis paniculata (Creat)” and “Purification”

2 No authors listed, PartySmart - Product Monograph. HerbalScience Group LLC.

ID 2391: “Angelica sinensis (Angelica)” and “Invigoration the body”


ID 2392: “Angelica sinensis (Angelica)” and “Metabolism in joints”


ID 2393: “Apium graveolens (Celery)” and “Invigoration the body”


ID 2394: “Arctium lappa (Burdock)” and “Joint health”


ID 2395: “Argyreia speciosa” and “Fertility”


**ID 2396: “Ascophyllum nodosum (seaweed)” and “Structure and function of the skin and mucous membranes”**


**ID 2398: “Avena sativa (Green oat)” and “Digestive system, metabolism”**


**ID 2399: “Barbarea vulgaris (Garden yellowrocket)” and “Physical and mental health”**


**ID 2400: “Berberis vulgaris (Barberry)” and “Gastro-intestinal health”**

1. Иванов Л и Антишлак АА, 2002 ПЗ2 Биологически активные добавки к пище (теория, производство, применение). Адвваллон, Москва.
ID 2401: “Beta vulgaris” and “Purification”


ID 2407: “Capparis spinosa” and “Liver health, appetite”


ID 2408: “Cassia fistula” and “Vein health”


ID 2409: “Centaurium erythraea (Centaury)” and “Invigoration the body”


ID 2413: “Chamaenerion angustifolium (Willow herb)” and “Digestive health”


ID 2414: “Chamaenerion angustifolium (Willow herb)” and “Mental health”


ID 2415: “Chlorella pyrenoidosa (Chlorella)” and “Digestive health / Liver health”

ID 2416: “Cichorium intybus (Chicory)” and “Heart health / Vascular health”
2 Зуук Б and Куцик Р, 2002. Цикорий дикий (Цикорий обыкновенный) Cichorium intybus L.. Аналитический обзор.

ID 2417: “Comarum palustre” and “Joint health”
1 Кьосев ПА, 2000. Полный справочник лекарственных растений. ЭКСМО-ПРЕСС, Москва.
2 Rubine H, 2002 Vārnkāja purva. Ārstniecības augu avize, 3, 55.

ID 2418: “Commiphora wighti (Indian Bedellium, Guggal)” and “Joint, bone health”

ID 2427: “Crocus sativus” and “Fertility”

ID 2428: “Cyamopsis tetragonolobus (Guar)” and “Weight management”

ID 2429: “Cyamopsis tetragonolobus (Guar)” and “Blood glucose control”

ID 2430: “Cyperus scariosus (Cyperus)” and “Digestive health”
1 Cyperus rotundus Linn. In: Selected Medical Plants of India. 428-429.

ID 2431: “Daucus carota (Carrot)” and “Eye health”

ID 2432: “Didymocarpus pedicellata” and “Kidneys health”

ID 2435: “Emblica officinalis (Indian Gooseberry)” and “Respiratory health”
ID 2436: “Elytriga repens” and “Digestive health”


ID 2437: “Equisetum arvense (Horsetail)” and “Invigoration of the body”


ID 2438: “Equisetum arvense (Horsetail)” and “Skin, hair health”


ID 2439: “Equisetum arvense (Horsetail)” and “Bone health”


ID 2441: “Euphrasia officinalis (Eyebright)” and “Invigoration of the body”


ID 2442: “Fagopyrum esculentum (Buckwheat)” and “Respiratory health”


ID 2444: “Filipendula ulmaria (Spiraea ulmaria) (Meadowsweet)” and “Mental health / Relaxation”


ID 2455: “Justicia gendarussa” and “Health of lower urinary tract”


ID 2456: “Lathirus pratensis” and “Respiratory health”


ID 2457: “Ledebouriella seseloides” and “Skin health”


ID 2458: “Ledebouriella seseloides” and “Joint health”


ID 2459: “Leonurus quinquelobatus syn. L.villosus (motherwort)” and “Cardiovascular health”


Rubine H, 2002 Vārnkāja purva. Ārstniecības augu avīze, 3, 55.


ID 2461: “Medicago lupulina / M.sativa” and “Glucose metabolism”


ID 2462: “Medicago lupulina / M.sativa” and “Digestive health”


ID 2463: “Medicago lupulina / M.sativa” and “Invigoration the body”


ID 2464: “Menyanthes trifoliata” and “Digestive health”


ID 2467: “Onopordon acanthium” and “Physical and mental performance”


ID 2469: “Origanum vulgare” and “Health of the upper respiratory tract / Immune health”


ID 2472: “Origanum vulgare” and “Cardiovascular health”


ID 2473: “Origanum vulgare” and “Mental performance”


ID 2475: “Phoenix dactylifera (Date)” and “Antioxidant activity”

1 No authors listed, PartySmart - Product Monograph. HerbalScience Group LLC.


ID 2477: “Pinus pinaster (Maritime Pine)” and “Respiratory health”

1 Rubine H, 2000. Priede parastā. Ārstniecības augu avīze, 1, 43.

ID 2480: “Polygonum arenastrum syn. aviculare (Knotweed)” and “Digestive health”


ID 2482: “Prunus amygdalus” and “Fertility”


ID 2485: “Ribes nigrum (Blackcurrant)” and “Invigoration the body”


ID 2486: “Rubus caesicus” and “Invigoration the body”


ID 2487: “Rubus idaeus (Raspberry)” and “Menstrual health”


ID 2488: “Salix alba (Willow)” and “Invigoration the body”

1 Rubine H, 2000. Vītols, baltais. Ārstniecības augu avīze, 1, 60.

ID 2494: “Terminalia arjuna” and “Liver health”


ID 2496: “Trifolium pratense (Red Clover)” and “Heart health, cardiovascular health”


ID 2497: “Tussilago farfara (Coltsfoot)” and “Health of the upper respiratory tract / Immune health”

ID 2498: “Urtica dioica (Nettle)” and “Respiratory health”

ID 2499: " Vaccinium macrocarpon, oxycoccus (Cranberry)” and “Heart health”
ID 2500: “Valeriana officinalis (Valerian)” and “Cardiovascular health”


ID 2501: “Valeriana officinalis (Valerian)” and “Digestive health”


ID 2504: “Zea mays (Maize)” and “Liver health”

2 Skutelis A and Pakalns D, 2005. Ārstniecības augu farmakoloģija. [In Latvian]. 136.

ID 2505: “Zea mays (Maize)” and “Kidneys health”


ID 2508: “Name of Food product: Adhatoda vasica Description of food in terms of food legislation categories: Food supplement Was food on Irish market before 1st July 2007: No” and “Health benefits of food: Adhatoda vasica has antiinflammatory activity. Do benefits relate to a disease risk factor: No.Target group: Adults aged 18 years and over with some exceptions. If exceptions describe: Pregnant and lactating women, and children.”


ID 2510: “Name of Food product: psyllium seed (plantago ispaghula).Description of food in terms of food legislation categories: Food supplement.Was food on Irish market before 1st July 2007: No” and “Health benefits of food: bowel regularity; feeling of fullness; helps control blood levels of cholesterol.Do benefits relate to a disease risk factor: Yes.Target group: All of the general population including children and adults”


3 EMEA (European Medicines Agency) HMPC (Committee on Herbal Medicinal Products), 2006. Community Herbal Monograph on Plantago Ovata Forssk., Semenis tegumentum.


ID 2511: “Name of Food product: Terminalia arjuna. Description of food in terms of food legislation categories: Food supplement. Was food on Irish market before 1st July 2007: No” and “Health benefits of food: Terminalia arjuna possesses antioxidant activity. Do benefits relate to a disease risk factor: No. Target group: Adults aged 18 years and over with some exceptions. If exceptions describe: Pregnant and lactating women, and children”


ID 2514: “Ananas tige” and “Anti-inflammatoire”


ID 2515: “Ballota nigra L.” and “Antioxidant”


ID 2517: “Bardane racine” and “Anti-inflammatoire/anti-oxidant de la peau”


ID 2522: “Carotte racine” and “Anti-oxidant Photoprotection”


**ID 2527: “Christe marine” and “Antioxidant”**


**ID 2528: “Christe marine” and “Diurétique”**


**ID 2530: “Chrysanthellum americanum” and “Antioxidant”**


**ID 2531: “Cosse de Haricot” and “Diurétique”**


**ID 2541: “Frêne Feuille” and “Système urinaire Diurétique”**


**ID 2552: “Levure de bière” and “Épiderme soigne l'acnée”**

ID 2556: “Grifola frondosa (Maitake) thalle” and “Métabolisme des glucides antidiabétique, hypoglycémiant”


ID 2567: “Piloselle plante” and “Système urinaire Diurétique”


ID 2575: “Prêle” and “Anti-oxidant”


ID 2580: “Sauge sclarée plante” and “Anti-oxidant”


ID 2585: “Alfalfa” and “Système circulatoire Hypocholestérolémiant”


ID 2591: “Marjolaine feuille” and “Anti-oxidant”


ID 2596: “Chiendent rhizome plante” and “Système urinaire Diurétique, anti-inflammatoire des voies urinaires, prévention des calculs rénaux”


ID 2616: “Germe de blé” and “Anti-oxidant. Source de vitamine E”


ID 2618: “Germe de blé” and “Système circulatoire. Source d'oméga 3, anti-arthérosclérose, diminue les triglycérides, réduit les risques de crises cardiaques”


ID 2620: “Argan” and “Anti-oxidant Anticancer”


ID 2622: “Cynorrhodon” and “Anti-asthénique, source de vitamine C”


ID 2628: “Bouleau pubescent” and “Diurétique”


ID 2629: “Chataigné” and “Astringent, anti-oxidant”


ID 2637: “Cranberry extract powder (Vaccinium macrocarpon)” and “natural antioxidant”

1 AFSSA (Agence Francaise de Securite Sanitaire des Aliments), AFFSA’s list of opinions related to human nutrition (FR), http://www.afssa.fr/.


**ID 2638:** “blueberry extracts” and “can support maintainig of proper night vision”


**ID 2639:** “blueberry extracts” and “natural antioxidant”


**ID 2640:** “green tea extract (Camelia sinensis)” and “helps to keep normal cholesterol level”


ID 2641: “extract of Silybum marianum” and “antioxidant”


ID 2642: “extract of Gymnema sylvestre” and “helps to keep normal sugar level in organism”


ID 2643: “extrakt of Garcinia cambogie hydrodycitric acid” and “metabolism of fats”


ID 2647: “Boswellin (Bosellia serrata)” and “Metabolism of enzymes: Boswellin positively effects the enzyme 5-lipoxygenase, as well as the human leukocyte elastase (HLE)”


ID 2649: “ginger extract (Zingiberis officinale)” and “helps to maintain mobility of joints”


ID 2651: “Extract from Garcinia cambogia (60% HCA) - (-)-Hydroxycitric acid” and “HCA is an inhibitor of ATP-citrate lyase, which is involved in fatty acid synthesis”


ID 2652: “Extract from Aronia melanocarpa” and “antioxidant effects”


ID 2653: “Extract from the red grapes skin” and “antioxidant effects”


ID 2654: “Extract from Hibiscus Chinensis” and “antioxidant effects”


ID 2657: “green tea extract (Camelia sinensis)” and “helps to keep elasticity of vessels”


ID 2658: “nettle extract (Urtica dioica), dandelion extract (Taraxum officinale), birch extract (Betula pendula), parsley extract (Petroselinum crispum)” and “has diuretic effect, helps to maintain proper function of urinary system, diureticum”


ID 2660: “Evening primrose oil (Oenothera biennis) contains gamalinolenic acid” and “helps to maintain elasticity, tenderness and health of skin, structure and function of skin and mucose membrane”


ID 2661: “Evening primrose oil (Oenothera biennis) contains gamalinolenic acid” and “helps to keep normal blood cholesterol”


ID 2662: “Evening primrose oil (Oenothera biennis) contains gamalinolenic acid” and “helps to keep normal blood pressure”


**ID 2663:** “extract of guarana (Paullinia cupana)” and “natural antioxidant”


**ID 2664:** “green tea extract (Camelia sinensis)” and “natural antioxidant”


ID 2665: “Mucuna pruriens” and “Metabolism of testosterone”


ID 2668: “Extract of olive leaves (oleuropein)” and “natural antioxidant protect organism from oxidative demage powerful antioxidants beneficial to human health”


ID 2672: “Ginseng, extract from root” and “Effective substances, ginsenosides”

11 Council of Europe, European Pharmacopoeia.
27 Kameníková D, 2000. Zdravotnické noviny
43 UMMC (University of Maryland Medical Centre), Asian Ginseng.


ID 2673: “Ginseng, extract from root” and “Acting as antioxidants”


2 Kameníková D, 2000. Zdravotnické noviny

ID 2674: “Eucalyptol” and “Antiseptic properties”


**ID 2675: “Menthol” and “Influence of nasal airflow”**


**ID 2676: “Ginseng ” and “Erection”**


**ID 2677: “Elder Flower (Sambucus nigra)” and “Supports body’s renal elimination of water”**


ID 2680: “Valerian-hops combination (Humulus lupulus, Valeriana officinalis)” and “Sleep”


ID 2681: “Caraway fruit (Carum carvi)” and “Spasmolytic effect”


ID 2684: “Aniseed (Pimpinella anisum)” and “Stimulates secretion of all glands, including lacteal ones”


ID 2687: “Common Thyme (Thymus vulgaris, Thymus zygis)” and “Supports secretion of mucus in the upper respiratory tract”


ID 2690: “Lime Tree (Tilia cordata, Tilia platyphyllos)” and “Supports expectoration”


ID 2691: “Lime Tree (Tilia cordata, Tilia platyphyllos)” and “Supports body’s renal elimination of water”


ID 2692: “Fennel (Foeniculum vulgare)” and “Spasmolytic and carminative effect”


ID 2694: “German Chamomile (Matricaria/Chamomills recutita L.)” and “Spasmolytic effect”


ID 2696: “Peppermint (Mentha piperita)” and “Carminative effect”


ID 2699: “Goat’s rue (Galega officinalis)” and “Supports activity of lacteal glands”


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ID 2701: “Chicory (Cichorium intybus L.)” and “Urinary elimination”


ID 2702: “Chicory (Cichorium intybus L.)” and “Slimming aid/ Weigh control”

ID 2703: “Carob (Ceratonica siliqua L.)” and “Satiety/ weight control”


ID 2704 : “Artichoke (leaf) Cynara scolymus” and “Health of lower urinary tract”


ID 2705: “Cherry Peduncle. Prunus avium, Prunus cerasus” and “Health of lower urinary tract”

10 Olivier JF, 60 fruits et légumes qui guérissent. La vie Médicale, 40.
ID 2707: “Guarana (seed) Paullinia cupana” and “Weight control and fat metabolism”


ID 2708: “Heather (blossoming top). Calluna vulgaris” and “Health of lower urinary tract”


ID 2709: “Mallow (leaf and flower) Malva sylvestris” and “Pharyngeal health / Softening throat”

ID 2710: “Papaya (leaf) Carica papaya” and “Body fat reduction”


ID 2713: “Pyrus malus (Common Name Apple) extract powder containing polyphenols” and “Blood glucose control”


ID 2715: “Borago officinalis - common name : Borage” and “Renal elimination / organism draining”

ID 2716: “Camellia sinensis - common name: tea” and “Control of weight”


ID 2717: “Ribes nigrum - nom commun: blackcurrant” and “Control of weight”


ID 2718: “Sambucus nigra - common name: black elder, European elder” and “Control of weight”


ID 2719: “Armorica rusticana - common name: Horseradish” and “Renal elimination / Organism draining”


ID 2722: “Alfalfa. (Medicago sativa L.)” and “Hair and nails health”


ID 2723: “Bamboo (Bambusa arundinacea)” and “Bones and joints health”


Rombi M, Robert D, Guedon D, Rosier-Sala C, Renzacci E, 2007. 120 plantes médicinales : Composition, mode d'action et intérêt thérapeutique ... de l'Ail à la Vigne rouge. Alpen Editions Monaco.


ID 2724: “Cocoa (Theobroma cacao L.)” and “Slimming / lipids metabolism”


ID 2725: “Cola (Cola nitida)” and “Weight control”


ID 2727: “Grape (Vitis vinifera L)” and “Weight control”


ID 2728: “Grapefruit (Citrus paradisi Mact. = C. decumana L., C. grandis Osbeck ; Citrus maxima)” and “Purifying/ detoxifying properties”


ID 2730: “Larch tree (Larix decidua)” and “Immune health”

ID 2731: “Lithothamnium calcareum (calcium carbonate)” and “Bone health - mineralization”


4. FDA (Food and Drug Administration), 2007. FDA updates health claim for calcium and osteoporosis. P07-02.


ID 2733: “Nopal (Opuntia ficus indica)” and “Weight control”


**ID 2734: “Purslane (Portulaca oleracea L.)” and “Antioxidant properties”**


**ID 2735: “Red Vine (Vitis vinifera L.)” and “Weight control/cellulitis”**


**ID 2736: “Sage (Salvia lavandulaefolia Vahl.)” and “Mental health/ cognitive functions”**


ID 2739: “Corn silk (Zea mays L.)” and “Health of urinary and digestive function”


ID 2740: “Couchgrass (Agropyron repens L.)” and “Detoxification”


ID 2742: “Fennel (Foeniculum vulgare)” and “Urinary elimination - Detoxification”

ID 2743: “Papaya (Carica papaya L.)” and “Skin curves/Cellulitis”


ID 2744: “Turmeric (Curcuma longa L.)” and “Stimulation of appetite”


ID 2746: “Quinoa (Chenopodium quinoa)” and “Hair growth”


ID 2747: “Roquette (Eruca sativa): dry hydroethanolic extract ” and “Hair growth”


ID 2748: “Huile de carthame (safflower oil)” and “Skin care”


ID 2749: “Huile de noisettes : Hazel nut (Corylus avellana) oil” and “Skin care”


ID 2750: “Cassis : Dry extract of Ribes Nigrum fruit standardized at 7% of anthocyanosides” and “Eye health”


ID 2751: “Curcuma: Curcuma longa” and “Liver lipids”


ID 2752: “Radis noir: Raphanus niger (Black radish)” and “Improve digestion/transit”


ID 2753: “Sureau: Elder berry (dry aqueous extract)” and “Veinous system”


ID 2755: “Myrtille: Extract of Vaccinum Myrtillus (bilberries)” and “Hairs and nails care”


ID 2757: “Ascophyllum (Ascophyllum nodosum) dry water extract” and “Action on fats”


ID 2758: “Spiruline (dry extract of Spirulina maxima)” and “Amino acid supplementation”


ID 2759: “Brocoli: Dry extract of concentrated Brassica oleracea inflorescences juice” and “Gastric acidities”


ID 2765: “Plante : Thé vert Camellia sinensis (Green tea)” and “Elimination rénale de l’eau”


**Brigham and Women’s Hospital, Cranberry, http://healthlibrary.brighamandwomens.org/Search/19,Cranberry.**


**Goodine W, 2002. Regular drinking of cranberry-lingonberry juice concentrate reduced recurrent urinary tract infections in women. Evid Based Nurs, 5, 43.**


27 Therapeutic Research Faculty, Cranberry Monograph. Natural Medicines Comprehensive Database.


ID 2772: “Valerian extract [Dry extract from roots of Valeriana officinalis L., drug/native extract ratio(3 - 6): 1, solvent of extraction Ethanol/Water, min 0.3% valerenic acid]” and “For isomnia and mental health”


ID 2773: “Graines de brocoli et extraits de graines de brocoli: Sulforaphane” and “Santé de la prostate”


ID 2774: “Fumaria officinalis, fumitory, nom français : fumeterre” and “élimination”


ID 2778: “Artemisia vulgaris L.; Common name : Armoise commune” and “appétit”

1. AFSSA (Agence française de sécurité sanitaire des aliments), 2003. Démarche d’évaluation de la sécurité, de l’intérêt et de l’allégation des denrées alimentaires, contenant des plantes, destinées à la consommation humaine (Framework for the evaluation of the safety, the effect and the claims of foodstuff, made from plants, for the human diet).

ID 2780: “Combretum micranthum G. Don; Common name: Kinkéliba” and “élimination”

1. AFSSA (Agence Française de Sécurité Sanitaire des Aliments), 2003. Démarche d’évaluation de la sécurité, de l’intérêt et de l’allégation des denrées alimentaires, contenant des plantes, destinées à la consommation humaine (Framework for the evaluation of the safety, the effect and the claims of foodstuff, made from plants, for the human diet).

ID 2782: “Equisetum arvense L.; Common name: Prêle des champs” and “élimination”

1. AFSSA (Agence Française de Sécurité Sanitaire des Aliments), 2003. Démarche d’évaluation de la sécurité, de l’intérêt et de l’allégation des denrées alimentaires, contenant des plantes, destinées à la consommation humaine (Framework for the evaluation of the safety, the effect and the claims of foodstuff, made from plants, for the human diet).


**ID 2783:** “Equisetum arvense L.; Common name: Prêle des champs; Common name : Armoise commune” and “amincissement”

1. AFSSA (Agence française de sécurité sanitaire des aliments), 2003. Démarche d’évaluation de la sécurité, de l’intérêt et de l’allégation des denrées alimentaires, contenant des plantes, destinées à la consommation humaine (Framework for the evaluation of the safety, the effect and the claims of foodstuff, made from plants, for the human diet).

**ID 2784:** “Hieracium pilosella L.; Common name: Piloselle” and “élimination”


**ID 2785:** “Ononis spinosa L.; Common name: Bugrane ” and “élimination”

1. AFSSA (Agence Française de Sécurité Sanitaire des Aliments), 2003. Démarche d’évaluation de la sécurité, de l’intérêt et de l’allégation des denrées alimentaires, contenant des plantes, destinées à la consommation humaine (Framework for the evaluation of the safety, the effect and the claims of foodstuff, made from plants, for the human diet).

**ID 2787:** “Urtica dioica L.; Common name: Ortie dioïque” and “élimination”

1. AFSSA (Agence Française de Sécurité Sanitaire des Aliments), 2003. Démarche d’évaluation de la sécurité, de l’intérêt et de l’allégation des denrées alimentaires, contenant des plantes, destinées à la consommation humaine (Framework for the evaluation of the safety, the effect and the claims of foodstuff, made from plants, for the human diet).

**ID 2788:** “Zea mays L.; Common name: Maïs” and “amincissement”

1. AFSSA (Agence Française de Sécurité Sanitaire des Aliments), 2003. Démarche d’évaluation de la sécurité, de l’intérêt et de l’allégation des denrées alimentaires, contenant des plantes, destinées à la consommation humaine (Framework for the evaluation of the safety, the effect and the claims of foodstuff, made from plants, for the human diet).

**ID 2792:** “Ajuga extract” and “Trophism of skin and related tissues”


ID 2793: “Alfalfa” and “Cardiovascular system”


ID 2794: “Avocado-soy extract” and “Joints”


**ID 2795: “Bilberry / flavonols + anthocyanidines” and “Antioxidativity Cardiovascular system”**


**ID 2796: “Bilberry and anthocyanins from blackcurrent” and “Eyes”**

ID 2798: “Bilberry + pine bark” and “Musculoskeletal system”


ID 2800: “Bilberry + pine bark” and “Antioxidativity”


ID 2803: “Dandelion root extract” and “Cardiovascular system”


ID 2805: “Garlic” and “Carbohydrate metabolism and insulin sensitivity.”


ID 2807: “Ginkgo tree (Ginkgo biloba)” and “Cardiovascular system. Eyes. Ears”

1 Liste der in der Schweiz zulässigen Anpreisungen für Vitamine und Mineralstoffe.

**ID 2808: “Ginseng” and “Physical performance and condition.”**


**ID 2809: “Ginseng” and “Mental state and performance”**


ID 2812: “Green tea extract” and “Mental state and performance”

1 Hanley JL, 1999. Attention Deficit Disorder. Impact Communications Inc, Green Bay, WI.


ID 2813: “Green tea extract” and “Mouth”


ID 2814: “Green tea, green tea extract” and “Cardiovascular system”


ID 2815: “Heather blossom extract” and “Mental state and performance”

1 Girau Bach L, 1955. [Pharmacognosia of Calluna vulgaris (L.) Hull (common heath) of the northeast region of Spain.]. Farmacognosia, 15, 49-144.


ID 2816: “Dry extract of common horsetail summer shoots + dry extract of dandelion root” and “Fluid and electrolyte balance”


ID 2817: “Iceland moss extract (Cetraria islandica)” and “Antioxidativity”


ID 2819: “Jerusalem artichoke” and “Gut health”


ID 2820: “Jerusalem artichoke” and “Gut health”


ID 2821: “Nettle” and “Bone, nails, hair”


ID 2823: “Oregano (Oreganum vulgare)” and “Antioxidativity”


ID 2825: “Papaya” and “Digestion”


ID 2827: “Pine shoot (fresh) (Picea abies)” and “Respiratory passages”


ID 2829: “Roseroott (Rhodiola rosea)” and “Physical performance and condition. Antioxidativity”


ID 2830: “Suma (Pfaffia paniculata) –phospholipid compound” and “Mental state and performance Physical performance and condition.”


ID 2831: “Tribulus terrestris” and “Sexual organs and/or hormone activity”


Kumanov F, Bozadjieva E, Platonova M, Ankov V, Clinical Testing of Tribestan. Institute of Endocrinology, Gerontology, Geriatrics and HMMI.


ID 2832: “Wheat sprouts” and “Antioxidativity”


ID 2833: “Wheat sprouts” and “Eyes”


ID 2835: “Yerba mate extract (Ilex paraguarensis)” and “Antioxidativity”


ID 2844: “Brassica oleracea var italica (broccoli)” and “Immune system”.


ID 2845: “Brassica olaracea var italica (broccoli)” and “Antioxidant properties and cell protection”


ID 2847: “Malva sylvestris L. (Common name: Mallow)” and “-Respiratory health”


ID 2848: “Melissa extract [Dry extract from leaves of Melissa officinalis L., drug/native extract ratio (4 - 6) : 1, solvent of extraction Methanol/Water , min 1.8% rosmarinic acid]” and “-For mental health”


ID 2849: “Natural Grape Extract From grape seed Solvent free” and “-- Rich in polyphenols- Act as antioxidants - Antioxidant is a compound able to scavenge free radicals in the body and stop the oxidative chain reaction”


ID 2850: “Ocimum sanctum LEAF” and “Antioxidant. Immunity”

1. Anandjiwala S, Kalola J, Rajani M, 2006. Quantification of eugenol, luteolin, ursolic acid, and oleanolic acid in black (Krishna Tulasi) and green (Sri Tulasi) varieties of Ocimum sanctum Linn. using high-performance thin-layer chromatography. J AOAC Int, 89, 1467-1474.


ID 2854: “Bilberry Vaccinium myrtillus” and “Function as antioxidant”


ID 2855: “Blackcurrant Ribes nigrum” and “Antioxidant properties”


**ID 2857: “Ecklonia cava Kjellman (brown seaweed) extract” and “Antioxidant effects”**


**ID 2858: “Emblica officinalis” and “Immunity/digestion”**


ID 2859: “Mangosteen (Garcinia mangostana L) fruits and extracts derived from the fruits” and “Immune support”


ID 2860: “Mangosteen (Garcinia mangostana L) fruits and extracts derived from the fruits” and “Antioxidant”


ID 2861: “Mangosteen (Garcinia mangostana L) fruits and extracts derived from the fruits” and “Control of blood lipids”


ID 2862: “Mangosteen (Garcinia mangostana L) fruits and extracts derived from the fruits” and “Regulation of inflammatory responses in the body”


ID 2865: “Polyphenols (from Olea europaea extract)” and “Antioxidant properties”

ID 2866: “Rosemary. Rosmarinus officinalis” and “Antioxidant properties”

ID 2867: “Zingiber officinale” and “Blood sugar metabolism”

ID 2870: “Standardisierter Kartoffelextrakt” and “Sättigung/ Gewichtsmanagement / Förderung der CCK-Ausschüttung”


ID 2872: “Combination of Vitamin C, Selenium and Vitamin E” and “Anti-oxidant properties”

ID 2873: “Vitamin E acetate (D,L-alpha tocopherol acetate)” and “Health of the scalp”


ID 2874: “Vitamines du groupe B : B-group vitamins (especially vitamin B5 and vitamin B8)” and “Hairs and nails care”


ID 2875: “Vitamine B3” and “Hairs and nails care”


ID 2876: “Vitamine B8 (biotin)” and “Hair loss and regrowth”


ID 2877: “Vitamine B8 : Vitamin B8 or vitamin H (biotin)” and “Resistance and strength of the nails”


ID 2878: “Vitamine B5 (Pantothenic acid)” and “Skin care”


ID 2879: “Menaquinone-7 (MK-7, a form of vitamin K2)” and “Bone health”


ID 2880: “Menaquinone-7 (MK-7, a form of vitamin K2)” and “Cardiovascular Health”

1 PDR for Nonprescription Drugs, Dietary Supplements and Herbs: The Definitive Guide to OTC Medications. 2007. Thomson, Montvale, NJ.


ID 2881: “Folate/ Folic acid (Vitamin B9)” and “Cell division/multiplication: Nucleic acids and amino acids synthesis (such as in the gastrointestinal tract) “


Liste der in der Schweiz zulässigen Anpreisungen für Vitamine und Mineralstoffe.

ANZFA (Food Standards Australia New Zealand), A Pilot For A Health Claims System-Using Folate/Neural Tube Defects Health Claims.


ID 2884: “Calcium” and “Gut flora / Natural defences”


ID 2885: “Natural mineral water: Sulphates as Mg-, Na- salts: MgSO4, Na2SO4” and “Digestion/Intestinal tract”


ID 2886: “Natural mineral water: Hydrogencarbonates as Na-, Mg-, Ca-, salts: NaHCO3, Mg(HCO3)2,Ca(HCO3)2” and “Stomach acid in digestion”


ID 2887: “Sodium phosphate” and “Supports an increase in VO2max”


ID 2888: “zeaxantin” and “helps to preserve elasticity and permeability of capilars of retina and supports good blood circulation in eyes”


ID 2889: “Fer” and “lutte contre l’anémie/la fatigue”


ID 2890: “Zinc” and “Le zinc est un élément ou cofacteur de différentes enzymes des métabolismes protéiques, glucidique et lipidiques ainsi que des acides nucléiques : alcool déshydrogénase, superoxyde dismutase, ADN polymérase, ARN polymérase, phosphatases alcalines, carboxy”

1 Liste der in der Schweiz zulässigen Anpreisungen für Vitamine und Mineralstoffe.

ID 2891: “Lactotripeptides” and “Blood pressure”


17 Masuda O, Nakamura Y, Takano T, 1996. Antihypertensive peptides are present in aorta after oral administration of sour milk containing these peptides to spontaneously hypertensive rats. J Nutr, 126, 3063-3068.


ID 2892: “Conjugated Linoleic acid (cis-9, trans-11 and trans-10, cis-12)” and “weight management, fat metabolism enhancement”


ID 2893: “Whey protein concentrate rich in alpha-lactalbumin” and “Cognition / memory”


ID 2894: “Potato protein isolate” and “satiety”


ID 2895: “Enova ™ Oil (diacylglycerol oil of plant origin –Min 80% diacylglycerols)” and “Weight maintenance”


ID 2896: “Enova™ Oil (diacylglycerol oil of plant origin – Min 80% diacylglycerols)” and “Postprandial serum triglyceride”


ID 2897: “Essential fatty acid Linoleic Acid (LA - omega 6)” and “Brain development and maturation of neurosensorial functions”


ID 2898: “Essential fatty acid Linoleic Acid (LA - omega 6)” and “Growth and development and maintenance of body functions”

ID 2899: “Essential fatty acid Linoleic Acid (LA - omega 6)” and “Artery/Heart health”


ID 2900: “Fats” and “Cell growth/cell functioning and structure”


ID 2901: “Fats (containing EFA)” and “Essential fatty acids (EFA) supply”


ID 2902: “Fats (fatty acids higher than c-10)” and “Absorption of fat soluble vitamins”


ID 2903: “Isomaltulose (or trademark Palatinose)” and “Reduced speed of digestion and absorption results in lower glycemic response”


5 German Federal Institute for Risk Assessment (BfR), 2004. Initial assessment report on the application made by Sudzucker AG to place on the market the novel food ingredient isomaltulose (Palatinose(TM)) in accordance with Article 6 of Regulation (EC) No 258/97.


ID 2905: “Long-chain omega-3 (n-3) polyunsaturated fatty acids (LC omega-3 PUFA, LC n-3 PUFA) or docosahexaenoic acid or eicosapentaenoic acid or omega-3 fish oils” and “Building block for lipids in the retina’s photoreceptors; Eye Health”


ID 2906: “Low or reduced saturated fat (hard fat) or replacement of saturated fat with MUFA PUFA (soft fat) low cholesterol” and “Maintains healthy LDL cholesterol levels Arterial/Heart Health”

ID 2907: “Polyols” and “Remineralisation of teeth”

ID 2908: “Polyols” and “Low glycemic properties”


ID 2909: “Sterols/ stanols and their esters” and “Heart health and artery health because of LDL cholesterol maintenance”


5 Flemish Dietetic Association, 2002. Intervention protocol for dyslipidemia published by the VVVD.


ID 2910: “Unsaturated fats/ fatty acids (poly and/or monounsaturates)” and “Blood cholesterol and artery/heart health”


ID 2911: “Unsaturated fats/fatty acids” and “Function of the cell membrane”


ID 2912: “Carbohydrates in dairy products” and “Foods with a low glycemic index (GI) give a low and slow blood glucose response”


ID 2913: “L-methionine” and “Improvement of protein quality. Modulation of lipids metabolism”


ID 2914: “Long chain Omega 3 fatty acids” and “Normal immune system function”


ID 2915: “Olibra™/Fabuless™ (Oil-in-water emulsion, containing 40% fractionated palm oil, 2,5% oats oil and water; no preservatives or stabilisers added.)” and “Fabuless™ prolongs the feeling of satiety.”

ID 2916: “Indole-3-carbinol” and “Cell metabolism - positively affects the fission of cells their immunity and regeneration”


ID 2917: “Indole-3-carbinol” and “Induction of apoptosis of transformed and damaged cells”


ID 2919: “Formulated emulsion of palm oil, oat oil and water (Patent: WO 99/02041 Satiety Product)” and “Prolongs the feeling of satiety and contributes to a reduced calorie intake at the next meal. Less sensation of hunger between the meals and less need for snacking”


ID 2920: “Isomalt” and “Low glycemic properties”


ID 2921: “Isomalt” and “Dental health - General”


5 Grenby TH and Mistry M, 1996. Laboratory studies of sweets re-formulated to improve their dental properties. Oral Dis, 2, 32-40.


9 SCMPMD (Scientific Committee on Medical Products and Medical Devices), 2002. Revision of the scientific opinion on the effects of xylitol and other polyols on caries development adopted by the Scientific Committee on Medicinal Products and Medical Devices on 2 June 1999.


ID 2922: “Inulin/oligofructose from chicory” and “Satiety”


ID 2923: “Galacto-oligosaccharides (GOS)” and “Calcium absorption”


ID 2925: “Alpha-cyclodextrin (a soluble dietary fiber)” and “Weight management”


ID 2926: “Alpha-cyclodextrin (a soluble dietary fiber)” and “Glucose homeostasis”


ID 2927: “Fibersol-2 (a resistant dextrin, i.e. a soluble dietary fiber)” and “Vascular/heart health;Blood lipids”


ID 2929: “Sunfiber (enzymatically partially depolymerised guar gum)” and “Intestinal health and regularity In healthy people”


ID 2930: “Sunfiber (enzymatically partially depolymerised guar gum)” and “Intestinal health and regularity In people with irritable bowel syndrom”


ID 2931: “Sunfiber (enzymatically partially depolymerised guar gum)” and “Intestinal health and regularity In people receiving total or supplemental enteral nutrition”


ID 2932: “SunfiberTM (syn.: BenefiberTM) (enzymatically partially depolymerised guar gum)” and “Postprandial blood glucose”


ID 2933: “Hydroxypropyl methylcellulose (HPMC) Voedingsvezel” and “Verzadiging”


ID 2934: “CalorieControl Trim® Oat Bran 20%” and “Contribution to the maintenance of healthy blood cholesterol levels”


ID 2935: “CalorieControl Trim® Oat Bran” and “insulin_glucose response”


ID 2936: “Bifidobacterium breve BR 03 (DSM 16604)” and “Microflora / intestinal transit”


ID 2937: “Bifidobacterium breve BL 03 (DSM 16603)” and “Microflora / intestinal transit”


ID 2938: “Bifidobacterium breve BR 03 (DSM 16604) +Lactobacillus plantarum LP 01 (LMG P-21021)” and “Microflora / intestinal transit”


ID 2939: “Bifidobacterium infantis Bi1 (LMG P-17502), Bifidobacterium breve Bbr8 (LMG P-17501) and Bifidobacterium longum BI10 (LMG P-17500)" and “he bacteria take part in the commensal gastrointestina flora. They survive in the gastrointestinal tract and counteract unwanted bacteria, promoting the intestinal health”


Campieri M, 1999. Studio clinico per la valutazione comparativa in termini di efficacia e tollerabilità di VSL/3 forte in confronto a placebo in soggetti affetti da sindromi diarreiche di varia origine.


**ID 2940:** “Bifidobacterium lactis BS 01 (LMG P-21384)” and “Intestinal transit”


**ID 2941:** “Bifidobacterium lactis BS 01 (LMG P-21384)+Lactobacillus rhamnosus LR 04 (DSM 16605)+Lactobacillus plantarum LP 02(LMG P-21020)” and “Natural defences / immune system / intestinal discomfort”

Pregliasco F, et al., (Unpublished). Clinical efficacy of administration of new synbiotics formulation (Lactobacillus plantarum, Lactobacillus casei subsp. rhamnosus, Bifidobacterium lactis and FOS-s.c.) in the prevention of respiratory tract infection and in the improvement of the intestinal function.

**ID 2942:** “Lactobacillus acidophilus bar 13 (CNCM-I-3857) and Bifidobacterium longum bar 33 (CNCM-I-3858)- mix 1:1” and “immune modulation”


Certificate from Lallemand regarding the denomination of the strains (CONFIDENTIAL). 2008.


ID 2943: “Lactobacillus acidophilus K8 (LMG P-17503)” and “The strain takes part in the normal vaginal flora. It colonize the vagina. It counteract unwanted bacteria and yeasts, promoting the vaginal health”


ID 2944: “Lactobacillus acidophilus LA 02 (LMG P-21381)+Lactobacillus plantarum LP 01 (LMG P-21021)” and “Microflora / intestinal transit”


ID 2945: “Lactobacillus acidophilus LA1 (LMG P-21904)” and “Intestinal flora / gut health”


ID 2946: “Lactobacillus acidophilus P 18806” and “Benessere generale del tratto gastro-intestinale”

ID 2947: “Lactobacillus acidophilus P 18806” and “Rinforzo delle difese naturali”


ID 2948: “Lactobacillus acidophilus, Bifidobacterium (BB46); Bifidobacterium (BB02), Bifidobacterium Breve(Bbr8 LMG P-17501)CSL, Lactobacillus Rhamnosus ATC C53103 (LGG), Lactobacillus casei 101/37(Img P-17504), Lactobacillus delbrueckii spp bulgaricus AY/CSL (LMG P1” and “Intestinal microflora - Natural defences - immune response”

No references provided

ID 2949: “Lactobacillus casei CNCM I-1572 DG” and “Intestinal flora”


ID 2950: “Lactobacillus crispatus P 17631” and “Benessere della microflora vaginale”

1 Lattobacilli ad uso ….etc. Università degli Studi del Piemonte Orientale.

ID 2951: “Lactobacillus delbrueckii P18805” and “Benessere generale del tratto gastro-intestinale”


ID 2953: “

Lactobacillus delbrueckii subsp. bulgaricus AY/CSL (LMG-P 17224) and Streptococcus thermophilus 9Y/CSL (LMG-P 17225)” and “Intestinal microflora”


ID 2954: “Lactobacillus delbrueckii subsp. bulgaricus AY/CSL (LMG-P 17224) and Streptococcus thermophilus 9Y/CSL (LMG-P 17225)” and “Natural defence - immune response (Svolgono un'attività immunostimulante e immunomodulante verificato in individui adulti e bambini)”


ID 2955: “Lactobacillus delbrueckii subsp. bulgaricus AY/CSL (LMG-P 17224) and Streptococcus thermophilus 9Y/CSL (LMG-P 17225)” and “Lactose digestion”


**ID 2956:** “Lactobacillus gasseri P 17632” and “Benessere generale del tratto gastro-intestinale”

6. Lattobacilli ad uso ….etc. Università degli Studi del Piemonte Orientale.

**ID 2957:** “Lactobacillus gasseri P 18137” and “Benessere della microflora vaginale”

1. Lattobacilli ad uso ….etc. Università degli Studi del Piemonte Orientale.

**ID 2958:** “Lactobacillus gasseri P 18137” and “Benessere generale del tratto gastro-intestinale”

1. Lattobacilli ad uso ….etc. Università degli Studi del Piemonte Orientale.


ID 2959: “Lactobacillus paracasei B21060” and “Funzione intestinale”


ID 2960: “Lactobacillus paracasei CNCM I 1687” and “Supports your natural (immune) defence system by increasing the IL-10 production and enhancing NK cell activity in peripheral blood mononuclear cells (PBMC). Necessary to maintain the natural defences/helps to maintain a balanced immune system (increasing the IL-10 production and enhancing NK cell activity)”


ID 2961: “Lactobacillus paracasei CNCM I 1687” and “Is a probiotic; contributes to a healthy digestive system by supporting the gut flora through an increased number of positive lactobacillus in the intestine; useful to maintain an healthy intestinal flora adhering to the mucosa; improves intestinal barrier function by competion (steric encumbrance) against pathogens; reduces gastro-intestinal discomfort; necessary to maintain a healthy digestive system by production of specific enzymes (e.g. beta-galactosidase)”


**ID 2962: “Lactobacillus paracasei I1688” and “Rinforzo delle difese naturali”**


**ID 2963: “Lactobacillus paracasei I1688” and “Benessere generale del tratto gastro-intestinale”**


**ID 2964: “Lactobacillus paracasei LMG P-22043” and “Intestinal flora”**


**ID 2965: “Lactobacillus plantarum LP 01 (LMG P-21021)” and “Microflora / intestinal transit”**

**ID 2966:** “Lactobacillus plantarum P 17630” and “Benessere del tratto intestinale”


**ID 2967:** “Lactobacillus plantarum P 17630” and “Benessere della microflora vaginale”


**ID 2968:** “Lactobacillus rhamnosus” and “Promotes the well being of the intestin improving skin, scalp and hair health.”

No references provided.

**ID 2969:** “Lactobacillus rhamnosus LR 04 (DSM 16605)” and “Microflora / intestinal transit”

ID 2970: “Lactobacillus salivarius I1794” and “Benessere generale del tratto gastro-intestinale”


ID 2971: “Lactobacillus salivarius I1794” and “Rinforzo delle difese naturali”


ID 2972: “PSMIX®, miscela di Lactobacillus paracasei I1688 e Lactobacillus salivarius I1794” and “Benessere generale del tratto gastro-intestinale”

ID 2973: “PSMIX®, miscela di Lactobacillus paracasei I1688 e Lactobacillus salivarius I1794” and “Rinforzo delle difese naturali”


ID 2974: “Streptococcus thermophilus LMG P 18807” and “Is a probiotic contributes to a healthy digestive system by supporting the gut flora through an increased number of positive lactobacillus in the intestine; useful to maintain an healthy intestinal flora adhering to the mucosa; improves intestinal barrier function by competition (steric encumbrance) against pathogens; reduces gastro-intestinal discomfort; necessary to maintain a healthy digestive system by production of specific enzymes (e.g. beta-galactosidase)”


ID 2975: “Streptococcus thermophilus LMG P 18807” and “Increases the immune defences/response by reducing the CD34+ cells. As recommended by PASSCLAIM, the functional capacity of the immune system has been assessed by: - measuring specific cell function in vivo e.g. production of cytokines or response to antigens - determining the incidence and severity of infection. Necessary to maintain the natural defences/helps to maintain a balanced immune system (reducing the CD34+ cells)”


ID 2976: “Yoghurt cultures (live)” and “Lactose digestion”


DGCCRF (Direction Générale de la Concurrence de la Consommation et de la Répression des Fraudes), 2005. Allegations "ferments lactiques vivants du yaourt / digestion du lactose" (Claims "live ferments of yoghurt / lactose digestion").


Commentaries in the same issue: Yoghurt – Dead or alive?). Microbial Ecology in Health and Disease, 15, 79-87.


ID 2977: “Probiotic strain: Lactobacillus salivarius W24” and “Intestinal microbiota”


ID 2978: “Probiotic strain: Lactobacillus salivarius W24” and “Beneficially affects the oral ecology measured by increased numbers of positive lactobacilli in the oral microbiota”


5 Zaura E, Buijs MJ, Kuipers MI, Crielaard W, ten Cate JM, Effects of probiotics on dental plaque ecology. (CONFIDENTIAL).

ID 2979: “Probiotic strain: Lactobacillus salivarius W24” and “Gut barrier function”


ID 2980: “Probiotic strain: Lactobacillus salivarius W24” and “Balances/supports the immune system measured by increased levels of regulatory cytokines and sIgA”


ID 2981: “Probiotic strain: Lactobacillus casei W56” and “Intestinal microbiota”


ID 2982: “Probiotic strain: Lactobacillus casei W58” and “Gut barrier function”


ID 2983: “Probiotic strain: Lactobacillus casei W61” and “Balances/supports the immune system measured by increased levels of regulatory cytokines and sIgA”


ID 2984: “Probiotic strain: Lactococcus lactis W58” and “Intestinal microbiota”


ID 2985: “Probiotic strain: Lactococcus lactis W61” and “Gut barrier function”


**ID 2986:** “Probiotic strain: Lactococcus lactis W64” and “Balances/supports the immune system measured by increased levels of regulatory cytokines and sIgA”


**ID 2987:** “Probiotic strain: Bifidobacterium lactis W52 (Formerly known as Bifidobacterium infantis W52)” and “Intestinal microbiota”


multispecies probiotics reduces bacterial translocation and improves clinical course in a rat model of acute pancreatitis. Surgery, 141, 470-480.

ID 2988: “Probiotic strain: Bifidobacterium lactis W52 (Formerly known as Bifidobacterium infantis W52)” and “Gut barrier function”


ID 2989: “Probiotic strain: Bifidobacterium lactis W52 (Formerly known as Bifidobacterium infantis W52)” and “Balances/supports the immune system measured by increased levels of regulatory cytokines”


ID 2990: “Probiotic strain: Bifidobacterium lactis W52 (Formerly known as Bifidobacterium infantis W52)” and “Supports/maintains abdominal well-being and gastro-intestinal comfort measured by an improved intestinal passage”


ID 2991: “Probiotic strain: Lactobacillus salivarius LS-33” and “Intestinal microbiota”


ID 2992: Probiotic strain: “Bifidobacterium lactis BI-07 (Formerly known as Bifidobacterium infantis BI-07)” and “Promotes the restoration of the intestinal microbiota during and after antibiotic use measured by increased levels of bifidobacteria and reduced levels of non-beneficial bacteria in the intestine thereby improving a normal intestinal passage”


ID 2993: “Positively affects the immune response” and “Probiotic strain: Bifidobacterium lactis BI-07 (Formerly known as Bifidobacterium infantis BI-07)”

ID 2994: “Probiotic strain: Bifidobacterium lactis BI-04 (Formerly known as Bifidobacterium lactis BL-01 and Bifidobacterium longum BI-04)” and “Promotes the restoration of the intestinal microbiota during and after antibiotic use measured by enhanced levels of bifidobacteria in the intestine”


ID 2995: “Probiotic strain: Bifidobacterium lactis BI-04 (Formerly known as Bifidobacterium lactis BL-01 and Bifidobacterium longum BI-04)” and “Positively affects the immune response”


ID 2996: “Probiotic supplement: Winclavo 500” and “Intestinal microbiota”


ID 2997: “Probiotic supplement: Lactobact omni FOS” and “Intestinal microbiota”


3 Müller M, Rathmann S, Grathwohl D, König D, Staats R, Moch K, Berg A, Intake of a probiotic food supplement changes fecal microflora and exercise-induced NK-cell decrease in endurance athletes. Freiburg University, Center for Internal Medicine, Dept. of Prevention, Rehabilitation and Sports Medicine, Gießen University, Institut für Ernährungswissenschaften, Germany.

ID 2998: “Probiotic supplement: Lactobact omni FOS” and “Reduces stress-induced immune responses measured by the suppression of Th2 cytokines and increased levels of sIgA, thereby promoting resistance to viral infections”

1 Müller M, Rathmann S, Grathwohl D, König D, Staats R, Moch K, Berg A, Intake of a probiotic food supplement changes fecal microflora and exercise-induced NK-cell decrease in endurance athletes. Freiburg University, Center for Internal Medicine, Dept. of Prevention, Rehabilitation and Sports Medicine, Gießen University, Institut für Ernährungswissenschaften, Germany.


**ID 2999: “Probiotic strain: Lactobacillus acidophilus LA-5” and “Lactose intolerance”**


**ID 3000: “Probiotic strain: Lactobacillus acidophilus LA-5” and “Contributes to gastro-intestinal well-being measured by the improvement of natural bowel movements and a normal intestinal passage”**
